



International
Women's
Association

NEWSLETTER
DECEMBER 2001

SUN	MON	TUE	WED	THU	FRI	SAT
30	31					1
2	3	9.45 a.m. Board Meeting 11.00 a.m. Executive Committee	10.15 a.m. Health & Ecology	6	11.00 a.m. Christmas Brunch	8
9	10	11	12	13	14	15
	10.15 a.m. Current Events	11	10.15 a.m. Current Events	20	10.15 a.m. Book Discussion	22
16	17	18	19	20	21	22
23	24	25	26	27	28	29

IWA NEWSLETTER

Volume XVI No. 7

Chennai

DECEMBER, 2001

MONTH AT A GLANCE

Tuesday	4th Dec.	Board Meeting	9.45am
		Executive Meeting	11 am
Wednesday	5 th Dec.	H&E - Osteoporosis	10.15 am
Friday	7 th Dec.	Christmas Brunch	11 am
Monday	10 th Dec.	CE - Post Sept.11 th	10.15 a.m.
Wednesday	12 th Dec.	CE - Kashmir Today	10.15am
Friday	14 th Dec.	BD - 'Half a Life'	10.15am

Merry
Christmas



FROM THE PRESIDENTS

With Christmas and New Year around the corner, we wish our members good cheer for the Festive Season!

Christmas

Our members of the Christian Faith have organised a very special morning – a Christmas Brunch which will be hosted by them.

Christmas has always been a time for caring and sharing, and as such, members are requested to donate any amount in the Donation Box, which will go to feed needy children during the Festive Season.

Diwali Darshan

The Diwali Darshan was a spectacular success and our sincerest thanks go not only to the Board but also to the Activity Chairpersons whose contribution made this event a day to remember. Thank you all. Our sincerest thanks go to Sushu Natraj who put in a tremendous amount of effort in not only organising the stalls but also ensured that each stall was of special interest. We also thank members and their guests who came in large numbers, without whose presence it could never have been a success. Our thanks also go to all the ladies who participated in the Tableau, which was an eye-catcher. Thanks also to Rehane for putting up a magnificent show.

Last but not the least, our sincerest thanks to Mr. Manoj Virmani and his dedicated team at the Park Sheraton, who provided the venue, the food and all the other important details that needed to be taken care of.

Erwadi – When Faith lets you down

This talk by Dr. Shanthi Karunakaran was an eye-opener for many of us who immediately condemned the tragic occurrence as a callous act of neglect. However, the talk was able to discard many of our incorrect and preconceived apprehensions connected with mental illnesses and the corrective methods associated with them.

Rainwater Harvesting

This was an extremely interesting morning, and the response received from the members is an indication of the success of this topic. Apparently, several members have approached the organisers and have made serious enquiries on the subject.

Women Matters – for Better or for Verse

A poetry reading session was held at the British Council and in all, 31 poems were read, all of which were penned by women poets – and all this in 40 minutes! The readers who belonged to the British Council Poetry Circle, did a wonderful job. Thank you Gayatri and Amulya!

Telephone Directory

The updated Telephone Directory is already in print, and we expect it will be out for distribution by Christmas.

We wish our members and their families a MERRY CHRISTMAS and a HAPPY NEW YEAR!!!

RANI CHADA

SEEMA SAIT

FROM THE DESK OF THE TREASURERS

Accounts of the Diwali Darshan held on 27th October, 2001

	INCOME	EXPENSES
	(Rs.)	(Rs.)
From sale of entrance tickets	1,05,570.00	
Towards Hotel for lunch		91,549.89
Towards Tips		2,500.00
From Stall rental	20,500.00	
From Khazana stall	11,040.00	
Towards Wrapping paper, etc.		266.00
From Lucky dip stall	2,000.00	
Towards Lucky dip gifts		2,000.00
Towards Diya painting stall		305.00
Towards <i>Kili & Kai josiam</i>		500.00
Towards Photographs		1,450.00
Towards Decorations		7,500.00
Towards Costume hire, etc.		600.00
Towards Artwork		1,000.00
TOTAL	Rs. 1,39,110.00	Rs. 1,07,670.89
BALANCE	Rs. 31,439.11	

BOARD MEETING

Tuesday, 4th December, 9.45 am

EXECUTIVE MEETING

Tuesday, 4th December, 11am

Both meetings at:
Amulya Mandava Rao's
18, Kasturi Ranga Road
Alwarpet
Chennai 600 018

PHILOSOPHY & RELIGION

Friday, 30th November, 2001

10am to 1.30pm

At: **St. George's Cathedral**
Cathedral Road
(Next to USIS, Opp. Woodlands Drive-in)
Chennai



WALK THE LABYRINTH

The meeting will begin at 10am sharp, with a coffee break at 11.30am. As we can accommodate only 35 ladies, warn-in is essential. Please contact Seema (434 3129) or Eileen (827 2420) before 9am or after 7pm. For more detailed information, please refer November newsletter.

SEEMA BHARGAVA

EILEEN THOMPSON

Junior Sakhi Mandal will be holding another morning of fun and games - 'Intellectual Dimensions' - on 24th January, 2002, for participants representing clubs in the city. For more information, call Dolly Mehra (827 7791, 825 8880), Madhu Dalmia (434 7437) or Rajshri Shah (499 3802, 499 3903)



Congratulations to:

- **Nalini Ramakrishna** on the birth of her grandson on 18th October, 2001.
- **Mridula Narasimhan** on the birth of her grandson, Nikhil, on 7th November, 2001

HEALTH & ECOLOGY

Wednesday, 5th December, 2001 – 10.15am

At: **Nalini Panday's**
6D, Ramaniyam Towers
20-L, Greenways Road
Chennai 600 028
(Near Sanjeevini Health Centre)



OSTEOPOROSIS – a major health hazard in women...

... in both developing and developed countries, means 'thin bone'. This can be genetic, due to inadequate calcium and vitamin D, certain medical conditions and medications. Calcium and Vitamin D deficiency can occur during adolescence, the reproductive years and during and after menopause.

Dr. Usha Sriram, Honorary Clinical Professor of Endocrinology at the Sri Ramachandra Medical College, Chennai, whose special expertise includes childhood obesity, pituitary disorders and osteoporosis, will tell us what all of us can do as women to protect ourselves from this disabling condition with appropriate measures at the appropriate times of our lives.

PRITHIKA CHARY

MEENA NARU

A big Thank you to Parry Nutraceuticals for arranging to have Sheela Krishnaswamy speak to us, and for hosting our meeting at GRT Grand Days Inn in such an elegant manner.

CHRISTMAS IS HERE!!!

Friday, 7th December, 2001 – 11 am

At: **Shirley Verghese's**
1, Casuarina Drive
Neelangarai
Chennai



(After Palavakkam, look for Shanthi Hospital on the left. Take the first left after this hospital, and drive down to the beach to reach the house)

The Christmas spirit is back! It is a time of fun and cheer, peace and joy. Let us all get together and celebrate the spirit of Christmas as one IWA family.

Meeting begins at 11am followed by Christmas programme and brunch.

Members only.

Please note: We would be very happy to have all the IWA members for the Christmas Programme, but kindly warn in to any of these members before 5th December, 2001. This is to help us organise the morning better.

Princess Naik – 8am to 9am – 441 8448, 445 3830

Darley Mathew – 9am to 12 noon – 621 3439

Reena Verghese – 6pm to 8pm – 821 7619

CURRENT EVENTS

Monday 10th December 2001 - 10.15 a.m.

At: **Madras Cricket Club**
Wallajah Road
Chepauk
Chennai



THE MORNING : POST SEPTEMBER 11

The most important current topic in every part of the world today is The Morning : Post September 11.

We are privileged to have with us Mr. Indran Amirthanayagam, Public Affairs Officer from the U.S. Consulate's Office, Chennai, who will give us a clear picture of the situation.

PRINCESS NAIK

BILKIS MOOSA

Thanks to Bharathi Suresh for hosting the Health & Ecology and Music & Performing Arts meeting at the Boat Club on November 20th 2001.

Thanks to Dr. Prithika Chary, Ann Moradian and Prabha Nair for hosting International Music Day.

Thanks to Rathi Nilakantan for sponsoring the Museum Theatre for Her Voice.

CURRENT EVENTS

Wednesday, 12th December, 2001 - 10.15 am

At: **Malek Begum Lalji's**
5, North Leith Castle Road
Santhome
Chennai 600 018



KASHMIR TODAY

Kashmir has been called 'Paradise on Earth', and Kashmiris are well known for their beauty and their pleasing personality. But tragically, today, this land is the most blood-shed area on the Indian soil, and terrorist attacks are an everyday happening here.

Rasheeda Bhagat, Deputy Editor, Business Line, has been to Kashmir recently, and has had extensive interviews with various political leaders of both countries - Pakistan and India. She has also written a series of articles on this topic, and today she will share her experiences and answer our questions.

A big thank you to Beena Ram Mohan for holding our meeting on Rainwater Harvesting in her lovely home. Thanks also to Lily Madhok, Lily Malhan, Angelika Mandaiker and Darley Mathew for co-hosting the meeting.

PRINCESS NAIK

BILKIS MOOSA

BOOK DISCUSSION

Friday, 14th December, 2001 – 10.15am

At: **Sushi Natraj's**
2nd floor, 'Ashok Prithvi'
41, (Old no. 87), 4th Street
Abhiramapuram
Chennai 600 018



HALF A LIFE – V. S. NAIPAUL

'Half a Life' is a devastating work of exceptional sensitivity, grace and humour. In its depiction of love fulfilled and thwarted, in its vision of the half-lives quietly lived out at the centre of our restless world, Naipaul's new novel brings its own unique illumination to another aspect of our shared humanity.

V. S. Naipaul was born in Trinidad in 1932. With the recent award of the Nobel Prize, he has won every major literary award. The discussion will be led by Geeta Doctor, well known journalist and critic.

Copies of the book are available from Gayatri and Amulya.
Limit – 35 members. Please warn in to Miss Uma - 466 1210 (10am to 4pm)

GAYATRI KRISHNASWAMI

AMULYA RAO

THANK YOU to Latha Chohan, Irene Pruller Dass, Ritika Dhingra and Francoise Drown for sponsoring our November meeting at MCC

HISTORY, CULTURE & TOURS

IWA JANUARY EXCURSION

Thursday 24-29 January 2002



ORISSA: TEMPLES & CRAFTS

Orissa! A state that rivals our own in the beauty of its temples and crafts. Join us for a 6-day trip to Orissa's 'golden triangle'. We will travel by Coromandel Express, a 21-hour journey each way. Once there, we will have 4 days to: 1) visit Bhubaneswar's temples and market; 2) see silk weaving in Nuapatna and silver filigree work in Cuttack; 3) head south through the villages famous for appliqué and painting, to visit Puri's Jagannath Temple; and 4) spend a day at the spectacular Sun Temple at Konark.

We depart Chennai early morning Thursday, January 24th, and return early evening Tuesday, January 29th. We will celebrate Republic Day in Orissa. The cost of the trip will be Rs. 8,500, inclusive of return rail tickets (2nd AC), 3 nights hotel (twin share with breakfast), coach, guide and entrance fees. IWA members will have priority until December 15th. Please warn in by that date to Vidya Singh (Call Gayathri, 10am to 5pm at 433 8782 or 435 9035). January is high season in Orissa and we will need to book the train tickets and hotels well in advance. A non-refundable deposit of Rs. 3,000 will be collected from all those who warn in.

VIDYA SINGH

PAT ALTER

A very warm welcome to our new members:

Eunice Crook UK
15, Bishop's Garden
Chennai 600 028 461 2154

Yaeko Makiya Japan
287, TTK Road
Alwarpet
Chennai 600 018 498 6024

Manisha Singhee USA
92, Poes Garden
Chennai
600 086 499 1482 / 83

Ellie Edelhoff USA
34, Archbishop Mathias Avenue
Chennai 600 028 434 3713

Isabelle Badrinath France
2/2, Cenotaph Road 2nd Lane
Teynampet
Chennai 600 018 432 7191

EXECUTIVE COMMITTEE 2001 - 2002

THE BOARD

PRESIDENTS

Rani Chada 234 4233, 232 4972
Seema Sait 820 6065, 824 2244

VICE PRESIDENTS

Sushi Natraj 497 1581, 467 1796
Rathi Nilakantan 826 5250 (O) 811 3691

SECRETARIES

Gita Chandrasekaran 442 1035, 442 0235
Françoise Drown 823 0412

TREASURERS

Kusum Chadda 825 4217, 823 3751
Padma Ashok 826 7801, 827 6591

ACTIVITY CHAIRPERSONS

ARTS & HANDICRAFTS

Shalini Biswajit 433 8216, 434 0315
Sushi Goklaney 435 3714

BOOK DISCUSSION

Gayathri Krishnaswami 827 1789 (O) 826 4428
Amalya Mandava Rao 499 5434, 499 1272

COOKING SWAPSHOP

Beena Ram Mohan 6214278, 621 3923
Cherry Venkatesan 829 3436

CURRENT EVENTS

Princess Naik 441 8448, 445 3830
Bilqis Moosa 434 9934, 434 9932

HEALTH & ECOLOGY

Prithika Chary 499 7878 (O) 436 3551ext 1510
Meena Naru 825 2499

HISTORY, CULTURE & TOURS

Vidya Singh 433 8782, 435 9035
Pat Alter 811 2000

PHILOSOPHY & RELIGION

Seema Bhargava 434 3129, 435 6707
Eileen Thompson 98400-30114

MUSIC & PERFORMING ARTS

Naina Shah 432 0706
Kanokwan Sandhu 496 5556, 496 1061