



IWA
Chennai

Newsletter

JUNE 2005

Month at a Glance		JUNE 2005					Vol. XX No.1 CHENNAI	
SUN	MON	TUE	WED	THU	FRI	SAT		
			1	2	3	4		
5	9.45 a.m. Mang. Comm. 10.30 a.m. Exec. Comm. Mtgs.	7	8	9	10	11		
12	13	14	15	16	17	18		
19	20	21	22	23	24	25		
26	27	28	29	30				

IWA NEWSLETTER

Volume XX No. 1

Rathi

Chennai

JUNE 2005

Month At A Glance

- Monday 6th June Managing Committee Mtg. 9.45 a.m.
Executive Committee Mtg. 10.30 a.m.
- Thursday 16th June Fellowship Morning 10.15 a.m.
- Tuesday 21st June Cooking Swapshop 10.15 a.m.
Go Oriental the Taj way
- Thursday 23rd June *P.N. B days* Current Events 10.15 a.m.
When the going gets tough....
- Wednesday 29th June June Book Discussion 10:15 a.m.
Chennai Latte : The Madras Brew"

FROM THE PRESIDENTS

Dear Friends,

Isn't it great to be back after the summer vacation fully refreshed and rejuvenated? A very special welcome to our new members too.

Here we are, your new committee, the 24 Carat Gold Team, all geared up and ready to take off - planning, organizing and putting together a string of activities - exciting programs, that you can look forward to and enjoy.

A year of creative excellence awaits you. The theme colors Gold and Silver, signify Joy and Festivity.

The Gold and Silver on the leaf structure conveys our faith in growth and coincides with our year's theme 'REACH OUT' !

Eagerly waiting to meet you all on the 16th June - Fellowship Morning, dressed in the colors Mustard and White, laced with Gold and Silver.

Looking forward to yet another fabulous year in IWA!

PRINCESS NAIK

RATHI NILAKANTAN

MANAGING COMMITTEE

EXECUTIVE COMMITTEE

Monday, 6th June, 9.45 a.m. Monday, 6th June, 10.30 a.m.

Both Meetings at:

Rekha Rangarajan's

'Sai Griha' 38, Poes Garden, Cathedral Road,
Chennai 600 086.

FROM THE VICE PRESIDENTS

Dear Members,

Welcome to another sparkling IWA year. We hope you enjoy our first issue and we assure you that the newsletter will reach you on time every month.

If you have any announcement regarding change of address / telephone number, congratulatory / condolence message, please make sure it reaches us before 10th of the month, in writing.

Ladies - this is your newsletter. If you have any thought-provoking quotes, poems and sayings which you would like to share with your IWA friends, please do pass them on to us, again before 10th of the month.

Together lets REACH OUT and make this another wonderful IWA year.

SEEMA BHARGAVA

AMULYA MANDAVA RAO

FROM THE SECRETARIES

Our IWA theme for the year is "Reaching Out to Every IWA Member" and we look forward to an exciting, friendship - filled year. We would really appreciate it if you could :

- ◆ Express any thoughts and ideas you may have for meetings and put us in touch with interesting speakers.
- ◆ Remember to turn off your cell phones before our meetings commence.
- ◆ Remain seated until the speaker completes his/her presentation.
- ◆ Inform us if you haven't received your newsletter.
- ◆ Volunteer to host a meeting in your home or elsewhere.
- ◆ Feel free to "REACH OUT" to us!

REKHA R RANGARAJ

NALINI PANDAY

FROM THE TREASURERS

Welcome back to a new IWA year. For a fulfilled and successful year we need your cooperation for the following :

1. Renewal forms and participation forms should be submitted on / before 30th June 2005.
2. Cheques for Rs.1100/- (membership subscription) to be made in the name of IWA Chennai.
3. No cheques will be accepted without forms and vice versa.
4. Those who do not wish to renew membership or wish to change it to outstation / senior should inform membership treasurer in writing at the earliest.
5. If you have not submitted your passport size photograph / participation form, please do so at the earliest.

Look forward to seeing you all !

NINA KOTHARI

UMA GANESAN

CONGRATULATIONS TO

- Pushpa Lakshman on the birth of her grandson. ✓
- Sangeet Chopra on the birth of her grandson. ✓
- Lily Madhok on the marriage of her son Mohit to Nikita.
- Dr Mano Bakthavatsalam for receiving the Scroll of Honour from Altrusa International, Madras Chapter and Lifetime Achievement Award from the Inner Wheel Club of Madras.

FROM THE MEMBERSHIP TREASURER

As we start the new IWA year, as in the past, I look forward to many entertaining and enriching events. In my new role as Membership Treasurer, I hope to help the organization operate as smoothly as possible to the benefit of all the members. Here is a set of guidelines that I hope will enhance your IWA experience and save you phone calls to the Membership Treasurer!

Guidelines to Follow :

1. Our attendance year runs from April to March. This year, it will end on March 31st, 2006.
2. Please PRINT your name and code number clearly on the attendance sheet. If they are not legible, attendance cannot be recorded. Your number will appear in BOLD each month on the address label of your newsletter.
3. At every meeting, at 10.45 a.m. a line will be drawn across the attendance register, denoting the start of the meeting.
4. I would like to give you the opportunity to track your own attendance. At every meeting in the months of September, November and February, an attendance chart, listed ONLY by code number will be available for this purpose.
5. The IWA attendance requirement is 10 meetings. Seven meetings should be completed by December 31st.
6. Our Latest Attraction:
Members who bring guests for IWA meetings will now have the pleasure of signing them in on a separate register. As a reminder, each guest can attend a maximum of only 4 meetings per year.

Guest Member Charges :

- a. Home Meeting - Rs. 50/guest
- b. Club Meeting - Rs.100/guest
- c. Hotel Meeting - minimum Rs.150 (varies as per venue)

For any particular information please call my mobile - 98410 34449. Between May 25th and July 3rd, I am on holiday mode. Our previous membership treasurer, **Cherry Venkatesan**, has most graciously accepted to handle membership details during my absence.

UMA GANESAN

GENERAL GUIDELINES FOR MEMBERS

If you...

...do not receive your newsletter until the 5th of a month

change your telephone number or address

wish to announce a happening in the newsletter

are unable to attend meetings for some length of time

would like information about a particular meeting

have ideas for a meeting

have suggestions for the functioning of the association

would like to sponsor or host a meeting

need badges

Write to / Call

Rekha Rangaraj
Nalini Panday

Rekha Rangaraj /
Nalini Panday
Uma Ganesan

Seema Bhargava /
Amulya M Rao

Uma Ganesan

Concerned Chairperson

Princess Naik /
Rathi Nilakantan
Any Chairperson

Princess Naik /
Rathi Nilakantan

Amulya M Rao

Uma Ganesan

Reaching Out...

PRESIDENTS



Princess Naik



Rathi Nilakantan

VICE-PRESIDENTS



Seema Bhargava



Amulya Mandava Rao

SECRETARIES



Rekha R Rangaraj



Nalini Panday

TREASURERS



Nina Kothari



Uma Ganesan

...The 24 Carat Gold Team

ARTS & HANDICRAFTS



Urmilla Agarwal

BOOK DISCUSSION



Shikhi Biswasjit



Radha Gopalakrishnan

COOKING SWAPSHOP



Anita Koshy



Manisha Singhee

CURRENT EVENTS



Rani Des Gupta



Isobel Flint

HEALTH & ECOLOGY



Mridula Srinivasan



Jyothi Somani

HISTORY CULTURE & TOURS



Thayabae Kakar



Bonnie King

MUSIC & PERFORMING ARTS



Geetha Vasudevan



Sandra Le Coz

PHILOSOPHY & RELIGION



Rani Ananth



Bernadette McEwen

FELLOWSHIP MORNING...

Thursday, 16th June, at 10.15 a.m.

At : The Madras Club,
Adyar Club Gate Road,
Chennai 600 028.

The word 'Fellowship' speaks of friendship and we look forward to a time of togetherness that is so special and unique to IWA.

This is going to be a fun-filled morning, laughter and frolic being the promise for the day!

We take time to greet old friends, make new ones and usher in the warmth of the new year. This is also our theme for the year, 'REACH OUT.....' represented visually by the Gold and Silver Leaf.

Don't forget to wear your badges. We would love to see you all dressed in colors Mustard and White to coincide with our theme colors, Gold and Silver!

PRINCESS NAIK

RATHI NILAKANTAN

THE MANAGING COMMITTEE

THE EXECUTIVE COMMITTEE

Cooking Swapshop

Tuesday, 21st June, at 10.15 a.m.
At : Golden Dragon
Taj Coromandel Hotel
37, Nungambakkam High Road
Chennai 600 034.



GO ORIENTAL - THE TAJ WAY....

Chef Jerry Abraham has over 10 years of experience in the culinary field. He and his team will be demonstrating a few delectable Chinese dishes:

Vegetable Coriander Soup,
Shrimp Dimsum,
Chicken Kung Pao.

The icing on the cake will be an exclusive tour of the Taj kitchens by the General Manager of Taj Coromandel Hotel, Prabhat Verma.

NO GUESTS PLEASE

ANITA KOSHY

MANISHA SINGHEE

CHANGE OF PHONE NUMBER

Rani Chandani	5204 5887	✓
Rani Das Gupta	94440 71084	

Current Events

Thursday, 23rd June, at 10.15 a.m.
At : The Park
601, Anna Salai
Chennai 600 006.



'WHEN THE GOING GETS TOUGH, THE TOUGH GET GOING...'

Whether this is a true statement or not is going to be corroborated by none other than the super-cop of today, K. Vijaykumar of the Veerappan Episode.

The secrets of the jungle, the merciless techniques of the crooks and also the intelligence and innovativeness of the men in uniform, are to be elaborated by him.

He will also give a slide presentation of the Special Security Force training schedule, so that we can get a glimpse of their 'life and death' situations that are an every day part of their duty!

We thank Rashmi Mohindra for hosting this meeting

RANI DAS GUPTA

ISOBEL FLINT

CHANGE OF ADDRESS

Geeta Rajagopal	2498 4168 / 2498 7138
2A, South Gate	
17/35, Kasturi Ranga Road	
Chennai - 600 018.	

Book Discussion

Wednesday, 29th June, at 10.15 a.m.

At : Shanti Karunakaran

102 (Old 108), Sterling Road

(Follow the straight Road going past Loyola College gate, take the "U" turn and the last house before underbridge) Nungambakkam, Chennai 600 034.



THE BOOK : "CHENNAI LATTE : THE MADRAS BREW" BY RANJITHA ASHOK AND BISWAJIT BALASUBRAMANIAN

Chennai Latte : The Madras Brew" captures the pulse of the city in a humorous way.

Globalized Chennai is no longer the hamlet-tish Madras of slow days and early nights, quiet avenues and conservative lifestyles. And yet, beneath the gloss lies the old sheen of *Kapi-tipan* and *Carnatic music*, as we find out when we read Ranjitha Ashok's writing and Biswajit Balasubramanian's cartoons in "Chennai Latte: A Madras Brew", a collection of their "A - Musings" partnership in The Madras Musings since 2002.

Happily, the book is no nostalgic dirge. It chortles over *paati* with beauty parlour dates, and noodles slithering into *puliyodarai* on the *banana leaf wedding feast*.

The aroma gets stronger as scenes shift from home to street, office, classroom, consulate, park, restaurant, camp, clinic ... Nothing escapes the laughing pen and chuckling brush. The humour is gentle, with local flavours to guarantee general appeal.

Sriram, noted columnist will review the book and the authors will be present to answer questions.

Our sincere thanks to Shanti Karunakaran for hosting this meeting.

SHALINI BISWAJIT

RADHA GOPALAKRISHNAN

History Culture & Tours



IWA is on a trip.

A trip to one of the worlds earliest civilizations that has a recorded history dating back to 3,500 years. The land of Zhonghua (pronounced Chung-hua) now called China.

The trip will happen in the latter half of September 2005. The details are on the drawing board now and will reach you in your July newsletter. The bookings will be from 1st July 2005 to 15th July 2005. The early update is to enable you to plan your trip.

Please feel free to call Thayabae Kakar at 98407 66135 or 28268018 for any clarification.

THAYABAE KAKAR

BONNIE KING

HEARTFELT CONDOLENCES TO

- Jatinder Bahl on the loss of her husband. ✓
- Stina Vasu on the passing away of her husband. ⇒ To call ✓
- Hemalatha Santhavadanam on her mother's demise.
- Sushī Natraj on the passing away of her mother-in-law.
- Vijayabharathi Rangarajan on the loss of her father-in-law.
- Shobha Mahtani on her mother-in-law's demise. ✓

A VERY WARM WELCOME TO OUR NEW MEMBERS

- L. AASHA REDDY (R) 2447 0751
No.9, 2nd Main Road
Kottur Gardens, Kotturpuram
Chennai 600 085.
- USHA UMAPATHI (O) 2499 0649 / 2498 4303
1, Central Avenue, K.P. Puram
Chennai 600 028.
- RASHMI MOHINDRA (R) 2499 1386 / (O) 2836 3455
3E, Binny Road, Poes Garden
Chennai 600 086.
- TINA MALHOTRA (R) 2434 4670 / (O) 2833 3627
13, Cenotaph Road, 2nd Lane
Chennai 600 018.
- SUMA EAPEN (R) 2835 1981 / (O) 2827 8641
No.10, Gee Gee Castle
186, Lloyds Road
Chennai 600 086.
- ASHA RAM MOHAN (R) 2833 2006 / 2833 0858
27, Rutland Gate, 4th Street,
Chennai 600 006.
- SONIA CHADDA (R) 2434 0321 / 98410 05847
26, Cenotaph Road, 2nd Lane
Chennai 600 018.
- VANDANA J. GHADIALI (R) 2432 0156
3-E, Powhattan
11, Boat Club Road
Chennai 600 028.

F.L.O. (CHENNAI) WORKSHOP

Wednesday, 15th June 2005, at 10.00 a.m.
at The Park, 601, Anna Salai, Chennai 600 006.

SPECIAL INVITATION FOR IWA MEMBERS

MANAGING INNER RESOURCES IN SEVEN STEPS BY SUREKHA KOTHARI

Life can be simple and beautiful if we can only learn how to co-ordinate our inner and outer selves. We have all the resources within us but often, fail to recognize them due to the clouds of negativities and pollution that surround our mind and intellect.

This workshop will attempt to unravel some causes for discomfort in our lives and enable us to bring about changes within us which, in turn, will definitely have a salutary effect on our day to day existence, even transform our lives.

PROGRAMME :

- 10.00 a.m. : REGISTRATION*
- 10.30 a.m. TO 12.15 p.m. : SESSION 1
- 12.15 p.m. TO 12.45 p.m. : LUNCH
- 12.45 p.m. TO 2.30 p.m. : SESSION 2

IMPORTANT : Please bring a hassle free and open mind to the meeting. The rest will be provided at the venue of the workshop.

*(Delegate Charges inclusive of Lunch Rs.200/-)

R.S.V.P. LEELA - 2536 1634

EXECUTIVE COMMITTEE 2005 - 2006

MANAGING COMMITTEE

PRESIDENTS

Princess Naik	2441 8448 / (O)5205 4989 98406 77703
Rathi Nilakantan	(R) 2822 9932 / 2826 5250 (O) 2811 3691 / 98410 73060

VICE PRESIDENTS

Seema Bhargava	2434 7062 / 2435 6707
Amulya Mandava Rao	2499 5434 / 98410 25434

SECRETARIES

Rekha Rangaraj	2499 4756 / 5211 0761
Nalini Panday	2461 0944 / 98410 48629

TREASURERS

Nina Kothari	2827 5859 / 2827 8888
Uma Ganesan	2491 9276

ACTIVITY CHAIRPERSONS

ARTS & HANDICRAFTS

Urmilla Agarwal	2820 5327
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BOOK DISCUSSION

Shalini Biswajit	2433 8216 / 2434 0315
Radha Gopalakrishnan	2491 8186

COOKING SWAPSHOP

Anita Koshy	2656 2152
Manisha Singhee	2499 1482 / 2499 1483

CURRENT EVENTS

Rani Das Gupta	2499 1084 / 94440 71084
Isobel Flint	2449 3448

HEALTH & ECOLOGY

Mridula Srinivasan	2432 1028
Jyoti Somani	2432 0797

HISTORY, CULTURE & TOURS

Thayabae Kakar	2826 8018 / 2823 4880
Bonnie King	2461 7482

MUSIC & PERFORMING ARTS

Rani Ananth	2449 0854
Bernadette Mcewen	5549 7307

PHILOSOPHY & RELIGION

Geeta Vasudevan	2491 5913
Sandra Le Coz	5210 2017