



International
Women's
Association

NOVEMBER 1999



The Board



and

Executive Committee

Wish

All IISA Members

A HAPPY & PROSPEROUS

DIWALI



IWA NEWSLETTER

Vol. XIV No. 5
CHENNAI

NOVOBER 1999 MONTH AT A GLANCE

Friday	5th Nov	Board Meeting Executive Meeting	9.30 a.m. 11.00 a.m.
Thursday	11th Nov	Cooking Swapshop Gujarati Jaman	10.15 a.m.
Tuesday	16th Nov	Health and Ecology Cancer - The dos and don'ts	10.15 a.m.
Friday	19th Nov	Current Events The Indian Political Scene - Yesterday and Today	10.15 a.m.
Tuesday	23rd Nov	Music and Performing Arts Perspectives in Motion - Contemporary Dance	10.15 a.m.
Thursday	25th Nov	History, Culture and Tours A Malay Wedding	5.30 p.m.
Friday	26th Nov	Current Events Making of a Model	10.15 a.m.
Tuesday	30th Nov	Philosophy and Religion Living in Meditation	10.30 a.m.

FROM THE PRESIDENTS

A Happy Diwali to all IWA members and their families. Wishing you a very prosperous, fulfilling and peaceful year ahead.

We are planning ahead, and this month we would like to give you advance notice of our plans for the IWA Woman of the Year Award. We welcome nominations supported by full biodata of your nominee. We have also given the category for the Girl Child of the Year Award. Please send in your nominations.

Your Executive Committee looks forward to your continuing support and involvement with IWA.

HAPPY DIWALI

**GAYATHRI BEWOOR
CHANDRIKA CHIDAMBARAM**

BOARD MEETING

Friday, 5th November, 9.30 a.m.

EXECUTIVE MEETING

Friday, 5th November, 11 a.m.

Both Meetings at:
Catherine Brunet's
33/1, Poes Garden
Chennai 86

There is no pillow so soft as a clear conscience.

Wise men learn by the mistakes of others, fools by their own.

WOMAN OF THE YEAR AWARD - 1999-2000

The presentation of the Woman of the Year Award each year has become the highlight of the IWA calendar. Our past President, Nirmal Mirza, instituted this prestigious award. In the past years, IWA has honoured exceptional women in various fields such as Education, Performing Arts, Social Work, Technology, etc.

This year we would like to choose a woman, who has with the might of her pen, slowly and gently brought about a subtle and gradual change in women's thinking and their social obligations, their awareness of themselves as individuals and the realization of their full potential, proving that the pen is mightier than the sword.

We invite all IWA members to select a woman writer from the four southern states of India, who helped create this change in women. This year we will recognise the power of the pen and women's writing.

PLEASE SEND IN YOUR NOMINATION BY 31ST DECEMBER.

GIRL CHILD OF THE YEAR AWARD - 1999-2000

The Girl Child of the Year Award was instituted by Dr. Prithika Chary in 1998. The award is given in appreciation and encouragement to a girl child between 12 and 18 years, who is an achiever in any sphere inspite of illness or disability. This year the Award will go to a child with a Cardiac Disorder and has proved to be an achiever. This is the 3rd year of this award. In the 1st year the Award was given to a girl with Downs Syndrome and in the 2nd year, the Award went to a girl who had undergone renal transplant.

PLEASE SEND IN YOUR NOMINATION BY 31ST DECEMBER

FOR YOUR INFORMATION

Just the way to pep up your spirits the night before Diwali!

Come to the Music Academy on November 6th evening at 7 p.m. and let yourself unwind, as you listen to lilting Swedish folk music.

Pick up your tickets at the Music Academy. What's more, the tickets are FREE!!! Tickets are available from November 1st onwards.

FROM THE TREASURERS

Just a reminder to all members

- ◆ Please write your assigned code number in the first column of the register. Follow it up with your name in Block Letters and signature.
- ◆ If you have any doubts about your code number, please get in touch with one of us or any of the Activity Chairpersons.
- ◆ Please remember that you must complete a minimum of 7 meetings by December, 1999.
- ◆ If you need a name badge, do get in touch with us immediately.

RATHI NILAKANTAN
KAMALA PRASAD

WOMEN OF THE MILLENNIUM - MARIA CALLAS (1923 - 77), THE GREATEST THEATRICAL MUSICAL ARTIST OF OUR TIME (INDEED, SOME WOULD SAY, OF ALL TIME.)

For well over a decade, soprano Maria Callas dominated the opera stage, setting new standards with the dramatic power of her voice, the force of her acting and the intelligence and knowledge that fortified her musicianship. She made her Athens debut at the age of 18, as *Tosca*. Americanborn of Greek descent, she was refused a contract with the Metropolitan Opera Company in 1945 because she weighed 210 pounds! She went to Italy and became "MARIA! La Divina!" one of the most revered opera singers of memory. Finally she debuted at the New Lyric Theatre in Chicago, 1954, and opened the Metropolitan's 1956-57 season in an unbelievable triumph. Callas won her greatest acclaim, however, for her revival of the extraordinarily difficult *bel canto* operas by Donizetti and Bellini. *Norma* was her most impressive *bel canto* role.

A singer of rare authority, Callas always conveyed a sense of artistic rightness, even when her voice grew noticeably flawed in the last years of her public career. She was notorious for her "temperament." Her private life attracted constant attention - and this, as well as her voice's increasing deficiencies, may have persuaded her to retire early, in 1965, Callas, dead at 53, blazed through the skies and was burned out very early. But what years those were!

Through the magic of audio recordings, her once superb voice that vibrated with emotion like no other before or since, will never die.

COOKING SWAPSHOP

Thursday, 11th November, 10.15 a.m.

At : Meenakshi Arunachalam's
Chamundeswari Baugh
1, Bishop's Garden
Off Greenways Road
Chennai 28



GUJARATI JAMAN

India is a vast land and not surprisingly the variation and diversity is reflected in the different styles and practices of cooking. Moreover, a significant proportion of the population being vegetarian, India has no equal in the field of vegetarian cooking.

Gujarat is an exotic part of India where tradition is a sacred trust, which they cherish and nourish even today. Authentic Gujarati *jaman* will be demonstrated by our own members.

NO GUESTS PLEASE

NAINA SHAH
FRANCOISE DROWN

-
- ◆ Our thanks to Sadiya Khaleel, who was a group hostess for the film *Shajahanabad*
-

- ◆ Our sincere thanks to the ladies who hosted the Music and Performing Arts Meeting on 1st October.

Nalini Acharya
Urmilla Agarwal
Pam Bates
Susan Cotton
Henry De Groote Paauwe
Francoise Drown
Franca George
Shirley Johnson
Iset Meijers
Anupama Pasari

Bernadette Macdonald Ragget
Sharmila Ramji
Rekha Rangaraj
Maya Reddy
Urmilla Reddy
Rita Saldanha
Sheela Sarath
Pam Turner
Hennie Vis

HEALTH AND ECOLOGY

Tuesday, 16th November, 10.15 a.m.

At: Beena Ram Mohan's
Ragam
Y-216, 2nd Avenue,
Anna Nagar, Chennai 40



CANCER - THE DOS AND DON'TS

Dr.Sanjay Chandrasekhar, M.D., D.M.R.T., Consultant Radiation Oncologist at CANRAY, Centre for Cancer Care, will give us an insight into the common causes for cancer with special reference to Indian conditions. The talk will highlight screening measures that help in the early detection of this dreaded disease. Apart from the various methods of treatment available, Dr.Sanjay will also focus on diet modulation and protection of one's environment to prevent cancer.

His wife, Dr.Shanthi Sanjay, Consultant Gynaecologist at E.V.Kalyani Medical Centre, will talk briefly on Hormone Replacement Theory (HRT): the state of the art to improve the quality of life of women above fifty. The discussion will help to create an awareness and dispel any fears about this much talked about subject.

**FAZEELA NURDEEN
SUSHI GOKLANEY**

◆ Our thanks to Ponchie Kanwar and Sushu Goklaney for sponsoring the sound arrangements for our September meeting.

We wish to thank Sunita Shahaney, Founder Member and Past President, for the very interesting and educative Design Workshop, and the trip to Ooty and Coonoor that followed it. It was the first of its kind held in IWA and the members who participated found it both enjoyable and inspiring.

**KUSUM CHADDA
ELIZABETH HERRIDGE**

**RADHA SESHADRI
LALINI GAUTAMADASA**

CURRENT EVENTS

Friday, 19th November 1999, 10.15 a.m.

At: Bilkis Moosa's
19, Cenotaph Road
2nd Lane, Chennai 18



THE INDIAN POLITICAL SCENE - YESTERDAY AND TODAY

Mr.A.Vamanan, Member of the General Council and Executive Council of the Tamil Maanila Congress will be talking to us on the subject of the changing political scenario from the time of Independence till today, with special emphasis on the political scene in Tamil Nadu. Mr.Vamanan has been a member of the Congress Party since 1967 and is an active member of the Tamil Maanila Congress since its inception in 1996.

This subject is particularly relevant now, in view of the recent General Elections in India.

**RANI CHADA
BERNADETTE MACDONALD RAGGETT**

MUSIC AND PERFORMING ARTS

Tuesday, 23rd November, 10.15 a.m.

At : The Music Academy Mini Hall
TTK Road
Chennai 14



PERSPECTIVES IN MOTION - CONTEMPORARY DANCE

This is a New York based performance company. Their focus is on how the human experience is expressed through movement, and on how movement, in its many forms becomes dance. Ann Moradian, Artistic Director and Principal Choreographer of Perspectives in Motion, has conducted dance workshops and taught at universities around the world, including the Delhi School of Music.

Dance artists David Bellarose, Joan Mullen and Deirdre Smith will be performing along with Ann in a programme which will give expression and energy through body movements to translate themes into visual treats.

**SAROJA RAMAMRUTHAM
ELEANOR DARUWALA-NITZCHE**

HISTORY, CULTURE AND TOURS

Thursday, 25th November, 5.30 p.m.

At: Sandesh
Hotel Savera
69, Dr.Radhakrishnan Salai
Chennai 14



A MALAY WEDDING

Norini Mazlan invites us to attend a Malay wedding ceremony, not in Malaysia but here, in Chennai. Observe as Norini walks us through the various steps leading to the wedding. Afterwards experience the pomp, the drum beat, the music and the various colourful rituals and rites of the wedding itself on screen and on stage. We will also be entertained by traditional Malay dances performed by Malaysian children in Chennai.

Come as you are certain to be entertained.

GUESTS ARE WELCOME

**RADHA SESHADRI
LALINI GAUTAMADASA**

CURRENT EVENTS

Friday, 26th November, 10.15 a.m.

At: Ffolio
27, Khader Nawaz Khan Road
Nungambakkam
Chennai 6



MAKING OF A MODEL

Prasad Bidappa runs Design and Print Group situated in Bangalore, and he specializes in the grooming of budding fashion models. In fact, he has been responsible for the grooming of several former Miss Indias such as Rani Jayraj, Nafisa Joseph, Sandya Chibb and Shweta Jaishankar. He has also trained and groomed popular male models like Zulfi Syed, Tarun Arora and Balbir.

We are fortunate to have Prasad with us to talk to us on fashion, personal grooming and styling. This will end with a short fashion show.

FOR MEMBERS ONLY

**RANI CHADA
BERNADETTE MACDONALD RAGGETT**

PHILOSOPHY AND RELIGION

Tuesday, 30th November, 10.30 a.m.

At: Samrit Ashram
Mahabalipuram Road
Uttandi Village, Perungudi
Chennai 96
Tel.No: 4490338



LIVING IN MEDITATION

Living in a concrete jungle we call a city and struggling and running to cope with the endless demands of a commercial world, this visit to the tranquil and beautiful environment of SWAMI SHRI SUDHANANDJI MAHARAJ's ASHRAM will provide an ideal opportunity to "get away from it all"; to remind ourselves of our "selves", an exercise which is absolutely essential from time to time.

Sudhanandji's talk on LIVING IN MEDITATION will be followed by lunch at the ashram.

NOTE:

- ◆ An R.S.V.P. is compulsory for this meeting.
- ◆ There will be TWO pick up points for members who would like to be provided with transport: Hotel Taj Coromandel, Nungambakkam and Park Sheraton, Adyar. Members are requested to be present at these points BY 9.30 A.M. SHARP
- ◆ GUESTS will be welcome at an extra charge of Rs.100/- (towards lunch only). No entrance charge.

TO REACH THE ASHRAM ON YOUR OWN

- ◆ Take the Thiruvanniyur Road towards Mahabalipuram (East Coast Road)
- ◆ After passing Golden Beach Resort, you will also pass the Poonga Resort and Arts & Science College on your RIGHT after about 5kms.
- ◆ 50 yds. after this, and on your LEFT, the Nainarkuppam Bus Stop will be seen.
- ◆ Turn left into the lane, next to the bus stop. The Ashram is on the left.

SPECIAL TRIPS NEED SPECIAL EFFORT. NO PAIN, NO GAIN! So, we look forward to an overwhelming response.

R.S.V.P.: Mr.Raja at 8257198 / 8257145 between 8.00 a.m. and 1.00 p.m. (Monday to Friday)

**SUREKHA KOTHARI
MEYYAMMAI MURUGAPPAN**



WELCOME TO

Pat Alter
River House
1, Turnbolls Road Extn.
Chennai 600 035
Tel :

American

8273040

Biteena Frazier
32, Archbishop Mathias Road
Chennai 600 028
Tel :

American

98410-46964

Ann Moradian
8, Turnbolls Road Extn.
Chennai 600 035
Tel :

American

4331582 / 4356243

Susanne Plantener
2, Bayview Drive
Kottivakam
Chennai 600 041
Tel :

Danish

4901613



*Brightness is more important than cleanliness, because brightness is about the heart,
and cleanliness is only about soap!*

Tony Ross





CHANGE OF ADDRESS

Lily Madhok
Flat 1A
Palm Terrace
11, South Mada Street
Shrinagar Colony
Chennai

Shantha Prasad
R64-12th Street
Anna Nagar
Chennai 600 040



CHANGE OF TELEPHONE NUMBER

Christine Barnhard	4490444
Lily Madhok	2200222 / 2300464
Shantha Prasad	6222520
Daksha Sheth	(R) 4753623 / 4754356 (O) 5381629 / 538723

An apple landing on his head set Isaac Newton thinking, but it would have been a different tale had it been a coconut.

EXECUTIVE COMMITTEE

THE BOARD

1999-2000

PRESIDENTS	: Gayatri Bewoor	(R) 8264035
	: Chandrika Chidambaram	(R) 4611253
VICE - PRESIDENTS	: Javanthi Prabhakaran	(R) 6411579
	: Catherine Brunet	(R) 4992273
SECRETARIES	: Kamala Muthiah	(R) 6411141/6411142
	: Sue Williams	(R) 4341595
TREASURERS	: Kamala Prasad	(R) 6262035
	: Rathi Nilakantan	(R) 8260744/8265250

ACTIVITY CHAIRPERSONS

ARTS AND HANDICRAFTS	: Kusum Chadda	(R) 8254217/8233751
	: Elizabeth Herridge	(O) 8261124
BOOK DISCUSSION	: Shalini Virmani	(R) 4341047
	: Nalini Panday	(R) 4933773/4935338
COOKING SWAPSHOP	: Naina Shah	(R) 4320706/4320564
	: Francoise Drown	(R) 8230412
CURRENT EVENTS	: Rani Chada	(R) 2344233
	: Bernadette Macdonald Raggett	(R) 2300715
HEALTH AND ECOLOGY	: Fazeela Nurdeen	(R) 6260674/6216561
	: Sushi Goklaney	(R) 4353714
HISTORY, CULTURE AND TOURS	: Radha Seshadri	(R) 4913820
	: Lalini Gautamadasa	(R) 6412868/6411654
MUSIC AND PERFORMING ARTS	: Saroja Ramamrutham	(R) 4915549
	: Eleanor Daruwalla-Nitzche	(R) 4970127
PHILOSOPHY AND RELIGION	: Surekha Kothari	(R) 8257145/8257198
	: Meyyammai Murugappan	(R) 4348207