



International
Women's
Association

NEWSLETTER
FEBRUARY 2002

SUN	MON	TUE	WED	THU	FRI	SAT
					10 a.m. Theatre Workshop	2
3	Board Meeting 9.45 a.m. Executive Meeting 11 a.m.	5	6	7	10.15 a.m. Health & Ecology Philosophy & Religion	9
10	11	10.15 a.m. Current Events	13	9.30 a.m. Health & Ecology	11.30 a.m. Philosophy & Religion	15
17	18	10.15 a.m. Arts & Handicrafts	20	21	10.15 a.m. Book Discussion	23
24	25	26	27	10 a.m. Cooking Workshop		

IWA NEWSLETTER

Volume XVI No. 10

Chennai

FEBRUARY, 2002

MONTH AT A GLANCE

Friday	1 st Feb	Theatre Workshop	10am
Monday	4 th Feb	Board Meeting Executive Meeting	9.45am 11 am
Friday	8 th Feb	H &E, P&R – Tachyon	10.15am
Tuesday	12 th Feb	CE – Media Today	10.15am
Thursday	14 th Feb	H&E – Touch Therapy	9.30am
Friday	15 th Feb	P&R – Id Milan lunch	11.30am
Tuesday	19 th Feb	A&H – Beads	10.15am
Friday	22 nd Feb	BD – Constant Gardener	10.15am
Thursday	28 th Feb	CS – Sandwich competition	10am

TELEPHONE DIRECTORY

Due to an error in binding, some of the new telephone directories have a few pages missing/misplaced. If there is a problem in your copy, please call **Kusum Chada** before **15th February, 2002**.

FROM THE PRESIDENTS

The festival season has ended, and we hope everyone had a joyous and a happy time. It is very heartening to see that all our programmes have been well received. This has certainly encouraged our Activity Chairpersons to come out with wonderful programmes for the coming months.

Nominations

Nominations are invited for the selection of the Board for the year 2002-2003. While the final selection lies with the Nominating Committee, the Committee looks upon you to help them select the right people. We therefore request you to positively fill in your form provided in this newsletter, and send it to the Chairperson of the Nominating Committee.

Christmas Donation Box

The proceeds of the Christmas Donation Box, along with the balance from the amount donated by our members towards the Christmas Brunch, was Rs. 5,000/-. This amount was used to feed children at Mithra – a home for destitute children.

Our member, Kanika Parekh, donated Rs. 5,000/- to be used to feed the children at the Guild of Service Orphanage on 16th January. Thanks, Kanika, for this very magnanimous gesture.

Pongal

There are few words to describe the hospitality showered on us by Seetha Muthiah at her farmhouse. On 16th January, about 50 ladies enjoyed the Pongal celebration, joined in a dance with local children and walked through the rice fields. The lunch served was absolutely excellent. Thanks to Kannamma Ranga Rao for sponsoring the bus.

Come and enjoy IWA's programmes and fellowship.

RANI CHADA

SEEMA SAIT

NOMINATING COMMITTEE

The Board at their Meeting held on Thursday 3rd January, 2002, have appointed the following members to serve on the Nominating Committee for the year 2002:

SUNITA SHAHANEY - Chairperson
MEENAKSHI MEYYAPPAN
SABINE ERLICH SALAM
RUKKU SESHASAYEE
ELEANOR DARUWALLA - NITZCHE

We invite recommendations from our members for the various positions on the Board. As you are aware, according to the revised Constitution, it is not necessary to obtain the consent of the concerned member while recommending her to a position on the Board. The Nominating Committee will obtain her consent before selecting her. Your recommendations are valuable and will help the Nominating Committee in the selection of a Board consisting of members who have a sense of commitment.

GUIDELINES FOR YOUR RECOMMENDATIONS

- Nominees for Presidents should have served on at least one earlier Board. This may be relaxed in the case of Non-Indians.
- Nominees for other members on the Board, should have served as Activity Chairpersons for at least 2 years. This may be relaxed in the case of Non-Indians.

- This Newsletter carries the Nomination Form. Please fill up the form and send it to Sunita Shahaney, the Chairperson, so as to reach her by 25th February 2002.

Sunita Shahaney,
 'Oakland House,'
 7, Adyar Club Gate Road,
 Chennai 600 028.

RANI CHADA

SEEMA SAIT

THEATRE WORKSHOP

The Theatre Workshop to be held on 1st February, 2002 at the YWCA Club Room from 10am to 4pm promises to be extremely interesting.

For more details, refer to the January Newsletter.

Hope to see you there !!

BOARD MEETING

EXECUTIVE MEETING

Monday, 4th February, 2002
 9.45 am

Monday, 4th February, 2002
 11 am

Both meetings at:
Meena Naru's
 3, 7th Avenue,
 Harrington Road
 Chetpet
 Chennai 600 031

**FROM THE DESK OF THE TREASURERS:
 ACCOUNTS AS ON NOVEMBER 30th:
 B/F FROM A/C OF 2000/2001**

F.D. A/C No.28037847	Rs. 3213.36
F.D. A/C No.28037836	Rs. 16384.00

C.A./C No.28037825(cookbk)	Rs. 2,16,964.00
Deposited in November	Rs. 21,000.00

Rs. 2,37,964.00

B/F C.A/C No.28037814 (General)	Rs. 81,358.75
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B/F Cash	Rs. 27,306.25
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Total	Rs. 1,08,665.00
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INCOME April-November 2001

Membership Subscription	Rs. 2,33,300.00
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New Membership Fee	Rs. 11,500.00
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Guest charges	Rs. 19,450.00
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Sale of mini ckbks./bks./dir.	Rs. 535.00
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Diwali Darshan	Rs. 1,39,110.00
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Total INCOME as on November 30th	Rs.5,12,560.00
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Expenses

Gifts for guests	Rs. 10,660.00
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Printer/Xerox	Rs. 14,447.75
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Monthly Activities	Rs. 19,610.00
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Special Meetings	Rs. 1,77,369.89
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Postage	Rs. 4,214.00
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Badges/bks	Rs. 1,515.50
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Professional Fees (Registration)	Rs. 5,000.00
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Steel Cupboards	Rs. 5,400.00
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TOTAL EXPENSES AS OF NOVEMBER 30th:	Rs. 2,38,217.14
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BALANCE AS ON November 30th:

Balance in Bank A/C 28037814	Rs. 2,47,673.86
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Balance cash in hand	Rs. 2,669.00
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Advances, Chairpersons & Printer	Rs. 24,000.00
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TOTAL BALANCE	Rs. 2,74,342.86
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Christmas Party - 8th: December, 2001

Members' Contribution	Rs. 21,600.00
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Expenses for Christmas Branch	Rs. 17,930.00
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Balance	Rs. 3,670.00
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Collection from donations	Rs. 1,330.00
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Total to Mithra	Rs. 5,000.00
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A cheque for Rs. 5,000/- from Kanika Parekh was handed to guild of Service Orphanage.

KUSUM CHADDA

PADMA ASHOK

HEALTH & ECOLOGY
PHILOSOPHY & RELIGION

Friday, 8th February, 2002 – 10.15am

At: **Kalpana Sonthalia's**
20, Harrington Road
Chetpet
Chennai 600 031



TACHYON – LATEST IN HOLISTIC HEALING

Ancient Indian scriptures have all along maintained that the mind has the power to heal the physical body. Today the world acknowledges this as Holistic Healing.

Our speaker, Uma Sriram, will talk to us about Holistic Healing & Tachyon – the revolutionary breakthrough in this system of healing.

PRITHIKA CHARY
SEEMA BHARGAVA

MEENA NARU
EILEEN THOMPSON

OWC ANNUAL GARDEN TEA

OWC would like to invite all IWA members to our **Annual Garden Tea** at the Gardens of **Cottingley**, 20, Anderson Road. This is the 29th year for this event, once called the Silver Tea. It will be an afternoon of good food, lovely surroundings and light entertainment. The date is **Wednesday, February 13, 2002 at 3:30 pm**. Tickets will be available at all the IWA meetings for Rs. 250 or you may call Sue Critz at 461 8636.

CURRENT EVENTS

Tuesday, 12th February, 2002 – 10.15am

At: **Madras Cricket Club**
1, Bells Road
Chepauk
Chennai



THE ROLE OF MEDIA TODAY

We are in the age where we get information instantly from the far ends of the earth, and even further! Many of us saw the gruesome incident of the twin towers falling, live, on TV.

Often we are unaware of the role of these most powerful communicative forces called MEDIA. The most appropriate person to talk to us about this topic would be –

Mr. Panneer Selvam. With his journalistic experience as Chief of Bureau, South, for 'Outlook' for many years, and now as Managing Editor of Sun News, he would be able to explain to us the role of media today.

PRINCESS NAIK

BILKIS MOOSA

A big **THANK YOU** to Lalitha Krishnan and Vidya Singh for hosting the January meeting – **MEET LEANDER PAES**

Change of Address:

Shanta Prasad
D 99, 6th Street
Anna Nagar East
Chennai 600 102

663 1037

HEALTH & ECOLOGY

Thursday, 14th February, 2002
- 9.30am to 12noon

At: **Meenakshi Meyyappan's**
'Sabrina'
106, Santhome High Road
Chennai 600 028



TOUCH IN THERAPY

Touch is essential for bonding. When elephants meet, they greet each other by touching and stroking each other's trunks - the equivalent of the human handshake. We know the significance of touch between mother and child, in man-woman relationships and in human bonding. What better day than Valentine's Day to celebrate friendship and bonding!

- Dr. Prithika Chary will highlight the neurobiology of touch,
- Cherry Venkatesan (one of our own members) will demonstrate a Swedish massage as she has been trained at Brisbane, Australia in this technique.
- Ms. Rani Rao, a qualified aromatherapist, will tell us how medically based aromatherapy for cosmetic and therapeutic indications can be used to form a fragrant alchemy for health, harmony and beauty.

The meeting will begin at 9.30am sharp. Snacks will be served at noon.

PRITHIKA CHARY

MEENA NARU

Thank you, Nalini Panday for the excellent arrangements and hospitality when Dr. Usha Sriram spoke to us on osteoporosis.

PHILOSOPHY & RELIGION

Friday, 15th February, 2002 - 11.30am

At: **YWCA**
1086, Poonamallee High Road
Chennai 600 086



ID MILAN LUNCH AND FELLOWSHIP MORNING

Id-ul-fitr, celebrated in December, marked the end of the holy month of Ramadan. During this month, Muslims all over the world fasted and gave alms to the poor.

The Muslim members of our Association invite you to join us for a morning of fellowship and lunch reminiscent of the festival.

Please note: Meeting starts at 11.30am

No guests please.

Our thanks to the following members for hosting this meeting: Sharifah Aishah Raja Ahmed, Fakhira Ayer, Bilquis Chida, Rehane Yavar Dhala, Sufia Hussain, Mahmooda Haja Shareef, Zainab Kachwalla, Thayabae Kakkar, Sadiya Khaleel, Bela Mistry Khaleeli, Mahin Rabi Khaleeli, Malek Begum Lalji, Farida Majid, Bilkis Moosa, Fazeela Nurdeen, Shamim Padamsee, Seema Sait, Sabine Erlich Salam and Zubeida Asgarali.

SEEMA BHARGAVA

EILEEN THOMPSON

ARTS & HANDICRAFTS

Tuesday, 19th February, 2002 – 10.15am

At: **The Madras Boat Club**
Boat Club Road
Chennai 600 028



DEMONSTRATION OF JEWELLERY IN BEADS

Gypsies are well known for their innovative designs in jewellery using colourful beads. From chains to earrings to bracelets, the list is endless. They have also applied their expertise to make objets d'art like flowers, gift boxes, etc.

Come and view the demonstration. Those who are interested may participate in a small workshop simultaneously.

SHALINI BISWAJIT

SUSHI GOKLANEY

Our thanks to Fakhira Ayer, Amrita Bhalla, Susan Abraham, Anke Arnold, Latha Baratan, Prem Batra, Jatinder Bahl, Usha Bail and Malathy Ramachandran for hosting this meeting.

IWA ART SHOW IN MARCH

Art is an intrinsic talent that requires just the right coaxing to surface. Calling all IWA artists to participate in a unique art show comprising original works done by members themselves. From paintings to sculpture, embroidery, stained glass, pottery, craft items and anything else you would like to submit, do get going - because March is just around the corner. In order for the show to be a success, members are requested to submit their works 10 days before the show. The date will be announced in the next newsletter.

BOOK DISCUSSION

Friday, 22nd February, 2002 – 10.15am

At: **The British Council**
737, Anna Salai
Chennai 600 002



THE CONSTANT GARDENER by John le Carré

The novel opens in northern Kenya with the gruesome murder of the young and beautiful Tessa Quayle. Her husband sets out on a personal odyssey in pursuit of the killers and their motive, and what he learns makes him not only a suspect among his own colleagues, but a target for his wife's killers.

A master chronicler of the betrayals of ordinary people caught in political conflict, le Carré in this novel portrays the dark side of unbridled capitalism as only he can.

The discussion will be led by Phil Crook, a civil servant who is on leave of absence from the Department for International Development, in order to accompany his wife, Eunice Crook, to Chennai. Eunice, an IWA member, is the Director of the British Council in South India.

Members who would like to read the book, please contact Gayatri. The book is also available at most bookshops and libraries.

GAYATRI KRISHNASWAMI

AMULYA RAO

COOKING SWAPSHOP

Thursday, 28th February, 2002 – 10am

At: **Elizabeth Herridge's**
'Cottingley'
24, Anderson Road
Chennai 600 006



SANDWICH COMPETITION

A competition to test your culinary and creative skills. The same old boring bread, when made into a sandwich, makes for a visual and gastronomic delight. Sandwiches of all shapes, sizes and fillings can be entered under the Vegetarian or Non-Vegetarian categories.

Items will be judged on presentation, originality and taste. There will be four prizes awarded in each category. All ingredients are to be assembled only at the venue. Only one entry per contestant will be permitted.

All contestants please confirm participation **before February 11th** to Cherry Venkatesan (829 3436) or Anita Koshy (656 2152)

Valet parking available for your convenience.

No guests please.

BEENA RAM MOHAN

CHERRY VENKATESAN

EXECUTIVE COMMITTEE 2001 - 2002

THE BOARD

PRESIDENTS

Rani Chada 234 4233, 232 4972
Seema Sait 820 6065, 824 2244

VICE PRESIDENTS

Sushi Natraj 497 1581, 467 1796
Rathi Nilakantan 826 5250 (O) 811 3691

SECRETARIES

Gita Chandrasekaran 442 1035, 442 0235
Françoise Drown 823 0412

TREASURERS

Kusum Chadda 825 4217, 823 3751
Padma Ashok 826 7801, 827 6591

ACTIVITY CHAIRPERSONS

ARTS & HANDICRAFTS

Shahni Biswajit 433 8216, 434 0315
Sushi Goklaney 435 3714

BOOK DISCUSSION

Gayathri Krishnaswami 827 1789 (O) 826 4428
Amulya Mandava Rao 499 5434, 499 1272

COOKING SWAPSHOP

Beena Ram Mohan 6214278, 621 3923
Cherry Venkatesan 829 3436

CURRENT EVENTS

Princess Naik 441 8448, 445 3830
Bilqis Moosa 434 9934, 434 9932

HEALTH & ECOLOGY

Prithika Chary 499 7878 (O) 436 3551ext 1510
Meena Naru 825 2499

HISTORY, CULTURE & TOURS

Vidya Singh 433 8782, 435 9035
Pat Alter 811 2000

PHILOSOPHY & RELIGION

Seema Bhargava 434 3129, 435 6707
Eileen Thompson 98400-30114

MUSIC & PERFORMING ARTS

Naina Shah 432 0706
Kanokwan Sandhu 496 5556, 496 1061