



IWA
CHENNAI

NEWSLETTER
FEBRUARY 2004

SUN	MON	TUE	WED	THU	FRI	SAT
1	10.15 a.m. Book Discussion	2 9.45 a.m. Mang. Comm. Mtg. 10.45 a.m. Exec. Comm. Mtg.	4 10.15 a.m. Cooking Swapshop	5	6	7
8	9	10	11	12 10.15 a.m. History, Culture & Tours Philosophy and Religion	13	14
15	16	17	18	19 10.15 a.m. Health & Ecology	20	21
22	10.30 a.m. Current Events	24 10.15 a.m. Arts & Handicrafts	25	26	27 10.35 a.m. EGM	28
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IWA NEWSLETTER

Volume XVIII No. 9

Chennai

FEBRUARY 2004

MONTH AT A GLANCE

- Monday 2nd Feb *Book Discussion* 10.15 a.m.
Kunjamma... Ode to a Nightingale
by Lakshmi Vishwanathan
- Tuesday 3rd Feb *Managing Comm. Meeting* 9.45 a.m.
Executive Comm. Meeting 10.45 a.m.
- Thursday 5th Feb *Cooking Swapshop* 10.15 a.m.
Easy to cook recipes
- Friday 13th Feb *History, Culture & Tours* 10.15 a.m.
Philosophy & Religion
Living Gods On Earth
- Friday 20th Feb *Health & Ecology* 10.15 a.m.
All about green fingers!
- Monday 23rd Feb *Current Events* 10.30 a.m.
Morning with HE - the Governor of TN.
- Wednesday 25th Feb *Arts & Handicrafts* 10.15 a.m.
Towels!! Towels!! Towels!!
- Saturday 28th Feb *EGM* 10.35 a.m.
- Sunday 7th Mar *It's Yesterday Once More...* 7.00 p.m.

BOOK DISCUSSION

Monday, 2nd February, 10.15 a.m.

At: Sunita Shahaney's
Oakland House
7, Adyar Club Gate Road
Chennai 600028



*The Book: Kunjamma.....Ode to a Nightingale
by Lakshmi Vishwanathan*

This biography of a musical legend— M S Subbulakshmi, traces her journey from Madurai to Madras where she would reign as the Queen of Music for decades. The book offers rare glimpses and insights into the life of a gifted singer helped by the author's relationship with her as a close family friend. Profusely illustrated with photographs of MS in all stages of her life, the book is a visual delight.

Lakshmi Vishwanathan is a renowned Bharatanatyam dancer and choreographer who has won critical acclaim in India and abroad. She is a multi-faceted personality who is also a trained singer and an author who has written extensively on art and culture.

Saranya Jayakumar

Christina Sauer

Please return the following books which were circulated, as soon as possible.

Jahanara (1 copy), The Way To A Healthy Heart (1 copy), Madras - The Architectural Heritage (1 copy) and The No. 1 Ladies Detective Agency (2 Copies)

COOKING SWAPSHOP

Thursday, 5th February, 10:00 a.m.

At: Urmilla Agarwal's
No. 7(Old 3 A) Giri Road, 2nd Floor
T. Nagar, Chennai 600 071



(The house is off G.N. Chetty Road, take the turning at Amma Restaurant)

Easy to cook recipes

For ladies, who don't have the time, inclination or can't cook, Sharmila Ramji and Vidya Singh, our own members will be showing us some easy, fun recipes which will be sure to make you look like a gourmet chef!!

We have an eclectic selection of dishes that will be demonstrated. From Burma we have Kauswe, from the west, we have a Pasta salad and also two very simple desserts, an Apple crumble and a Key lime pie.

Tasting of the food will be after the demonstration.

Urmilla Agarwal

Bilkis Moosa

TABLE SETTING COMPETITION

Congratulations

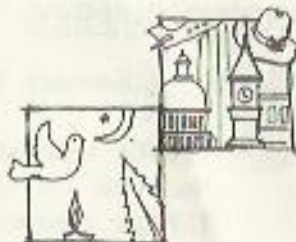
1st Sheela Sharath
2nd Anita Koshy
3rd Beena Ram Mohan

We would like to thank Leena Suryaprakash for sponsoring the prizes and Lalitha Krishnan for sponsoring the mike system at the Chola.

HISTORY, CULTURE & TOURS &
PHILOSOPHY & RELIGION

Friday, 13th February, 10.15 a.m.

At: **Amethyst,**
Sundar Mahal,
14/30, Padmavathi Road,
Jeypore Colony,
Chennai - 600 086.



*Living Gods On Earth - Indian Folk And Tribal
Traditions*

There are traditions widespread in India where in village and tribal settings, divine power is believed to be passed on to human beings who become "possessed" and are worshipped as mediums through which devotees may communicate with the Divine.

Dr Cornelia Mallebrein, a German Indologist, has done intensive research on the "Living Gods" of the tribals and villagers in four Indian states - Madhya Pradesh, Chattisgarh, Orissa and Karnataka. She will present a photographic exhibition and a lecture, which draw attention to the rich, manifold, regional traditions of India, offering access to a deeper understanding of local rituals and cults rarely known outside the area.

We thank Christina Sauer for hosting the meeting.

*Shobha Hebbar
Anuradha Ulerai*

*Libby Meyer
Anita Kapoor*

HEALTH & ECOLOGY

Friday, 20th February, 10:15 a.m.

At: **Valli Murugappan's**
No. 8 Boat Club Road,
Chennai 600 028



All about Green Fingers!

Ever wondered about the medicinal properties of herbs, greens and fruit?

Ever thought about growing grapes on your terrace?

Want to know how to plan and maintain your gardens whether you live in a house or an apartment ?

In need of gardening tips?

Well, learn about all this and more from Mr.Green fingers himself! Meet S.Rajaram agropersonality and horticulturalist par excellence! And come loaded with your queries!

Rekha R Rangaraj

Isabelle Badrinath

CURRENT EVENTS

Monday, 23rd February, 2004 – 10.30 am

At: **The Raj Bhavan**
Chennai 600 022



A MORNING WITH H.E. THE GOVERNOR OF TAMILNADU

His Excellency Shri P. S. Ramamohan Rao, the Governor of Tamilnadu has graciously consented to host a meeting for IWA ladies in the magnificent setting of the Raj Bhavan.

He will speak to us on the role of the Governor, how the responsibilities of the office have evolved to adapt to changing times, and the challenges faced.

He will join us for coffee and snacks **after the meeting**, during which he will interact with our members informally.

Time permitting, a tour of the Raj Bhavan may be arranged.

Programme:

- 11:00 am. - Meeting begins - H.E. the Governor speaks.
- 11:30 a.m. - Q & A
- 11:45 a.m. - coffee

We hope to see you all there. Please read the instructions given below.

Please be in your seats **before 10:45 a.m.**

Please pool cars as far as possible

Please bring an **IWA newsletter** with you. This will serve as an identification.

Guests **accompanied by IWA members** are welcome. Guest charges are Rs. 50/-

Please make sure that you stay until His Excellency's speech ends. This maybe a little after 11:30 a.m.

Nina Kothari

Amulya Mandava Rao

ARTS & HANDICRAFTS

Wednesday, 25th February, 10.15 a.m.

At: **Y.W.C.A.**
A/C Hall
Poonamalle High Road
Chennai 600 084



Towels!! Towels!! Towels!!

A high-tech journey from the cotton fields to your bathroom... the making of a towel!!

Our member Nabila Avais, who has a diploma in textile designing and a keen eye for home decor and interiors, will take us on an enthralling journey at weaving patterns of excellence. Through a powerpoint presentation she will unveil the mysteries of towel making.

Our sincere thanks to Mrs. Zubeida Asgarali for hosting the meeting as well as the audio-visual equipment.

Mansha Bhatia

Josie Newman

HISTORY, CULTURE & TOURS

Swirling sands, majestic palaces, forbidding forts – these exciting sights and more await the IWA group of 28 who are off to Rajasthan from the 16th of February to the 26th. They will be going to Jaipur, Udaipur, Amber Fort, Pushkar, Jodhpur, Raunakpur and Jaisalmer, visiting palaces, forts, temples and museums. And of course, shopping for the famed and colorful Rajasthan handicrafts.



Shobha Hebbar

Libby Meyer

MUSIC & PERFORMING ARTS

We thank members Pronoti Bannerjea, Chandrika Chidambaram, Mahema Devadoss, Eira Doshi, Sushi Goklaney, Geetha Iyengar, Meera Jayakar, Brahada Kameshwaran, Marina Mathias, Maureen Hudson Murari, Alagu Muthu & Dorothy Saldhana for hosting our meeting on 22nd January at the Madras Club.



Seema Bhargava

Uma Ganeran

We thank Amala Emmanuel for co-hosting the Christmas meeting in December.



Sunday, 7th March, 7.00 p.m.

*At: Mowbrays Room
Park Sheraton Hotel & Towers
Chennai*



This year's 'Special Event' is an evening of nostalgia – music and dance of the pre-70's.

Old favourites in English, Hindi and Tamil, sing-alongs, and dances followed by dinner.

Tickets will be available at regular IWA meetings.



We look forward to seeing you with family and friends!

EXECUTIVE COMMITTEE 2003 - 2004

MANAGING COMMITTEE

PRESIDENTS

Sushila Natraj 2498 2435 / 2467 1796
Elaine Wood 2447 1356

VICE PRESIDENTS

Vidya Singh 2433 8782 / 2435 9035
Sheela K Sharath 2493 8524

SECRETARIES

Princess Naik 2441 8448
Suk Hee Lee 2435 9144

TREASURERS

Gita Chandrasekaran 2442 1035 / 2442 0235
Malini Krishna 2447 4830 / 2447 1046

ACTIVITY CHAIRPERSONS

ARTS & HANDICRAFTS

Mansha Bhatia 2827 3251 / 2827 3189
Josie Newman 2433 4758

BOOK DISCUSSION

Saranya Jayakumar 2826 1942
Christina Sauer 2447 2531

COOKING SWAPSHOP

Urmilla Agarwal 2820 5327 / 2821 4586
Bilkis Moosa 2434 9934 / 2434 9932

CURRENT EVENTS

Nina Kothari 2827 5859 / 2827 8888
Amulya Mandava Rao 2499 5434

HEALTH & ECOLOGY

Rekha R Rangaraj 2499 4756 / 5211 0761
Isabelle Badrinath 2447 1677

HISTORY, CULTURE & TOURS

Shobha Hebbar 2641 1248
Libby Meyer 2433 9112

MUSIC & PERFORMING ARTS

Seema Bhargava 2435 6707
Urna Ganesan 2491 9276

PHILOSOPHY & RELIGION

Anuradha Uberoi 2820 2467 / 08623-242170
Anita Kapoor 2825 6484 / 2825 6474