



International
Women's
Association

JULY 1996

IWA NEWSLETTER

Vol. IX No. 2
CHENNAI

JULY 1999

MONTH AT A GLANCE

Tuesday	2 nd July	Board Meeting Executive Meeting	9.30 a.m. 10.45 a.m.
Tuesday	6 th July	Arts and Handicrafts Creating with clay at Oshin	10.15 a.m.
Thursday	8 th July	Current Events HIV and surviving AIDS	5.00 p.m.
Thursday	15 th July	Book Discussion Film: Shakespeare in Love	5.00 p.m.
Tuesday	20 th July	Health and Ecology Aging gracefully	10.15 a.m.
Thursday	22 nd July	History, Culture and Tours Musings on Indian English	10.15 a.m.
Monday	26 th July	Founders' Day	10.15 a.m.
Tuesday	27 th July	Cooking Swapshop Chettinad cooking	10.15 a.m.
Thursday	29 th July	Philosophy and Religion Communication - the Philosophy for success	10.15 a.m.

FROM THE PRESIDENTS

Dear Members,

The Fellowship Morning turned out to be a very beautiful occasion bringing in another eventful IWA year. Our new members were introduced. We welcome them to IWA. A special thanks to all our Board Members and Activity Chairpersons for organising this lovely morning for us and to Javanthi who was the main Co-ordinator.

We are back to a normal IWA month in July, filled with a variety of interesting meetings.

Founders' Day is being celebrated on the 26th of July at Adyar Park Sheraton Hotel. Do not miss this important meeting, as the entertainment will feature our very own talented members.

**GAYATRI BEWOOR
CHANDRIKA CHIDAMBARAM**

BOARD MEETING

Tuesday, 2nd July, 9.30 a.m.

EXECUTIVE MEETING

Tuesday, 2nd July, 10.45 a.m.

**Both meetings at
Kamala Muthiah
5, Raja Annamalai Road
Chennai 84**



CONGRATULATIONS TO

Shakunthala Jagannathan for the release of her Book *Sir C.P. Remembered*.

FROM THE SECRETARIES

In our last newsletter we had asked members for their Fax number and E-Mail address. However on thinking about it, the Executive Committee has come to the conclusion that including the fax number and e-mail address in the directory would be a needless intrusion of privacy. As such, we will keep the fax number and e-mail address in our database, but will not put it in the newsletter or in the directory.

**KAMALA MUTHIAH
SUE WILLIAMS**

WOMEN OF THE MILLENNIUM- RIGOBERTA MENCHÚ, THE YOUNGEST RECIPIENT OF THE NOBEL PEACE PRIZE

"What I treasure most in life is being able to dream. During my most difficult moments and complex situations, I have been able to dream of a more beautiful future."

Rigoberta Menchú Tum is a Guatemalan leader internationally known for her work in the promotion of the defense of human rights, peace and Indigenous Peoples' rights. She received the Nobel Peace Prize in 1992, becoming the first Indigenous and the youngest person ever to receive this distinction. She was born in 1959 in the village of Chimel, Guatemala, a community continuing the millennium-old Maya-Quiché culture. In her youth she worked in the fields and later in the city as a domestic employee. She lived in the midst of the injustice, misery and discrimination suffered by the Indigenous People of Guatemala. Various members of her family were tortured and assassinated by the repressive armed forces. Persecuted, Rigoberta was exiled to Mexico in 1980. She became an active political worker in human rights groups as well as in the defense and promotion of the rights and values of Indigenous Peoples. Through her work, Rigoberta has received world wide recognition and several honorary doctorates. In 1993, she was nominated by the United Nations as Goodwill Ambassador for the International Year of the Indigenous Peoples.

ARTS & HANDICRAFTS

Tuesday, 6th July, 1999, 10.15 a.m.

At: Sherien Ryan's
15, East Avenue
Off Greenways Road
Kesava Perumalpuram
Chennai 28



CREATING WITH CLAY AT OSHIN.

Oshin is the conception of 2 artists Santhosh and Nita. Weaving clay with jute, cane, wood, cork, copper and even leather, this young couple have moulded exquisite urns, pots, sculpture, table ware, murals and panels. Santhosh and Nita will share with us their gutsy journey from lucrative careers in media and computers to take up pottery.

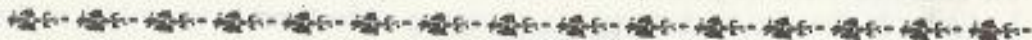
**KUSUM CHADDA
MICHELLE KUNG**



Those who find ugly meanings in beautiful things are corrupt without being charming. This is a fault.

Those who find beautiful meanings in beautiful things are the cultivated. For these there is hope.

OSCAR WILDE



CONDOLENCES TO

Katy Madan on the demise of her husband D.B. Madan.



CONGRATULATIONS TO

Dr. Shiela Rajaratnam for being inducted to the Planning Board, Mother Theresa University.

CURRENT EVENTS

Thursday, 8th July, 1999, 5.00 p.m.

At: Indira Dutt's
 The K.C.P. Ltd. "Ramakrishna Buildings"
 No.2, Dr.P.V.Cherian Crescent
 Near Ethiraj College
 Egmore
 Chennai - 8



HIV AND SURVIVING AIDS

Dr.Suniti Solomon, who is presently Director of the YR Galtonde Centre for AIDS Research and Education (YRG CARE) documented the first evidence of HIV in India in 1986. She has been working in this field since then.

Her organisation offers Health Education on HIV / AIDS, STDs and Adolescent Sexology. She also offers voluntary Counseling and Training and medical and psychosocial support through a continuum of integrated care for those living with HIV or otherwise affected by it. Dr.Solomon is a Consultant in India and abroad.

In all her work, Dr.Solomon strives to build confidence in individuals, families and the community to cope with HIV and to live with dignity. Her efforts have also helped in putting aside the stigma associated with these diseases.

Dr.Solomon, in association with Mr.Zachariah Samuel, who is a producer and director of films, has worked closely on the concept of projecting the proper perspective of this disease in the form of telefilms based on real life cases.

Dr.Solomon will be with us in person and will give us an insight into the complexities associated with the disease and its impact on individuals and society. We will also be screening her telefilm on AIDS Awareness.

Mr. Zachariah Samuel, Producer / Director of these films will also be present.

All are welcome

**RANI CHADA
BERNADETTE MACDONALD RAGGET**

MUSIC AND PERFORMING ARTS

Tuesday, 13th July, 10.15 a.m.

At: Saroja Ramamrutham's
Beach Court
47, Arundale Beach Road
Kalakshetra Colony
Chennai 90



MUSIC (THE MORNING MOOD)

Dr. Lakshmi Sriram is a classical vocalist in the Hindustani tradition. Learning from eminent Gurus like Madhubala Chawla, Pandit Vasanth Rao Kulkarni and now Pandit Baban Rao Haldankar has made Lakshmi proficient in this very melodic music system. She has been performing for many years now, on stage and on AIR. The Madras Music Academy invited her to perform in their last December festival.

She is currently Project Director at 'Sampradaya', an institution for Research and Documenting Carnatic music. Here is a young south Indian who has mastered Hindustani Classical music. We shall be getting a glimpse of Lakshmi's talent, which will set the mood for our morning of music.

**SAROJA RAMAMRUTHAM
ELEANOR DARUWALLA-NITZCHE**

CITIZENS' RUN organised by the Citizens Run Trust, Chennai

Date: July 18th, 1999

Time: 4.00 p.m.

Starting point: Gandhi Mandapam

Ends at Gandhi Statue on the Marina

NGOs to be supported this year will be: Arawe, Vasantham, Samarpana, Andhra Mahila Sabha Home for the Aged Welfare Foundation for the Blind.

Citizens' Run T-Shirts are available at Karna Prayag, 7, Raja Krishna Rao Road, Chennai 18.

All are welcome to be present at the Citizens' Run

BOOK DISCUSSION

Thursday, 15th July, 5.00 p.m.

At: Suprageet Theatre
T.T.K.Road
Next to Mowbrays Inn
Chennai 14



SHAKESPEARE IN LOVE - OSCAR AWARD WINNER

Life is not a Tempest
Nor a Midsummer Night's Dream
It is but a Comedy of Errors
So live it As You Like It!

For our 1st meeting we bring you, **JOHN MADDEN's, - SHAKESPEARE IN LOVE**, the film which has won 7 Oscars including Best Actress for Gwyneth Paltrow. A love story with humour, romance and intelligence - we hope you will enjoy the stellar performances in this film on the BARD. Members are requested to be seated by 4.45 pm to enable us to start the film in time.

SHALINI VIRMANI
NALINI PANDEY

COOK BOOK

The Cook Book makes a wonderful gift - it is more economical than even a basket of flowers. So next time you want to make a gesture, "**say it with a cook book instead of flowers**". Some members have volunteered in different locations of Chennai to keep the cookbooks. They are Alagu Muthu, Sunita Shahaney, Usha Chandra Kumar, Poonam Lalchand, Beena Rammohan, Gayatri Bewoor, Chandrika Chidambaram, Radha Seshadri, Naina Shah Lalini Gautamadasa and Kamala Prasad.

GROUP HOSTESSES

Most of you have written in your membership renewal form that you would like to be a group hostess. The Activity Chairpersons will contact you for a contribution between Rs.200 - Rs.300 once a year. This will not include those members who host meetings at their home or other venues.

Thank you members for your cooperation and participation.

HEALTH AND ECOLOGY

Tuesday, 20th July, 10.15 a.m.

At: Irene Pruller Dass
26, Poes Garden
Chennai 86



AGING GRACEFULLY

No panacea has yet been discovered for growing old. But wouldn't it be wonderful to be let into a few secrets on the art of aging gracefully? Leading Gynaecologist Dr.Kurien Joseph will take us on a journey through the different stages of a woman's life and tell us how to mentally and physically cope with the changes - sometimes unkind - that time inflicts on our bodies.

FAZEELA NURDEEN
SUSHI GOKLANEY

HISTORY, CULTURE & TOURS

Thursday, 22nd July, 10.15 a.m.

At: C.P. Art Centre (upstairs)
1, Eldams Road,
Chennai 18



MUSINGS ON INDIAN ENGLISH

Mr.S.Muttiah, Editor of *Madras Musings*, the storyletter of Madras and a communication consultant, is the author of several books including *Words in Indian English* (originally titled *A Guide to Reading an English Newspaper in India*). It was the first book published in India by Harper Colins and it evolved from his several reviews of books on various aspects of Indian English.

Mr.Muthiah will muse light-heartedly on the way many of us speak without quite realising we speak an English that is characteristically our own. And that's not what Peter Sellers thought was Indian English.

RADHA SESHADRI
LALINI GAUTAMADASA

FOUNDERS' DAY

Monday, 26th July, 10.15 a.m.

At: The Park Sheraton
132, TTK Road
Chennai 18.

On Founders' Day we celebrate that memorable day when our dear Nimal Seshadri's dream became a reality. It is the day when Nimal, Nancy Dean, Anneliese Hazari, Rewa Singh, Saroja Ramamrutham, Sunita Shahaney and Lakshmi Padmanabhan gave us - ladies of different nationalities - an opportunity through IWA to meet and know each other, and form lasting friendships.

Today, we have entered our exciting 'teens' as IWA celebrates its fourteenth birthday!

Our organisation has established itself as a trend setter in Chennai. The Founders' Day entertainment offers a programme of drama and music provided by our own IWA talent. It promises to be a very special morning and we look forward to having you all there.

**GAYATRI BEWOOR
CHANDRIKA CHIDAMBARAM**

COACH TOUR TO VIEW 'THE FALL FOLIAGE' IN VERMONT, USA

Join Stina Vasu to see this tourist attraction which lasts a couple of weeks in the autumn. Stina will meet you for the coach tour starting from Boston, September 19th, 1999. The tour will take you through the Green Mountains, which at this time explodes in a firework of autumn colours. We return to Boston on 26th September. Our IWA member Ruth Lockwood has now settled in Boston. She has invited us to her home and if time permits she will take us around the city and its surroundings.

Please contact Lalini - 6412868
Radha - 4931820

**RADHA SESHADRI
LALINI GAUTAMADASA**

COOKING SWAPSHOP

Tuesday, 27th July, 10.15 a.m.

At: Seetha Muthiah's
12, Boat Club Road
"Coromandel House"
Chennai 28



CHETTINAD COOKING

Exotic dishes from Chettinad will be demonstrated by Seetha Muthiah. Come and enjoy this fascinating morning in her warm Chettinad home.

**NAINA SHAH
FRANCOISE DROWN**

PHILOSOPHY AND RELIGION

Thursday, 29th July, 10.15 a.m.

At: Meenakshi Meyyappan's
106, Santhome High Road
Chennai 28



COMMUNICATION - THE PHILOSOPHY FOR SUCCESS

What is your understanding of "communication"? Have you thought about it as an effective skill in achieving your goals? The HRD experts Ms. Sabitha Rao and Mr. Naresh Purushotham will speak on various aspects of COMMUNICATION encompassing issues such as - How to be a good listener, body language, sincerity of message, the importance of positive vocabulary, changes, perceptions, individual and group communication... The use of creativity and innovation - to infuse you with a new feeling of confidence and joy. Don't miss this rare opportunity to get both, the woman's as well as a man's perspective in a world which is increasingly transforming from a man's world into a world for **Both Men and Women**.

**SUREKHA KOTHARI
MEYYAMMAI MURUGAPPAN**



WELCOME TO

Susan Cotton

9, Boat Club Road, Ave III,
Riverview Apartments 2,
Chennai 600 028
Tel. No.

American

4330151

Janet Lewis

17, Kasturi Ranga Road,
Chennai 600 018
Tel. No.

British

4992876

Sue Plowman

1st Floor, Gayathri,
Poes Garden,
Chennai 600 086
Tel. No.

Australian

4980731



CHANGE OF ADDRESS

Indira Dutt

The K.C.P. Ltd.
"Ramakrishna Buildings"
2, Dr. P.V. Cherian Crescent
Egmore, Chennai 600 008

Sunita Shahaney

"Oakland House"
7, Adyar Club Gate Road
Chennai 600 028

Sushila Natraj

C1, "Ashok Prithvi"
87, Abhiramapuram IV Street
Chennai 600 018



CHANGE OF TELEPHONE NUMBER

Nalini Acharya

6449731 / 6477301

Indira Dutt

(O) 8228832

(R) 8271904

Sushila Natraj

4971581

EXECUTIVE COMMITTEE

THE BOARD

1999-2000

PRESIDENTS	:	Gayatri Bewoor	(R) 8264035
	:	Chandrika Chidambaram	(R) 4611253
VICE - PRESIDENTS	:	Javanthi Prabhakaran	(R) 6411579
	:	Catherine Brunet	(R) 4992273
SECRETARIES	:	Kamala Muthiah	(R) 6411141/6411142
	:	Sue Williams	(R) 4341595
TREASURERS	:	Kamala Prasad	(R) 6262035
	:	Rathi Nilakantan	(R) 8260744/8265250

ACTIVITY CHAIRPERSONS

ARTS AND HANDICRAFTS	:	Kusum Chadha	(R) 8254217/8233751
	:	Michelle Kung	(O) 2387230/31/32
BOOK DISCUSSION	:	Shalini Virmani	(R) 4341047
	:	Nalini Panday	(R) 4933773/4935338
COOKING SWAPSHOP	:	Naina Shah	(R) 4320706/4320564
	:	Francoise Drown	(R) 8230412
CURRENT EVENTS	:	Rani Chada	(R) 2344233
	:	Bernadette Macdonald Raggett	(R) 2300715
HEALTH AND ECOLOGY	:	Fazeela Nurdeen	(R) 6260674/6216561
	:	Sushi Goklaney	(R) 4353714
HISTORY, CULTURE AND TOURS	:	Radha Seshadri	(R) 4913820
	:	Lalini Gautamadasa	(R) 6412868/6411654
MUSIC AND PERFORMING ARTS	:	Saroja Ramamrutham	(R) 4915549
	:	Eleanor Daruwalla-Nitzche	(R) 4970127
PHILOSOPHY AND RELIGION	:	Surekha Kothari	(R) 8257145/198
	:	Meyyammai Murugappan	(R) 4348207