



IWA
Chennai

Newsletter
August 2004

AUGUST 2004							Vol. XIX No.3	CHENNAI
Month at a Glance								
SUN	MON	TUE	WED	THU	FRI	SAT		
1	2 9.45 a.m Mng. Comt. Mtg. 10.30 a.m Executive Comt. Meeting	3	4 10.15 a.m Cooking Swapshop	5 10.15 a.m Cooking Swapshop	6	7		
8	9 3.15 p.m History. Culture & Tours	10 10.15 a.m Arts and Handicrafts	11	12 Music & Performing Arts	13	14		
15	16	17	18	19 10.15 a.m Current Events	20	21		
22	23 10.15 a.m Health and Ecology	24	25	26 10.15 a.m Book Discussion	27	28		
29	30	31						

IWA NEWSLETTER

Volume XIX No.3

Chennai

AUGUST 2004 MONTH AT A GLANCE

- Monday 2nd Aug Managing Comm. Meeting 09.45a.m.
Executive Comm. Meeting 10.30a.m.
- Thursday 5th Aug Cooking Swapshop 10.15a.m.
Vietnamese Cooking
- Monday 9th Aug History, Culture & Tours 3.15p.m.
Korean Film
- Tuesday 10th Aug Arts and Handicrafts 10.15a.m.
Project Kottan
- Thursday 12th Aug Music and Performing Arts 10.15a.m.
Navagraha - The Nine Planets
- Friday 20th Aug Current Events 10.15a.m.
Art meets Technology
- Tuesday 24th Aug Health & Ecology 10.15a.m.
Environment-for all of us
- Thursday 26th Aug Book Discussion 10.15a.m.
"Lucky Girls"

From the Presidents

Friends,

Our IWA year is moving along. Founders' Day was a wonderful opportunity to honour those ladies to whom IWA owes its existence. A very big thank you to all those who made it happen and to all of you who took the time to be with us that day.

August has some great meetings and kudos to our chairpersons for working hard to give us these.

We would like to take this opportunity to ask all of you members to keep wearing your name badges and also make time at meetings to reach out to our new members, who are beginning to settle into our IWA family.

If you have any suggestions / interesting speakers / venues / ideas to enhance our meetings, you are very welcome.

See you at our next meeting and the next...

Vidya Singh

Padma Ashok

MANAGING COMMITTEE MEETING

Monday, 2nd Aug, 9.45 a.m.

EXECUTIVE COMMITTEE MEETING

Monday, 2nd Aug, 10.30 a.m.

Both Meetings at:

Rekha Rangaraj's
38, Poes Garden
Cathedral Road
Chennai 600 086.

INCOME AND EXPENDITURE STATEMENT FOR 1st April 2004 to 30th June 2004

INCOME	Rs.
Membership Subscription	314610.00
New Membership	4250.00
Members Contribution	14700.00
Telephone Book	10750.00
Guest Contribution	1350.00
Hostess	14500.00
Bank Charges	30.00
Total Income	360190.00
EXPENDITURE	
AGM Expenses 2003-2004	18368.00
Meetings	16113.00
Gifts	7785.00
Postage & Courier Charges	6616.00
Printing & Stationery	17265.00
Cheques Return	2200.00
Conveyance	280.00
Bank Charges	30.00
Total Expenditure	68657.00
Excess of Income over Expenditure	291533.00
Funds Position as on June 2004	
Opening Balance - 1st April 2004	40212.69
Add: Excess of Income Over Expenditure	291533.00
Less: Advance paid to Chairpersons	21000.00
Closing Balance	
Bank 300138.70	
Cash 10606.99	
Fixed Deposits	310745.69
Special Fixed Deposit KD/01/4776	100000.00
Corpus Fund KD/01/008064	303977.00
Entrance Fee KD/01/008068	79692.00
Entrance Fee KD/01/008355	2534.00
Entrance Fee KD/01/009312	2399.00
Total Fixed Deposits	488602.00



Cooking Swapshop

at 10.15 a.m.
on Thursday, 5th August,
at Madras Boat Club,
Boat Club Road, Chennai 600 028

Vietnamese Cuisine

The Orient has a rich diversity of cultures, customs and culinary styles. Over the centuries there has been a steady migration of people from one Oriental country to another. Consequently, there has been an inevitable degree of mixing of culinary styles and a tendency to evolve, adapt and merge. Despite such intermingling, distinctive national characteristics have remained discernible, contributing to gastronomic variety. One such being, the Vietnamese Cuisine, where culinary art is a part of living.

Mumtaz Alam of Ho Chi Minh City will introduce us to Vietnam's distinctive flavours through her demonstration of *Dimsums, Crispy Noodles and Tofu in Rice paper.*

Thanks to Sulochana Alexander, Kanta Gupta, Sundari Mani and Beena Mathew for hosting this meeting.

Sharmila Ramji *Teresa Parry*

From the Secretaries

- If you don't receive your Newsletter by the 30th of the month. Please contact Amulya Rao 98410-25434.



History Culture & Tours

at 3.15 p.m.
on Monday, 9th August,
at The Madras Film Chambers Auditorium
Anna Salai, Chennai 600 002.

From CANNES 2004; An Award-Winning Korean Film "CHI HWA SUN"

This is a 2-hour film with English sub-titles. The screening will start at 4:00 p.m. and end at 6:00 p.m.

A poignant film which records the life of an uneducated, untrained artist, set in the 19th century it is a veritable record of the socio - political life of the average Korean citizen.

The title is an interesting one when one considers the different meanings involved: CHI in Korean can mean different things in different contexts, here it can mean 'drunk', 'drunker', or 'unsteady.' HWA means 'painting' and SUN stands for 'light' or 'line.' Which loosely translates as 'the crazy painted line' or 'the unsteady line painter.'

This film has won more than one prize at the recently held film festival, at Cannes!

GUESTS ARE WELCOME!

Kausalya A. Jaganmohan *Sandra Le Coz*

Heartfelt Condolences to :

- Meena Naru on the passing away of her father-in-law.



Itinerary for IWA

Delhi - Varanasi - Allahabad - Lucknow Tour.

September 19th - 27th

19 Sep - Depart Chennai for Delhi by Air. On arrival check into Hotel Metropolitan Nikko and thereafter sight seeing of Delhi. Overnight at Delhi.

20 Sep - a.m. free. Connect flight to Varanasi at 1310 hrs arriving Varanasi at 1410 hrs. On arrival check into Hotel Raddisson. Evening boat ride on the Ganga followed by witnessing the *aarti* on the banks of the Ganga. Overnight at Varanasi.

21 Sep - Early morning boat ride on the Ganga. After breakfast proceed for visit to Sarnath and on the way back visit the Benares saree weaving centres. Evening free. Overnight in Varanasi.

22 Sep - Visit the temples in Varanasi and shopping. Overnight in Varanasi.

23 Sep - a.m. Depart for Allahabad a drive of about 3 hrs. On arrival check into Hotel Kanha Shyam. Afternoon boat ride to the *Sangam*-the confluence of Ganga, Yamuna and Saraswati. Overnight in Allahabad.

24 Sep - a.m. Visit Anand Bhavan - The ancestral home of the Nehrus, the Patalpuri temple an underground temple and the Anjeneya temple. P.m: Depart for Lucknow a drive

of about 4hrs. On arrival check into Hotel Park / Clarkes Avadh. Overnight in Lucknow.

25 Sep - Full day sight seeing of Lucknow to include the Bara and Chota Imambara. The Bara Imambara also houses the amazing labyrinth where one can get lost if not guided. Evening free. Overnight in Lucknow-Hotel Park / Clarkes Avadh.

26 Sep - At Lucknow to explore the markets of Lucknow and indulge in shopping for fragrances and Chikan work. (For those interested in visiting Ayodya a day trip will be arranged with an early morning start and return to Lucknow by lunch time). Depart for Delhi by Shatabdi express at 1535 hrs and arrive Delhi at 2145 hrs. On arrival check into hotel. Overnight in Delhi-Hotel Metropolitan Nikko.

27 Sep - Free day in Delhi. Depart for Chennai by the late evening flight.

Cost per person Rs.17,000 Plus Airfare Delhi - Chennai and Delhi - Varanasi will be Rs.11,000.

= Total cost per person Rs.28,000

Cost Includes

Accommodation in hotels specified on twin-sharing inclusive of breakfast.

Road transportation as per itinerary in Air-conditioned coach.

All entrance fees for sight-seeing including boat rides as per itinerary.

Train fare Lucknow Delhi by Shatabdi Express.

Cost Does not include

Meals other than specified above.

Camera and Video camera fees.

Expenses of personal nature like laundry, tel. Calls, beverages, gratuities, and portorage.



Arts & Handicrafts

at 10.15 a.m.
on Tuesday, 10th August,
at MRC Centre, MRC Nagar,
Santhome High Road, Chennai 600 028.
(close to Chettinad Palace)

Project Kottan - Chettinad Basketry

The traditional form of Chettinad basketry from palm leaves is noted for its unique style and colours. The evolution of the Kottan has been through generations. Initially used during rituals and ceremonies, it has now come to symbolize the quintessential form of craftsmanship of this community.

The M.Rm.Rm. Cultural Foundation, which has supported the documentation of the Chettiar Community, has helped preserve and nurture this dying craft among others. Our very own Visalakshi Ramaswamy, the Founder Member of this Foundation will talk about Project Kottan.

This event will be supported by an audio-visual film and will be an interactive one with the craftspersons providing a live demonstration of "Kottan."

Many thanks to Visalakshi Ramaswamy for hosting this meeting.

Nina Kothari

Peggy Dwyer



Music & Performing Arts

at 10.15 a.m.
on Thursday, 12th August,
at Saroja Ramamrutham, Beach Court Penthouse,
47/35, Arundale Beach Road,
Kalakshetra Colony, Chennai 600 090.

Navagraha - The Nine Planets

In the world of Astronomy and Astrology, the Sun, Moon and the five planets - Mars, Mercury, Jupiter, Venus and Saturn and also the ascending and descending nodes of the Moon, Rahu and Ketu, constitute the well known phenomena called Navagraha. All these 9 planets are worshipped in our way of life and there are temples dedicated to each of them. The Planets, according to firm belief are said to have a direct influence on mankind.

We are privileged to present a painting, musical and floral depiction of the nine Navagrahas.

S. Rajan, an octogenarian is a painter par-excellence and a doyen of classical music. He is well known for his colour portraits of great musical composers. His paintings have enhanced several publications.

Come and be carried into the realm of classicism, in paintings, based on the nine planets.

Many thanks to Saroja Ramamrutham for hosting this meeting.

Urmilla Agarwal

PHILOSOPHY & RELIGION

*Bodhi Zendo Meditation Centre
Perumalmalai, Kodaikanal -*

16th-19th August 2004.

At 9.30 p.m. on Sunday, 15th August; 16 members will leave on the Pandiyan Express from Egmore Station. On arrival at Kodai Road, we will be driven to the Bodhi Zendo at Perumalmalai. For the next 3 days and nights get ready for a refreshing, enlightening new experience.

After breakfast on Thursday 19th, we will drive upto Kodaikanal and visit Cinnebar, the home and gardens of Mr. & Mrs. Balakrishnan. They do organic farming and make the most superb cheeses. They will prepare lunch for us, using the produce that they grow and hopefully, we will be able to buy some cheese.

After lunch the van will take us around town and Nirmal Mirza has offered to host tea in her home and pack some munchies for our way back. We will catch the Pandiyan Express back to Madras, arriving at 5 a.m. on Friday 20th August. Here's to an exhilarating experience!

Shalini Biswajit Radha Gopalakrishnan

Change of Address & Telephone Number:

• Bimla Bhatla Tel : 2498 3905 / 2498 3950

• Ramilla Sreedhar
3/6, Withypod
#6, Boat Club Road,
Chennai 600 028
Tel : 2431 5439



Current Events

at 10.15 a.m.
on Friday 20th, August,

at Nalini Panday's, 6D, "Ramaniyam Towers"
20-L, Greenways Road, Chennai 600 028.

Art Meets Technology: 3D Computer Animation

Jai Natarajan who has worked for several years with George Lucas's Company in Los Angeles, California, will help us take a peek from the inside out into the world of computer animation. It has captured the imagination of adults and children alike and 3D is the latest trend.

We will take a look at the process from the aspects of story, moral creativity, animation and technology and try to understand the huge effort involved in making a 3D animated film. He will also give us an insight into the Indian Industry and the career and training opportunities available.

A must see for all movie buffs!

IWA thanks Nalini Panday for hosting this meeting.

Rekha R Rangaraj Nalini Panday



Health and Ecology



at 10.15 a.m.
on Tuesday, 24th August,
at The Cricketer, Madras Cricket Club,
Babu Jagjivandas Marg, Chennai 600 035.

Environment - for all of us

Mr. S. Mani is the Vice President - Projects & SHE of Orchid Pharmaceuticals.

Mani has been instrumental in his Organisation winning many national awards including the Mother Teresa Award for being the Best Corporate Citizen.

He will be talking to us about the environmental issues we face and how we should try to minimise the damage to the environment.

We thank Thayabae Kakar and Achu Kurian for hosting this meeting.

Anjana Sunil

Apologies for non-inclusion of :

- Indira Dutt as Member of the International Music Day Committee.
- Malini Krishna as Member of the Membership Sub-committee 2004-2005.



Book Discussion

at 10.15 a.m.
on Thursday, 26th August,
at Sharmila Ramji, New No.13 Old No.9,
Valliammal Achi Street, Kotturpuram,
Chennai 600 085.

The Book: Lucky Girls by Nell Freudenberger

Lucky girls is a collection of love stories set in India and South East Asia narrating the experiences of adult love by compulsion, who learn to adapt to various cultures different from their own.

The author taught English in New Delhi and Bangkok and currently lives in New York and the stories are published in Granta and the New Yorker.

Eunice Crook, Director, British Council will review the book for us.

We are thankful to Sharmila Ramji for hosting this meeting.

Bharathi Suresh Bharati N. Gopinath

Congratulations to :

- Mansha Bhatia on the birth of her grandson Aditya
- Dolly Simon who has been nominated as Director, Zonta Club of Madras (International) 2004-2006.

A story that stirs...

A water bearer in India had two large pots, each hung on the ends of a pole, which he carried across his neck. One of the pots had a crack in it, while the other pot was perfect and always delivered a full portion of water. At the end of the long walk from the stream to the house, the cracked pot arrived only half full. For a full two years this went on daily, with the bearer delivering only one and a half pots full of water to his house.

Of course, the perfect pot was proud of its accomplishments; perfect for the task for which it was created, but the poor cracked pot was ashamed of its own imperfection, and miserable that it was able to accomplish only half of what it had been made to do.

After two years of what it perceived to be a bitter failure, it spoke to the water bearer one day by the stream.

"I am ashamed of myself and I want to apologise to you. I have been able to deliver only half my load because this crack in my side causes water to leak out all the way back to your house. Because of my flaws, you have to do all of this work, and you don't get full value from your efforts," the pot said.

The water bearer said, "As we return to the master's house, I want you to notice the beautiful flowers along the path. Do you notice how there are flowers only on your side of the path but not on the other pot's side? That is because I have always known about your flaw. I planted flower seeds on your side of the path, and every day while we walk back from the stream, you have watered them. For two years, I have been able to pick these beautiful flowers to decorate the table. Without you being just the way you are, there would not be this beauty to grace the house."

Each of us has our own unique flaws. We are all cracked pots, but it's the cracks and flaws we have that make our lives so very interesting and rewarding. Remember to look for the good in those around you. Appreciate all the different people in your life! After all, if it weren't for the "crackpots" in our lives it would be a lonely and boring existence.

East-West Series

EXECUTIVE COMMITTEE 2004 - 2005

MANAGING COMMITTEE

PRESIDENTS

Vidya Singh	5204 8782 / 2435 9035 98410 30737
Padma Ashok	2833 0235 / 2833 2801

VICE PRESIDENTS

Princess Naik	2441 8448
Sheela K Sharath	2493 8524 / 2461 6280

SECRETARIES

Fazeela Nurdeen	2626 0674
Amulya Mandava Rao	24995434 / 98410 25434

TREASURERS

Seema Bhargava	2435 6707 / 2434 7062
Cherry Venkatesan	2829 3436

ACTIVITY CHAIRPERSONS

ARTS & HANDICRAFTS

Nina Kothari	2827 5859 / 2827 8888
Peggy Dwyer	98400 19015

BOOK DISCUSSION

Bharathi Suresh	5204 8090 / 5203 1997
Bharati Nair Gopinath	2442 0026

COOKING SWAPSHOP

Sharmila Ramji	2447 1200
Teresa Parry	98412 65129

CURRENT EVENTS

Rekha R Rangaraj	2499 4756 / 5211 0761
Nalini Panday	2461 0944 / 98410 48629

HEALTH & ECOLOGY

Anjana Sunil	2660 0262
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HISTORY, CULTURE & TOURS

Kausalya Jaganmohan	2499 2577 / 2499 0201
Sandra Le Coz	5210 2017

MUSIC & PERFORMING ARTS

Urmilla Agarwal	2820 5327 / 2821 4586
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PHILOSOPHY & RELIGION

Shalini Biswajit	2433 8216 / 2434 0315
Radha Gopalakrishnan	2491 8186