




International
Women's
Association




JULY 1996

A DECADE OF FRIENDSHIP



IWA's
Decade of
Friendship & Fellowship
1986 - 1996



IWA NEWSLETTER

Vol XI No 2
Madras

JULY 1996

MONTH AT A GLANCE

Monday	1st July	BOARD MEETING	10-15 am
Friday	5th July	HISTORY, CULTURE & TOURS Aayana '96 — A Curtain Raiser	10-15 am
Monday	8th July	EXECUTIVE COMMITTEE MEETING	10-15 am
Tuesday	9th July	BOOK DISCUSSION Jane Austen's Sense and Sensibility	10-15 am
Thursday	11th July	HEALTH & ECOLOGY PHILOSOPHY & RELIGION Yoga Today	10-15 am
Tuesday	16th July	ARTS & HANDICRAFTS Embroidery and Fashion	10-15 am
Wednesday	17th July	COOKING SWAPSHOP Teatime Snacks	3-00 pm
Thursday	25th July	MUSIC & PERFORMING ARTS Anita Ratnam's <i>"She - In Movement"</i>	10-15 am
Friday	26th July	SPECIAL GALA EVENING	6-30 pm
Saturday	27th July	MUSIC & PERFORMING ARTS Malavika Sarukkai's <i>"Srinkhala - Living Links"</i>	6-15 pm

FROM THE PRESIDENTS

Dear Friends,

It was wonderful meeting you all after the summer vacations at our Fellowship Morning at Chettinad Palace. We thank Meena Muthiah for being our gracious hostess and also Kamala Prasad for the interaction her novel and interesting idea of "Housie" created.

In continuance of our Global theme, we wish that this interaction continues, resulting in an exchange of thoughts and ideas, cultures and traditions, friendships and understanding. Let us aim at seeking and experiencing the universality that pervades us all.

As mentioned in our previous Newsletter, the month of July sees our Founders' Day Celebrations - three days of joy and fellowship, details of which can be found in the following pages. Much effort is being put in to make the celebration a most memorable one. We would greatly appreciate any help you can give us, especially in the way of sponsorship, so please come forward with your valued support.

We sincerely hope that our members will be with us as we welcome Past Presidents, Nancy Stempel and Barbara Clarkson, who will join us to celebrate 10 years of IWA's fruitful existence.

Also, do make it a point to definitely be there on all three occasions – on the 25th, 26th and 27th. Your presence will indicate how much IWA means to us all. Come, join hands, celebrate and participate to make IWA's 10th year celebrations a grand success !

**ALAGU MUTHU
POONAM LALCHAND**

FROM THE VICE-PRESIDENTS

We congratulate our Presidents on having chosen Global Unity as the theme for this year.

Global unity implies the getting together of the countries of the world and the breaking down of barricades and walls which have been dividing nations through millennia.

But let us also remember the Upanishadic aphorism - Vasudhaiva Kutumbakam - the whole world is my family, and hope that there will be a meeting of the minds and hearts of the peoples of this globe as members of one family.

Coming to IWA meetings, the Activity Chairpersons are finding it difficult to locate homes for meetings. A list of hostesses is under preparation, but for the month of August, may we appeal to hostesses who are willing to offer homes, to ring up one of the Presidents by July 4th. (Activity Chairpersons can in turn contact the Presidents.)

Our grateful thanks!

**SHAKUNTHALA JAGANNATHAN
MEGAN UTLEY**

BOARD MEETING

Monday 1st July 1996 - 10-15 am

At : Shakunthala Jagannathan's

"Ram Sharan"

222, TTK Road

Madras - 600 018

[Entrance through C.P. Art Centre,
1, Eldams Road is more convenient]

EXECUTIVE COMMITTEE MEETING

Monday 8th July 1996 - 10-15 am

At : Jayashree Prabhakar's

"Shepalika"

12, Archbishop Mathias Avenue

Crescent Street

Madras - 600 028

Activity Chairpersons -

please bring your blurbs

HISTORY, CULTURE & TOURS



Friday 5th July 1996 - 10-15 am

At : Music Academy
Mini Hall
155-E, TTK Road
Madras - 600 018

AAYANA '96 — A Curtain Raiser

The Madras Craft Foundation is presenting special programmes of dance, music, drama and craft in July in Madras — Aayana '96. The programme at IWA will be a Curtain Raiser for this series. The theme is "To dream is to live". It consists of several spectacular forms of short stories like Diversity is Strength, Friendship is Divine, Freedom means Responsibility etc. interpreted in dance forms by children of various socio-economic levels.

Ms. V.R. Devika of the Madras Crafts Foundation has kindly consented to give IWA Members an insight into the programme with a commentary.

ALL ARE WELCOME.

**KAMALA PRASAD
STINA VASU**

Wife to husband —

"I know its only sausages and beans again, dear, but I am getting lafe for my Gourmet cooking class".

Contributed by **JATINDER BAHL**

BOOK DISCUSSION

Tuesday 9th July 1996 - 10-15 am

At : Mahmooda Haja Shareef's
"Nihal", 17, Haddows Road
1st Street, Nungambakkam
Madras - 600 006



SENSE AND SENSIBILITY - by JANE AUSTEN

Born in December 1775, Jane was the seventh of the Rev. George Austen's eight children. Her style of writing is described as "Simple and quietly domestic. The reader is captivated by the delineations of everyday life, so simple and so true".

This book brings out the difference between Jane Austen's work and those of many of her contemporaries, and has been so popular that it has been made into a very successful film. To commemorate the 201st year of her birth, we look forward to an interesting morning when we discuss the views and thoughts of a bygone era.

**SHYLA K. RAU
TERESA MARY KING**

JOANNE'S FAREWELL MESSAGE

The time has come for me to leave Madras. I am very sad to have to say goodbye to this gracious city. In the three years I have lived here, I have grown to love the tree-lined streets, the green parrots in the trees, jasmine in the hair, the beach, Ganesha temples on each corner, cows in front of my car, Karnatic Music, the exquisite saris, the hot balmy nights and the lovely hospitable people. It is the people of Madras who I will miss the most. The people are what makes this city so special. I will miss my many friends in Madras.

Also, IWA provides a wonderful way to understand and learn to love India. Thank you for your friendship my dear IWA friends. Congratulations on your tenth anniversary. I hope you continue to share the wonders of India with other expatriates like me. I will miss you. Come visit me in Nairobi, Kenya! (My address - American Embassy, Post Box No.30137, Nairobi, Kenya)

JOANNE GRADY HUSKEY

HEALTH & ECOLOGY

PHILOSOPHY & RELIGION



Thursday 11th July 1996 - 10-15 am

At : Krishnamacharya Yoga Mandiram
13, 4th Cross Street
Off Sir C.P. Ramaswamy Road
R.K. Nagar, Madras - 600 028

YOGA TODAY

Yoga provides more than just exercise. Blood pressure, head ache, migraine, back problems, ulcer and menstrual problems respond easily to yoga. It is suitable for everyone regardless of age, sex, health and fitness level.

Mrs. Mala Srivatsan, Executive Trustee of the Mandiram will enlighten us on how Yoga can help us face life better.

BINA MATHEW
SEEMA SAIT

JAYASHREE PRABHAKAR
MARIKO IBARA

A SPECIAL LOGO FOR A SPECIAL YEAR

IWA has always been fortunate in its patrons, mentors and friends. Renowned artiste, THOTA THARANI, comes under that cherished category. Throughout this decade, Thota Tharani was always there whenever we sought his help and his expert guidance. For our very first IWA mega event in 1988, it was Tharani's exquisite art decor which enhanced the success of the presentation on "The lore and lure of the gems and textiles of India". In 1990, IWA's children had the unique privilege to be guided by Tharani in their artistic efforts on paper, as a rare Vidhya Aarambham on Vijayadashami day. In 1993, Tharani gave our children a memorable evening by designing the sets, decor and ambience for the celebration of Halloween. And now Tharani gives us a beautiful logo symbolising the theme GLOBAL UNITY. Within the peacock's enveloping wings is the world. The peacock is India's national bird and a perennial favourite of Madrasis. Our grateful thanks to THOTA THARANI!

NIRMAL SESHADRI

ARTS & HANDICRAFTS

Tuesday 16th July 1996 - 10-15 am

At : Prabha Bajaj's
6E, Gee Gee Minar, College Road
Nungambakkam, Madras - 600 006



EMBROIDERY & FASHION

Embroidery which had gone out of fashion is back again in full swing.

Prabha Bajaj, a young entrepreneur, will give us an insight into the various kinds of embroidery done on different fabrics transformed into designer outfits.

From Zardozi to Parsi embroidery, from works in resham, thread, rope and mirrors to cutwork and lace, her artisans will demonstrate the handwork which has lured famous designers.

Here is an opportunity to learn how to maintain embroidered outfits, and to be able to see a range of exclusive outfits of Prabha's creation, at her home.

NO GUESTS PLEASE !

**RINI KUMAR
IRENE PRULLER DAS**

HOSTESSES : Janik Bakshi, Meena Naru and Nandita Chaudhuri

ALCOHOL, AN EXCELLENT REMOVER!

Alcohol is a wonderful stain remover. It removes stains from day and night materials. It also removes your home, furniture, cars, carpets, wife and children. It removes your judgement, your ability to think, and even your self-respect. It removes your good name and even your job. And if used too much it will even remove you.

TRY IT, WHY NOT. AFTER ALL IT IS AN EXCELLENT REMOVER!

Contributed by **RINI KUMAR**

COOKING SWAPSHOP

Wednesday 17th July 1996 - 3-00 pm

At : Usha Chandrakumar's
62, Sterling Road
Nungambakkam
Madras - 600 034



TEATIME SNACKS

Most of us are in a quandary when planning a get-together at teatime, as most of the eats tend to be repetitive and the same snacks are available at all the shops.

Laila Stephanos, who runs a successful catering business, is very popular for her delicious eats and desserts. She will demonstrate the preparation of delicious teatime snacks which are different.

PLEASE NOTE THE CHANGE IN THE TIME OF THE MEETING

ALL ARE WELCOME

USHA CHANDRAKUMAR
LATA MURUGAN

CONGRATULATIONS TO :

Poonam Lalchand on the opening of her restaurant, Madras' newest eating place, Shakey's Pizza Restaurant at Montieth Road (the second of Shakey's chain in India)

Radha Parthasarathi on her daughter's wedding

Aruna Goyal on the birth of her grand-daughter

Rani Ananth on her daughter's wedding

MUSIC & PERFORMING ARTS

Thursday 25th July 1996 - 10-15 am

At : Mowbrays Hall
Park Sheraton Hotel
132, TTK Road
Madras - 600 018



Anita Ratnam's "*She - In Movement*" – A Celebration of Founder's Day

After the traditional "Founder's Day" formalities, we have a special programme to commemorate this special day.

Anita Ratnam, one of the most accomplished and innovative dancers of today, has specially choreographed a contemporary thematic dance presentation titled – "*She - In Movement*". The programme will begin with a tribute to Vinayaka through Ghatam and Konnakol, using folk, Bharatanatyam and Therukoothu techniques. Anita's solo item will portray a woman with a contemporary flavour and will conclude with Anita and a few others in traditional costumes paying an evocative tribute to womanhood, speaking of unity, harmony and peace, which will resonate with this year's theme of "Global Unity".

Our grateful thanks to Ashok Mirza and APCOM - our sponsors. Our thanks to Anita Ratnam and Arangham Trust for making this special day more special for us.

THIS MEETING IS CONFINED TO MEMBERS ONLY.

NO GUESTS, PLEASE !

**GAYATRI BEWOOR
LALINI GAUTAMADASA**

SPECIAL GALA EVENING TO COMMEMORATE

IWA's 10th ANNIVERSARY

Friday 26th July 1996 - 6-30 pm

At : Ballroom I, Taj Coromandel Hotel

A special event merits a special programme. To commemorate the completion of a decade of friendship and fellowship in IWA, we have great pleasure in presenting a GALA EVENING.

As we approach the turn of the century it is apt to pay a tribute to this city of ours, Madras. Our concept is to show Madras, its arts, its crafts, its performing arts, its culture and traditions, its people of many diverse faiths and communities, who go to make this city the cultural capital of India. This multimedia production titled "MADRAS, ITS MELODY, ITS RHYTHM" will focus on Madras through its various seasons and will be part audiovisual slides, part video film, every segment culminating in a live item. Woven round the pageant of the seasons, the show will feature some of our talented members and also well-known names in the field of performing arts.

Following the show - there will be a supper laid out.

Donation Invitation Cards at Rs.250/- per head will be on sale with the following members :

Kamala Prasad - Anna Nagar
Gayatri Bewoor - Harrington Road
Shantini - Chola Sheraton
Poonam Lalchand - College Road

Gita Chandrasekaran - Adyar
Aruna Vijaykumar - Nungambakkam
Alagu Muthu - Santhome

and also at all IWA Meetings.

Only children above 12 permitted on full payment. Cancellations will not be accepted.

Please collect your cards early to avoid disappointment. After the 20th July cards will be made available to the public.

NIRMAL SESHADRI
Founder President

ALAGU MUTHU
POONAM LALCHAND

MUSIC & PERFORMING ARTS

Saturday 27th July 1996 - 6-15 pm

At : Sunitha Shahaney's
"Ashley House"
6, 2nd Avenue
Boat Club Road, Madras - 600 028



Malavika Sarukkai's - "*Srinkhala - Living Links*"

Following the garden tea party, renowned danseuse Malavika Sarukkai will present "*Srinkhala - Living Links*".

As an artiste working in Indian Classical dance tradition for over two decades, Malavika believes in its integrating world view. In Indian thought and tradition, the human is not isolated but is a significant part of a larger ordered environment; the human and the environment sustaining each other. Together they celebrate. Together they grieve and rejoice. Malavika presents *Srinkhala* as an exploration of the many links between inner and outer landscapes and between the human and the environment.

We thank our sponsors, Arun Bewoor and Bush Boake Allen. Our grateful appreciation to Malavika for this special dance recital. She leaves soon for the United States to dance at the Jacob's Pillow festival. Our members are privileged to see some unusual numbers on environment specially choreographed for this festival.

May we insist on a RSVP to make adequate arrangements. Only a limited number of guests can be accommodated. **The guest charge will be Rs.100 per person.**

**GAYATRI BEWOOR
LALINI GAUTAMADASA**

**Please call Gayatri or Nirmal
between 8.00 & 9.30 a.m. if you plan to come.**

EXECUTIVE COMMITTEE

THE BOARD

PRESIDENTS :	Alagu Muthu	(R) 4938683 / 4937050
	Poonam Lalchand	(R) 8257157 / 8272947 (O) 8559110 / 8559108
VICE-PRESIDENTS :	Shakunthala Jagannathan	(R) 459199
	Megan Utley	(R) 4343348
SECRETARIES :	Sujaya Menon	(R) 4917464/4910044
	Eira Doshi	(R) 4911126
TREASURERS :	Sushila Natraj	(R) 4911015 / 4910707
	Anneliese Hazari	(R) 4919505

ACTIVITY CHAIRPERSONS

ARTS & HANDICRAFTS :	Rini Kumar	(R) 4349319
	Irene Pruller Das	(R) 4990865
BOOK DISCUSSION :	Shyla K. Rau	(R) 8276676 / 8276893
	Teresa Mary King	(R) 4341066
CURRENT EVENTS AND CAREERS :	Gita Chandrasekaran	(R) 412935
	Madeleine Leone	(R) 4343528
COOKING SWAPSHOP :	Usha Chandrakumar	(R) 8275341
	Lata Murugan	(R) 6428215
HEALTH AND ECOLOGY :	Bina Mathew	(R) 4941874
	Seema Sait	(R) 8261018
HISTORY, CULTURE AND TOURS :	Kamala Prasad	(R) 6262035
	Stina Vasu	(R) 8278900
		(O) 8275792
MUSIC AND PERFORMING ARTS :	Gayatri Bewoor	(R) 8264035
	Lalini Gautamadasa	(R) 6412868
PHILOSOPHY AND RELIGION :	Jayashree Prabhakar	(R) 4342147 / 453394
	Mariko Ibara	(R) 8275755