

SEPTEMBER 1995

IWA NEWSLETTER

Vol X No 4 Madras

SEPTEMBER 1995

MONTH AT A GLANCE

Monday	4 September	HISTORY, CULTURE AND TOURS A Window into Kutch	10-00 am
Tuesday	5 September	HEALTH AND ECOLOGY	10-15 am
Wednesday	6 September	EXECUTIVE COMMITTEE MEETING	10-15 am
Monday	11 September	COOKING SWAPSHOP International Thai Cuisine	10-15 am
Tuesday	12 September	PHILOSOPHY AND RELIGION Film, Bernado Bertolucci's "Little Buddha"	2-15 pm
Tuesday	19 September	BOOK DISCUSSION M Ananthanarayanan's The Silver Pilgrimage	10-15 am
Friday	22 September	MUSIC AND PERFORMING ARTS Film, Suhasini Maniratnam's "Indira"	10-15 am
Thursday	28 September	MUSIC AND PERFORMING ARTS Heralding the International Music Day	10-15 am

FROM THE DESK OF THE PRESIDENTS

IWA is well launched for the 1995-96 year, with the heartening enthusiastic attendance of the June, July and August activities. The Fellowship Morning and the Founders' Day programmes have set the tone of fellowship and friendship among IWA members. We feel certain that the friends we have made and are making will enrich our lives and give us the support and the sense of security we shall need in the ensuing years.

October will be a most festive month with many special events. Your continued participation will be greatly appreciated, since IWA's success depends on it.

Let us make a commitment to foster increasing fellowship and goodwill through involvement, not only in the affairs of our association, but also in the wider community of women around us.

ZUBEIDA ASGARALI KHIN THI DA LWIN

EXECUTIVE COMMITTEE MEETING

Wednesday 6 September 1995 - 10-15 am

At: Shakunthala Jagannathan's
"Ram Sharan"
222 T T K Road
Madras-600 018



Activity Chairpersons, please bring your blurbs, TYPED.

FROM THE VICE PRESIDENTS

The Activity Chairpersons have organised very interesting programmes for you so do come and enjoy them. However remember that registers will be removed promptly at 10-45 am.

Here's a treat for you and your family - its wonderful and sinfully delicious !!

CHOCOLATE FUDGE SQUARES (MAKES 16)

Contributed by Britt Jackson

150 gm Butter
2 cup Sugar
2 tbsp Golden Syrup/Honey
2 tbsp Cocoa
2 tbsp Cocoa
1 cup Icing Sugar
1½ cups Flour
1½ tsp Baking Powder
2 cup Coconut
3 cup Coconut
4 cup Coconut
5 cup Cocon

Melt butter, add cocoa, syrup and sugar, cook for 1 min. until disolved. Add sifted flour & baking powder, then add coconut, mix well, press mixture into a 23cm square greased tin.

Bake at 180°C for 15 mins, or until cooked, Ice with chocolate icing and sprinkle extra coconut over to decorate.

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Melt butter, add cocoa and icing sugar. Mix in water. Pour over cake and decorate.

SHYLA K. RAU TERESA KING

FROM THE TREASURERS

We wish to keep members informed of our funds position - subscriptions received/major items of expenditure - by means of a brief report once every three/four months.

Accounts relating to printing / sale of telephone directories will be shown in our next report.

As on July 31 1995

Income:

Amount received by way of Subscriptions	1,15,100	00
Guest Charges	150	00
Major items of expenditure :		
100 Tel Index books purchased from Spastic Society of TN @ Rs. 60/- per book to be used as gifts	6,000	00
Money advanced to the Secretary / Treasurer / Activity Chairpersons to be adjusted against vouchers	12,000	00
Founders' Day :		
Chola Sheraton Bill	5,586	79
Mike and other misc, expenses	800	00

RUPA KADHIRESAN ANGELIKA MANDAIKAR

HISTORY, CULTURE AND TOURS

Monday 4 September 1995 - 10-00 am

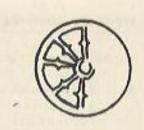
At: Ganesh Chambers

Ground Floor

143 Eldams Road

Alwarpet

Madras-600 018



A WINDOW INTO KUTCH

The arts and crafts of Kutch, in Gujarat, are unique in themselves. Bhavna Shah, who has qualified in gemmology from Bombay and in jewellery designing from Santa Monica, California, will speak to us about Kutch, its history and culture.

She will also display part of her family's fabulous collection of handicrafts, embroidery, pottery, wood carvings, gold and silver jewellery, ivory bangles, and Kutchi textiles, such as tie-and-dye fabric, ajrak prints and batik.

To create a proper Kutchi ambience we will give you a small taste of Kutchi fare — rotla and dahi, sattah and "Kutchi beer". And there may still be a surprise item in store. So please be there by 10 am.

No guests please

HISTORY, CULTURE AND TOURS - Rajasthan Tour - November 1995

At the request of members, we are organising a tour of Rajasthan during the Pushkar Fair. The tour leaves Madras by T N Express on the night of 31 October 1995 and returns on 14 November, morning, visiting Delhi, Jaipur, Ajmer, Jodhpur and Jaisalmer.

As Pushkar is very popular with tourist groups from abroad who book at least six months in advance, all bookings have to be made by 15 September latest with full payment (by cheque in the name of the agent). There are different rates for 10 to 14 and 15 persons and above, but the tour will not operate unless there is a minimum of 10 participants (husbands and friends are welcome).

Please contact Poonam or Shakunthala if interested.

SHAKUNTHALA JAGANNATHAN POONAM LALCHAND

HEALTH AND ECOLOGY

Tuesday 5 September 1995 - 10-15 am

At: Padma Ashok's 4 4th Street Rutland Gate Madras-600 006



QUALITY OF LIFE IN HEALTH - a talk and dialogue

'Quality of Life' has almost become a catchphrase of our times and is a subject which is being researched extensively.

Dr S Rajkumar MD Professor of Psychiatry, Madras Medical College and General Hospital, Madras, who is also on the panel of the WHO Quality of Life study will talk to us on this modern concern emerging from the changing social scene.

Also, as a practicing psychiatrist he will illustrate the recurring problems pertaining to the women he deals with. After the talk there will be a question and answer period.

BELA MISTRY KHALEELI PADMA ASHOK

CONGRATULATIONS TO

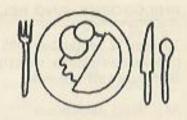
Nirmal Seshadri and our very best wishes to her son, Ajay who married Radha in August.

COOKING SWAPSHOP

Monday 11 September 1995 - 10-15 am

At: The Connemara Hotel

C in C Road Madras



INTERNATIONAL THAI CUISINE

The Master chefs of the Hotel Connemara will demonstrate specialities of Thai Cuisine.

They will be using genuine ingredients which go to making this international fare a gourment's delight.

We thank Sujaya Menon for co-ordinating this meeting for us. We also thank the following group hostesses who made this meeting possible.

Mahin Khaleeli Katy Madan Gargi Prabhu

Dolly Prasad

Sheilu Ranganathan Nirmal Seshadri Shobana Thomas

> LALITHA KRISHNAN BRITT JACKSON

Change of Telephone Number

Pushpa Chary - 8262457

PHILOSOPHY AND RELIGION

Tuesday 12 September 1995 — 2-15 pm (Movie commences exactly at 2-30 pm with a 10 minute coffee break)

At: USIS Auditorium 220 Anna Salai Madras-600 006



BERNARDO BERTOLUCCI'S "LITTLE BUDDHA"

We are happy to present to you this month BERNARDO BERTOLUCCI'S "LITTLE BUDDHA". Following the success of "THE LAST EMPEROR". "LITTLE BUDDHA" has a lovely 'Out-of-the-Deep-Earth Majesty' in its telling of the Primary Myth of Buddhism. The Director, famed for his story telling instincts brings alive, rapturously, a both exotic and fundamental story. The story of PRINCE SIDDHARTHA, played by KEANU REEVES, who renounces worldly pleasures and religious extremism to find the middle path of Buddhist Truth.

ALAGU MUTHU IRENE PRULLER DAS

Car Parking Arrangements

For security reasons, the USIS requires the following information, if you need parking facilities inside the USIS compound.

Please call ANITA on 452301 before 11 am on Monday 11 September 1995, with the following details:

- 1. Name of person/s attending programme
- 2. Model and colour of the car
- 3. Number of the car

A big thank you to Naina Shah for being a wonderful hostess for our meeting on 'Form & Formless Worship'.

BOOK DISCUSSION

Tuesday 19 September 1995 - 10-15 am

At: Mahema Devadoss's

1 Kangyarpuram

Papanasam Sivan Salai

Santhome

Madras-600 004



THE SILVER PILGRIMAGE - M Ananthanarayanan

A story about a prince who does not feel, and a king — his father — who is perceptive enough to employ a psychoanalyst in a day when ills of the mind are not recognised. A timeless journey from a mystical Lanka through the lands of the Cholas, and the richness of the various regions of India, to Kashi . . . and back.

The author's use of translations of the scriptures embodies so much simple, earthy wisdom, it makes the book an interesting read.

Vasanthi Sankaranarayanan will lead the discussion.

SUSHILA NATARAJ SEEMA SAIT

No man is worthless who lightens the burden of anyone else

- MAHATMA GANDHI

MUSIC AND PERFORMING ARTS

Friday 22 September 1995 - 10-15 am

At: The Goodluck Preview Theatre 18 Fifth Cross Street (Near Padma Seshadri School) Lake Area Nungambakkam Madras-600 034 Phone: 8279409



"INDIRA" — A Suhasini Manirathnam Film

IWA members are invited to a special screening of "Indira" directed by Suhasini — who has been hailed as the best women director in Asia.

Revolving round the theme of a young woman who fights tirelessly against the caste system which almost destroys two villages, the role of Indira is sensitively portrayed by Anuradha Hasan (Suhasini's cousin). The shy Indira grows into a woman of great courage and a woman of substance.

Since the auditorium seats only 120 people, seating will be on "a first come first served" basis.

No guests please

NIRMAL SESHADRI SONIA CARTER

Direction to the Goodluck Preview Theatre

Take the first right turn after Valluvar Kottam then take the second turn on the left No 18 is the last house on the right

MUSIC AND PERFORMING ARTS

Thursday 28 September 1995 - 10-15 am

At: The Duplex Room

Taj Coromandel Hotel

17 Nungambakkam High Road

Madras-600 034



HERALDING THE INTERNATIONAL MUSIC DAY

This year, on 1 October 1995 International Music Day falls on a Sunday. We thought it apt to usher this event three days ahead to make it more meaningful.

We are truly privileged to present the outstanding and superbly gifted young musician Bombay Jayashri in a special concert. Fresh from a triamphant concert tour which took her to UK, USA, the Far East, Australia and New Zealand. Jayashri will regale us this morning with light "Classical Music". Join us for a tryst with "melody".

All are welcome

NIRMAL SESHADRI SONIA CARTER

Our grateful thanks to the gracious group of members who are our hostesses this morning.

They are

Zubeida Asgarali Bimla Bhatla Usha Chandrakumar Gita Chandrasekaran Prithika Chary Bilquis Chida Lata Chohan

Dhun Dalal Rehane Dhala

Rani Das Gupta

Kashmira Daruwala Janet De' Penning Rupa Kadhiresan

Soma Mathew Cherian Lakshmi Varadarajan

Prema Veeraraghavan Reena Verghese

Shanthi Verghese Aruna Vijaykumar Usha Vishwanath

EXECUTIVE COMMITTEE

THE BOARD

Presidents	3	Zubeida Asgarali	8271614
		Khin-Thi-Da-Lwin (Dawn)	4347961
Vice-Presidents	:	Shyla K. Rau	8276893
		Teresa Mary King	4341066
Secretaries	1	Sujaya Menon	4917464/4910044
		Ellen Sorensen	4919291
Treasurers	:	Rupa Kadhiresan	4992847
		Angelika Mandaikar	611265

ACTIVITY CHAIRPERSONS

Arts & Handicrafts	4	Nandita Chaudhuri		452720/4347871
		Sangeetha Thapa		4913078
Book Discussion	1	Sushila Nataraj		4911015
		Seema Sait		8261018
Current Events &		Padmini Natarajan		8280844
Careers	4	Chandrika Chidambaram		4917609
Cooking Swapshop	9	Lalitha Krishnan		4991853/4992341
		Britt Jackson		8281701
Health & Ecology	:	Bela Khaleeli		418653
		Padma Ashok		8276591
History, Culture &		Shakunthala Jagannathan		459199
Tours	:	Poonam Lalchand	IL IE	8272947
Music &		Nirmal Seshadri		4913820
Performing Arts	:	Sonia Carter	4	4345995
Philosophy &		Alagu Muthu		4937050
Religion	1	Irene Pruller Dass		4990865