



IWA
CHENNAI

NEWSLETTER
JUNE 2002

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16	17 10.15 a.m. Fellowship Morning	18	19 10.15 a.m. Health & Ecology	20	21	22
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IWA NEWSLETTER

Volume XVII No. 1

Chennai

JUNE, 2002

MONTH AT A GLANCE

- Tuesday 4th June Board Meeting 9.30 a.m.
Executive Meeting 10.30 a.m.
- Tuesday 18th June Fellowship Morning 10.15 a.m.
- Thursday 20th June Health & Ecology 10.15 a.m.
- Tuesday 25th June History, Culture & Tours 10.15 a.m.

FROM THE PRESIDENTS

Welcome to a new year in IWA... new hopes and new beginnings.

Our Board and Activity Chairpersons are already buzzing with enthusiasm and looking forward to a year of interaction with members. We assure you, we are going to make every effort to make this a great year.

We would like you to come forward and support our activities, share new ideas, make more friends, help in organising speakers, and get involved with special events in IWA... and who knows, you might just be the lucky winner of the "MOST ACTIVE MEMBER" Prize!

As we celebrate IWA's coming of age, some systems may evolve and procedures may be put in place. At the same time some traditions in IWA remain the same.

TERRA-COTTA is our theme for the year. Like IWA it blends the traditional with the modern.

We look forward to seeing you at the fellowship morning. Our Board and Activity Chairpersons have some surprises for you. (Wear your badges and make at least 2 new friends and watch !!)

We wish each one of you an enjoyable year.

KUSUM CHADDA

MEYYAMMAI MURUGAPPAN

BOARD MEETING

Tuesday 4th June 9.30 a.m.

EXECUTIVE MEETING

Tuesday 4th June 10.30 a.m.

Both Meetings at:

Pat Alter's

"River House"

12, Turnbolls Road Ext., Chennai - 600 035.

YOUR HELPLINE

If you

...do not receive your newsletter
by the 5th of the month

...change your telephone number
or address

...would like to make an
announcement
in the newsletter

...would like to check on
your attendance or are unable
to attend for some length of time

...would like information about
a particular meeting
...would like to sponsor or
host a meeting

...have ideas for a meeting /
general suggestions for the
functioning of the association.

Write to / Call

Vidya Singh
4359035, 4338782
Francoise Drown
8230412

Kanakwan Sandhu
4965556, 4961061
Vijaya Balasubramanian
4943588
Vidya Singh
4359035, 4338782

Vijaya Balasubramaniam
4943588
Padma Ashok
8276591, 8267801

Francoise Drown
8230412

Concerned Chairperson

Concerned Chairperson/
Presidents

FROM THE VICE PRESIDENTS

Dear friends

We will try our best to give you Newsletters of the standard you are accustomed to every month. This is your medium of communication and hence we would appeal to all of you to make sure that you read the newsletter thoroughly every month which will give you advance information on the programmes for the month. Your attendance is what ensures the success of the meetings.

Announcements regarding change in address, telephone numbers and congratulatory messages, bereavements should be notified in writing by the 10th of each month, so that it could be published in the newsletter.

We also invite contributions of quotations, limericks, poems and puzzles by members.

Looking forward to your cooperation.

VIJAYA BALU

PADMA ASHOK

Proverbs are integral threads in the fabric of our lives. Very often they come in handy when we need to drive home a point, make some one laugh or give a piece of advice.

Some proverbs are so funny that even a depressed person begins to laugh. Such is the power of these wonderful proverbs they have a strong message that teach us many values of life.

We will include each month a proverb in any language to stimulate your thoughts!

"The joy of living depends not on where we are, what we have, or who we are, but solely upon our mental attitude".

FROM THE TREASURERS

WARM GREETINGS TO ALL IWA MEMBERS! We are looking forward to your cooperation and active participation to make this year too a successful one.

RENEWAL FORMS

All members who have not renewed and wish to renew their membership please do so before the 15th of July 2002.

Please submit your forms along with the subscription fee. Cheques to be in favour of IWA.

Those who are not renewing and are leaving Chennai please do let us know at the earliest in writing. This will help the Membership Committee to fill in the vacancies.

ATTENDANCE

- Of the compulsory requirement of TEN meetings during the IWA YEAR (1st April 2002 to 31st March 2003), a minimum of SEVEN meetings should be attended by every member before the end of December 2002. This applies to members of all nationalities.
- Any member who is unable to attend meetings for two consecutive months or longer, must intimate the Membership Treasurer in writing and thereafter MAKEUP FOR LOST ATTENDANCE.
- New members please note that 10 meetings have to be attended before 31st March 2003, irrespective of date of joining.

Please contact :

...for badges

...for code number

...for membership details

Francoise Drown

...for matters of finance

Naina Shah

NAINA SHAH

FRANCOISE DROWN

**MEMBERSHIP SUB-COMMITTEE FOR THE YEAR
2002-2003**

Rani Chada Seema Sait	Immediate Past Presidents
Naina Shah Francoise Drown	Present Treasurers
Alagu Muthu Janet De Penning	Two members from the floor
Padma Ashok Kusum Chadda Meeyammai Murugappan	Immediate past membership treasurer Presidents

FELLOWSHIP MORNING

Tuesday, 18th June, 2002, 10.15 a.m.

At: The Madras Club
Adyar Club Gate Road,
Chennai 600 028.

We welcome all our members after the summer break to the Fellowship morning. A lovely tradition to meet up with all our friends, make new friends, and greet the new members into IWA.

There will be fun and games and prizes for all.

Remember to wear your badges and make at least two new friends on that morning.

In keeping with our theme please dress in shades of terra-cotta, orange and peach.

KUSUM CHADDA MEYYAMMAI MURUGAPPAN

FROM THE CHAIRPERSONS

IWA holds your interest in many ways especially through our Activities. We are sure each of you has a particular interest in one or more activities of which you would like to be a part. Here is your opportunity to be an ACTIVE PARTICIPATING member by aligning yourself with that activity. Do get in touch with the respective chairperson and offer help in any form that you wish. IWA belongs to all of us. Your ideas and observations are invaluable. We look forward to a happy and exciting year, and together we can further enrich and enlarge IWA's vision.

An Active Participating Member

- Being a hostess
- Being a co-hostess
- Helping the hostess and activity chairperson at meetings
- Arranging a speaker or demonstration.
- Taking part in our shows by dancing, acting, helping with stage and decorations etc.
- Sponsoring any programme.

We are thankful to Pronoti Banerjee, Premila Jacob, Lily Madhok, Farida Majid, Lily Malhan, Angelica Mandaiker, Darley Mathew, Shoba Mujumdar for their contributions for hosting meetings in the year 2001-2002.

HEALTH AND ECOLOGY

Thursday, 20th June, 2002, 10.15 a.m.

At: The Bio-Oxy Clinic
No.3, 3rd Street
Subba Rao Avenue
Chennai 600 006



Therapy with Ozone - The Miracle Trivalent

Health involves optimal mental, physical and emotional well-being. It is a holistic approach. At the Bio-Oxy clinic OZONE is successfully used for treating various ailments like circulatory and cardiac problems, stress, skin disorders - to name a few.

Dr.Rathna Alva during her years as a practising allopath in USA became interested in alternate system of medicine. She is one of the pioneers of OZONE THERAPY in the USA and is the only known practitioner in India.

So ladies please make time to come and meet Dr.Alva and her colleague Dr.Rani Nandakumar.

Limit - 40 persons: Warn in before 18th June

Tel. 6214278, 8293436 between 9.00 a.m. and 10.00 a.m.

BEENA RAM MOHAN

CHERRY VENKATESAN

HISTORY, CULTURE & TOURS

Tuesday, 25th June, 2002, 10.15 am

At: C.P. Ramaswami Aiyer Foundation
1 Eldams Road
Alwarpet, Chennai 600 018



The Many Angkors of Cambodia

Marvel at the splendours of Angkor Wat! The famous temples of Angkor, built by Khmer kings over a thousand years ago, constitute one of humankind's most magnificent architectural achievements. Now that Cambodia has at last emerged from its recent turbulent history and cleared away the landmines, visitors are thronging to see these wonders.

- Nanditha Krishna, renowned art historian, was among the first to visit the temples, during Cambodia's civil war, as a member of the Archaeological Survey of India team which was restoring Angkor Wat. She will take us on an illustrated tour of the temples and explain what inspired the Khmer kings to build these temple mountains. Today, experts from various countries, including India, are helping in the conservation and restoration of the temples.

GEETA VASUDEVAN

PAT ALTER

BOOK DISCUSSION

- "The Beautiful Mind" by Sylvia Nazar will be the book for discussion in July.

This year the books will be available with Saranya Jayakumar, Sheela K. Sharath & Princess Naik.

WELCOME TO OUR NEW IWA MEMBERS

Phyllis Bergen - Canadian
7/2B, Murugappa Road
Kotturpuram,
Chennai - 600 085.
Tel : 4471761.

Debbie Thiagarajan - American
10, Bishops Garden
Chennai - 600 028.
Tel : 4937605 / 4938519
Off : 4462435 / 4918943

CHANGE OF TELEPHONE NUMBER

Sushila Natraj 4982435, 4971796

THE SCRAMBLED WORD GAME

Unscramble these four jumbles, one letter to a square to form four ordinary words.

K	R	I	H	E		
				○	○	

A	Y	S	P	T	R		
		○		○	○		

R	T	Y	A	C	F		
		○		○		○	

O	H	O	T	C	R		
				○			○

Now arrange the circled letters to form the answer.

Clue : "Related to this year"

IWA NEWS

BIRTHDAY GREETINGS FOR JUNE

Urmilla Agarwal, Pat Alter Mansha Bhatia,

Gita Chandrasekaran, Prithika Chary.

Deepika Goyal, Shoba Hebbar, Asha Hemdev,

Saranya Jayakumar, Brahada Kameshwaran, Prema Kumar

Sindu Kuruvilla, Angelika Mandaiker, Jaya Menon,

Meyyammai Murugappan, Princess Naik, Kshama Narasimhan

Shamim Padamsee, Nalini Ramakrishna, Preeya Reddy

Visalakshi Ramaswamy, Hemalatha Santhavadanan,

Vimal Shivdasani, Lakshmi Varadarajan



CHANGE OF ADDRESS

Meera Jayakar

Flat #9, Julies Apartments,

25, Pycrofts Garden Road

Chennai - 600 006

Ph: 8230919

Mridula Narasimhan

10, (Old 18) 3rd Floor,

16th Avaneue, Harrington Road,

Chetpet, Chennai - 600 031.

Ph: 8238100



HEARTFELT CONDOLENCES TO

Mahin Rabi Khaleeli on the loss of her husband.

EXECUTIVE COMMITTEE 2002 - 2003

THE BOARD

PRESIDENTS

Kusum Chadda

825 4217, 823 3751

Meyyammai Murugappan

4348207

VICE PRESIDENTS

Viyaya Balu

4943588

Padma Ashok

8224235 / 8267801

SECRETARIES

Vidya Singh

4359035 / 4338782

Kanakwan Sandhu

4965556 / 4961061

TREASURERS

Naina Shah

4320564 / 4320706

Françoise Drown

823 0412

ACTIVITY CHAIRPERSONS

ARTS & HANDICRAFTS

Shanti Thomas

8280865 (O) 8268540

Malini Krishna

4474830 / 4471046

BOOK DISCUSSION

Princess Naik

4453830 / 4418448

Sheela Sharath

(R) 4938524 (O) 4347096

COOKING SWAPSHOP

Bina Mathew

4941874 / 4936788

Isabelle Badrinath

4327191

CURRENT EVENTS

Seema Bhargava

4343129 / 4356707

HEALTH & ECOLOGY

Deena Ram Mohan

6213923 / 6214278

Cherry Venkatesh

8293436

HISTORY, CULTURE & TOURS

Gita Vasudevan

4915913

Pat Alter

8112000

PHILOSOPHY & RELIGION

Prithika Chary

4997878 (O) 4363551 ext.1510

Anita Kapoor

8256484

MUSIC & PERFORMING ARTS

Ramani Reddy

8233608 / 8273348

Sushi Goklany

4353714