



International
Women's
Association

JULY 2000

IWA NEWSLETTER

Vol. XV No. 2
CHENNAI

JULY 2000

MONTH AT A GLANCE

Tuesday	4 th July	Arts and Handicrafts Crystal Fountain - by Swarovski	10.15 a.m.
Wednesday	5 th July	Board Meeting Executive Meeting	9.45 a.m. 11.00 a.m.
Tuesday	11 th July	Music and performing Arts The secrets of Kathakali	10.15 a.m.
Thursday	13 th July	Health and Ecology Twenty-first Century Medicine	4.45 p.m.
Tuesday	18 th July	History, Culture and Tours "Thambool"	10.15 a.m.
Thursday	20 th July	Current Events The promise of E-Commerce	10.15 a.m.
Tuesday	25 th July	Founders' Day	10.15 a.m.
Thursday	27 th July	Book Discussion "Interpreter of Maladies" by Jhumpa Lahiri,	10.15 a.m.
Friday	28 th July	Cooking Swapshop Tacos a La Princesse	10.15 a.m.
Monday	31 st July	Philosophy and Religion Vaastu Shastra	10.15 a.m.

FROM THE PRESIDENTS

This month we celebrate our Founders' day, a very important day in our calendar when we remember how our organisation began. We acknowledge our Founder Members whose vision gave us IWA. As we enter our 15th year we look back on how much they have contributed to IWA, giving us our present strength.

The Presidents of each IWA year have added their own character and special touch to enrich the IWA tradition. On July 25th of every year we celebrate Founders' day in recognition of our Founder Members and Past Presidents. This year it will be our fifteenth birthday.

Our Activity Chairpersons have planned a series of interesting meetings for you this month and we hope all of you will enjoy them. There is an exciting trip coming up in August to Kerala and later on in the year to Humpi. As always, we request members to give us their valuable suggestions for meetings and also venues of reasonable cost.

We would like to say a special word of thanks to the Board and Activity Chairpersons for their active involvement in the Fellowship morning.

**JAVANTHI PRABHAKARAN
EIRA DOSHI**

BOARD MEETING

Wednesday, 5th July, 9.45 a.m.

EXECUTIVE MEETING

Wednesday, 5th July, 11 a.m.

Both meetings at
Rani Chada's
207, Defence Colony
Chennai 600 097

FROM THE VICE-PRESIDENTS

We would like to request our members to help us find venues for our meetings.

Much as we would like to expand our meetings under the leafy shade of a friendly tree, the weather is not conducive to it, and perforce we have to look for alternatives.

If you know of any auditorium / hall which is comfortable, can seat 80 - 100 people, and is reasonably priced, please do let us know. Please ask around and see if you can locate such places. It would help us, as our meetings are attracting many more members now, and they cannot be easily accommodated in homes.

KAMALA MUTHIAH
ANGELIKA MANDAIKER

A PROPOS OF OUR 'NATURE' THEME

My arms reach out to the sun, seeking warmth. But, instead I am washed in rain. The sturdy roots of my being hold me steady as the storm seems intent on my destruction. Soon a warm column of sun alights on my purple flowers causing rain drops to turn into millions of miniature rainbows. Slowly, I am warmed and invigorated by the sun's brilliancy and my soft green leaves and flower buds proudly display their beauty, which seems all the greater after weathering the storm.

The soothing light of an afternoon sun sprinkles delicate shadows around my huge trunk and roots. The pure light goes on to intermingle with my small green leaves.

Behind the shadows' curtains I hide the marks and bruises I have received from storm after storm which I have steadfastly weathered without annihilation.

Every once in awhile a crowd of men surrounds me, tearing away a bit of my life as they cruelly cut away my sturdy branches... And I am sad.

But, soon they leave and the sweet sound of children's voices draws closer. In no time at all they are scrambling all over me, shouting with glee... And I am happy.

Heather Dozier - Home Page Internet

ARTS AND HANDICRAFTS

Tuesday, 4th July, 2000 - 10.15 a.m.

At: Sharmila Ramji's
9, Valliammai Achi Street
Kotturpuram
Chennai 600 085



Crystal Fountain - by Swarovski

Swarovski is internationally renowned for high quality, perfectly polished crystal products for the most diverse decorative areas. Brand lines such as Daniel Swarovski, Swarovski Jewellery and Silvery Crystal are hard and fast concepts to many consumers. On the other hand, only few purchasers are aware that Swarovski has been at the forefront of the international field for over 100 years as a manufacturer of jewellery stones and components for the textiles, accessories & jewellery industries.

Sunita Agarwal of Swarovski will take us into this rainbow-tinted world of Swarovski where crystal is no longer fascinating as a purely decorative element, it is the substance of crystalline visions.

**SHARMILA RAMJI
KYOKO KASHIMA**

MUSIC AND PERFORMING ARTS

Tuesday, 11th July, 2000 - 10.15 a.m.

At: Indira Dutt's
The KCP Limited
Ramakrishna Buildings
2 Dr. P.V.Cherien Crescent (near Ethiraj College)
Egmore, Chennai 600 008



THE SECRETS OF KATHAKALI

Kathakali has always seemed to be full of secrets, mysterious and fascinating. A three hundred year old dance form, with a high degree of stylization, in which the artists train their bodies as if they were made of malleable rubber and every inch of the dancer, every muscle and facial nerve is used to express emotion and passion.

Today we are privileged to have the highly respected Professor A. Janardhanan, senior professor of Bharata Natyam and Kathakali at Kalakshetra college of Fine Arts, share with us some of the secrets of this ancient dance. He will focus particular attention on the eye and hand movements of the form.

**GITA CHANDRASEKARAN
ANN MORADIAN**

HEALTH AND ECOLOGY

Thursday 13th July, 2000 - 4.45 p.m.

At : Shobana Reddy's
"Sree Latha"
4, 4th Street
Rutland Gate
Chennai 600 006



Twenty-first Century Medicine

As we enter the 21st century, there is a dramatic change in the way medicine is practiced. This change started in the last decade of the last century, and will accelerate at a much faster pace in the next decade. We will find that medicine will be dependant more and more on technological diagnosis and therapeutic methods, and less and less on the clinical acumen of the practicing doctor.

Ophthalmology is one such branch of medicine which will put into practice these rapid changes. Even now, the prescription of glasses play a significant portion of an eye doctor's practice. In the near future machines may be available which would at the same time record a photograph of the patient's eye and even the retina, compare them with normal photographs in its database, and indicate if anything abnormal was detected, and advice further check up by a qualified specialist. These machines would also screen for glaucoma and changes in the retina from diseases like Diabetes and BP. Modern technological advances have shown that it is possible to transplant electronic chips into the eye and connect them to parts of the brain responsible for vision. Dr. Babu Rajendran will enlighten us on a new dimension to visual recovery.

NAINA SHAH
SUZANNE PLANTENER

PLEASE NOTE THE CHANGE OF TIME.



CONDOLENCES TO

- Seema Sait on the demise of her mother- in-law.

HISTORY, CULTURE & TOURS

Tuesday, 18th July, 2000 - 10.15 a.m.

At: Le Gallery,
Khader Nawaz Khan Road
Nungambakkam - 600 034



"THAMBOOL"

Thambool, no meal is really complete in an Indian Home without Thambool. Many other Asian countries also have this tradition.

The Crafts Council of India, collected and presented an exhibition of craft objects connected to Thambool, in collaboration with the Crafts Council in Malaysia at Kuala Lumpur last year.

Sharan Apparao, was the curator of this exhibition and she will present "Thambool tradition" to us.

VISALAKSHI RAMASWAMY
ARUNA VIJAYKUMAR

CURRENT EVENTS

Thursday, 20th July, 10.15 a.m.

At: C.P. Art Center (Upstairs)
1 Eldams Road
Chennai 600 018



THE PROMISE OF E-COMMERCE

The IT industry is sizzling, fortunes are being made overnight and cryptic terms, such as B2B, B2C and C2C, are on their way to becoming part of our daily vocabulary, all thanks to the explosive growth of the internet and its intensive bonding with business. That's the media hype, but what's really going on? Is e-commerce merely the latest fad? If e-commerce is here to stay, how will it change the way we go through life? Are dot com companies going to survive beyond the initial bouts of enthusiasm?

Mr. S. Mahalingham, Executive Vice President, Tata Consultancy Services, and a key member of the TCS management team from its pioneering days, will share his insights on the phenomenon of e-commerce, particularly as it relates to the Indian scene.

Please Note: As seating is limited to 60 persons, members are requested to warn in, mornings to Javanthi at 641-1579, or afternoons to Pat Alter at 827-3040.

KUSUM CHADDA
PAT ALTER

FOUNDERS' DAY

Tuesday, 25th July 2000 - 10.15 a.m.

At: Park Sheraton
Chamiers Road
Chennai 600 028

On Founders' Day we celebrate the memorable day when Nirmal Sheshadri and Nancy Dean our Founder Presidents got together with Lakshmi Padmanabhan, Saroja Ramamrutham, Anneliese Hazari, Sunita Shahaney and Rewa Singh to follow a dream and IWA became a reality. It was a day when friendships were formed into lasting relationships and IWA was born.

It promises to be a morning of entertainment where you can join us in cutting the cake in celebration of our 15th birthday!

JAVANTHI PRABHAKARAN

EIRA DOSHI

BOOK DISCUSSION

Thursday, 27th July, 2000 - 10.15 a.m.

At: Vidya Singh's
10, Sathyanarayana Avenue
Boat Club Road
Chennai 600 028



"INTERPRETER OF MALADIES" by Jhumpa Lahiri

Jhumpa Lahiri's elegant stories tell the lives of Indians in exile, of people navigating between the strict traditions they have inherited and the baffling new world they must encounter every day. She is the first Indian writer to win the Pulitzer prize and even more remarkable is the fact that she won with her first published collection of short stories.

The book will be reviewed by Mrs. Nirmala Laxman, Joint Editor of The Hindu.

There are three copies of the book to be circulated. However, we also have reviews of the book, for those who do not have time to read it.

These are available from

Vidya Singh	- 4359035, 4338782
Ingrid Charlton-Briggs	- 8241878
Kamala Prasad	- 6262035

**VIDYA SINGH
INGRID CHARLTON-BRIGGS**

COOKING SWAPSHOP

Friday, 28th July, 2000 - 10.15 a.m.

At: La Princesse
17, 1st Main Road
Gandhi Nagar
Chennai 600 028
(On top of Food World 1st Floor)



TACOS A LA PRINCESSE

Harpreet Bedi, better known as Nannu the proprietress of the newly opened restaurant will show us how to make the tacos shells and the accompaniments that go with it.

**FAZEELA NURDEEN
SUSHI GOKLANEY**

PHILOSOPHY & RELIGION

Monday, 31st July, 2000 - 10.15 a.m.

At: The Russian Cultural Centre
27, Kasturi Ranga Road
Chennai 600 018



VAASTU SHASTRA

Wish to live in a space that's in harmony with the laws of the universe? Then look to Vaastu - the classical Indian treatise on architecture.

Listen to, and ask Sashikala Ananth, an accomplished architect, author and teacher, about this coming together of design concept and philosophy. Not as a quick fix for your misfortunes, but to understand it as a highly evolved science and art that can marry modern knowledge with ancient wisdom.

Sashikala has spent 20 years studying traditional materials and building styles. She has used both, in diverse projects all across the country. Vadivam is her 'holistic' architectural consultancy.

**LALITHA KRISHNAN
SEEMA SAIT**

WORKSHOP ON FLOWER MAKING

Due to popular demand and as a follow up of NORINI MAZLANS demonstration on the art of flower making held in August '99, - a hands-on workshop will be held on Tuesday 1st August. Interested members may warn in with payment to Sharmila Ramji at 4471200 or Kyoko Kashima at Telefax No.8279020 by 20th July.

Charges - Rs.200/- with Lunch included

Time - 10 a.m. to 4 p.m.

As only 15 members can be accommodated, preference will be given on 'first come first served' basis.

**SHARMILA RAMJI
KYOKO KASHIMA**

IWA - SOUTH MALABAR SAFARI

We are organizing a trip to Kerala in August. Itinerary and the cost for the trip is detailed below. Please check in before 15th July, with an advance payment of Rs.5,000/- to enable us to book your travel, stay etc.

- Tue 15 Aug : Depart Chennai by Mangalore Mail
- Wed 16 Aug : Arrive Calicut - stay at Kappad Beach Resort
- Thu 17 Aug : Trip to Kannur (Cannanore) visit - Forts, Temples, Snake park, Drive-in-Beach, Heritage Home, Antique Furniture shops etc.
- Fri 18 Aug : Check-in to Malabar House Boat for a full day Cruise.
- Sat 19 Aug : Trip to Vithiri hills - 2600 feet above sea level. Visit Pookot lake, Plantations of tea, coffee & spices, Soojippara water falls etc. Stay at Vithiri Resort
- Sun 20 Aug : After lunch depart for Calicut to Board Madras Mail.

Tour Cost: Rs.9000/- per person

Tour cost includes train fare, local transports, accommodation and food.

We are also planning 3 more trips during this year;-

October - trip to Humpi

December - trip to Hyderabad or Sri Lanka

Jan/Feb - trip to Tanjore, Chettinad, Chidambaram, Pondicherry

VISALAKSHI RAMASWAMY
ARUNA VIJAYKUMAR



WELCOME TO

Jaqueline Hellersperk
9, Casuarina Drive
Neelangarai
Chennai 600 041

Indian

Tel. No.

(R) 4490499



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4312526

Seema Sait
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Chennai 600 034
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8242244

Jennifer Ramachandran
F1, Palani Towers
31, Venkatanarayana Road
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Chennai 600 017
Tel:

4356816 / 6289780



CHANGE OF TELEPHONE NUMBER

Sharmila Ramji

447 1200

EXECUTIVE COMMITTEE

THE BOARD

2000-2001

PRESIDENTS	: Javanthi Prabhakaran	(R) 6411579
	: Eira Doshi	(R) 4911126
VICE - PRESIDENTS	: Kamala Muthiah	(R) 6411141/6411142
	: Angelika Mandaiker	(O) 8553821/8553861
		(R) 6461265
SECRETARIES	: Rani Chada	(R) 2344233/2324972
	: Rathi Nilakantan	(R) 8260744/8265250
		8213691
TREASURERS	: Kamala Prasad	(R) 6262035/6283809
	: Maureen Thadani	(R) 4913194

ACTIVITY CHAIRPERSONS

ARTS AND HANDICRAFTS	: Sharmila Ramji	(R) 4422414
	: Kyoko Kashima	(O) 8279020
BOOK DISCUSSION	: Vidya Singh	(R) 4338782/4359035
	: Ingrid Charlton-Briggs	(R) 8241878
COOKING SWAPSHOP	: Fazeela Nurdeen	(R) 6260674/6216561
	: Sushi Goklaney	(R) 4353714
CURRENT EVENTS	: Kusum Chadda	(R) 8254217/8233751
	: Pat Alter	(R) 8273040
HEALTH AND ECOLOGY	: Naina Shah	(R) 4320706/4320564
	: Suzanne Plantener	(R) 4901613
HISTORY, CULTURE AND TOURS	: Visalakshi Ramaswamy	(R) 4939829
	: Aruna Vijaykumar	(R) 8271284/8272732
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	: Ann Moradian	(R) 4331582/4356243
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