



**International
Women's
Association**

SEPTEMBER 1995

IWA NEWSLETTER

Vol X No 4
Madras

SEPTEMBER 1995

MONTH AT A GLANCE

Monday	4 September	HISTORY, CULTURE AND TOURS A Window into Kutch	10-00 am
Tuesday	5 September	HEALTH AND ECOLOGY	10-15 am
Wednesday	6 September	EXECUTIVE COMMITTEE MEETING	10-15 am
Monday	11 September	COOKING SWAPSHOP International Thai Cuisine	10-15 am
Tuesday	12 September	PHILOSOPHY AND RELIGION Film, Bernado Bertolucci's "Little Buddha"	2-15 pm
Tuesday	19 September	BOOK DISCUSSION M Ananthanarayanan's The Silver Pilgrimage	10-15 am
Friday	22 September	MUSIC AND PERFORMING ARTS Film, Suhasini Maniratnam's "Indira"	10-15 am
Thursday	28 September	MUSIC AND PERFORMING ARTS Heralding the International Music Day	10-15 am

FROM THE DESK OF THE PRESIDENTS

IWA is well launched for the 1995-96 year, with the heartening enthusiastic attendance of the June, July and August activities. The Fellowship Morning and the Founders' Day programmes have set the tone of fellowship and friendship among IWA members. We feel certain that the friends we have made and are making will enrich our lives and give us the support and the sense of security we shall need in the ensuing years.

October will be a most festive month with many special events. Your continued participation will be greatly appreciated, since IWA's success depends on it.

Let us make a commitment to foster increasing fellowship and goodwill through involvement, not only in the affairs of our association, but also in the wider community of women around us.

ZUBEIDA ASGARALI
KHIN THI DA LWIN

EXECUTIVE COMMITTEE MEETING

Wednesday 6 September 1995 — 10-15 am

At : Shakunthala Jagannathan's
"Ram Sharan"
222 T T K Road
Madras-600 018



Activity Chairpersons, please bring your blurbs, **TYPED**.

FROM THE VICE PRESIDENTS

The Activity Chairpersons have organised very interesting programmes for you so do come and enjoy them. However remember that registers will be removed promptly at 10-45 am.

Here's a treat for you and your family — its wonderful and sinfully delicious !!

CHOCOLATE FUDGE SQUARES (MAKES 16)

Contributed by **Britt Jackson**

150 gm Butter
¾ cup Sugar
2 tbsp Golden Syrup/Honey
2 tbsp Cocoa
1½ cups Flour
1½ tsp Baking Powder
¾ cup Coconut

ICING
25 g Butter
2 tbsp Cocoa
1 cup Icing Sugar
2½ tbsp Water
23 cm Square Tin

Melt butter, add cocoa, syrup and sugar, cook for 1 min. until dissolved. Add sifted flour & baking powder, then add coconut, mix well, press mixture into a 23cm square greased tin.

Bake at 180°C for 15 mins. or until cooked. Ice with chocolate icing and sprinkle extra coconut over to decorate.

Icing

Melt butter, add cocoa and icing sugar. Mix in water. Pour over cake and decorate.

**SHYLA K. RAU
TERESA KING**

FROM THE TREASURERS

We wish to keep members informed of our funds position - subscriptions received/major items of expenditure - by means of a brief report once every three/four months.

Accounts relating to printing / sale of telephone directories will be shown in our next report.

As on July 31 1995

Income :

Amount received by way of Subscriptions	1,15,100 00
Guest Charges	150 00

Major items of expenditure :

100 Tel Index books purchased from Spastic Society of TN @ Rs. 60/- per book to be used as gifts	6,000 00
Money advanced to the Secretary / Treasurer / Activity Chairpersons to be adjusted against vouchers	12,000 00

Founders' Day :

Chola Sheraton Bill	5,586 79
Mike and other misc. expenses	800 00

**RUPA KADHIRESAN
ANGELIKA MANDAIKAR**

HISTORY, CULTURE AND TOURS

Monday 4 September 1995 — 10-00 am

At : Ganesh Chambers
Ground Floor
143 Eldams Road
Alwarpet
Madras-600 018



A WINDOW INTO KUTCH

The arts and crafts of Kutch, in Gujarat, are unique in themselves. Bhavna Shah, who has qualified in gemmology from Bombay and in jewellery designing from Santa Monica, California, will speak to us about Kutch, its history and culture.

She will also display part of her family's fabulous collection of handicrafts, embroidery, pottery, wood carvings, gold and silver jewellery, ivory bangles, and Kutchi textiles, such as tie-and-dye fabric, ajrak prints and batik.

To create a proper Kutchi ambience we will give you a small taste of Kutchi fare — rotla and dahi, sattaḥ and "Kutchi beer". And there may still be a surprise item in store. So please be there by 10 am.

No guests please

HISTORY, CULTURE AND TOURS — Rajasthan Tour — November 1995

At the request of members, we are organising a tour of Rajasthan during the Pushkar Fair. The tour leaves Madras by T N Express on the night of 31 October 1995 and returns on 14 November, morning, visiting Delhi, Jaipur, Ajmer, Jodhpur and Jaisalmer.

As Pushkar is very popular with tourist groups from abroad who book at least six months in advance, all bookings have to be made by 15 September latest with full payment (by cheque in the name of the agent). There are different rates for 10 to 14 and 15 persons and above, but the tour will not operate unless there is a minimum of 10 participants (husbands and friends are welcome).

Please contact Poonam or Shakunthala if interested.

**SHAKUNTHALA JAGANNATHAN
POONAM LALCHAND**

HEALTH AND ECOLOGY

Tuesday 5 September 1995 — 10-15 am

At : Padma Ashok's
4 4th Street
Rutland Gate
Madras-600 006



QUALITY OF LIFE IN HEALTH — a talk and dialogue

'Quality of Life' has almost become a catchphrase of our times and is a subject which is being researched extensively.

Dr S Rajkumar MD Professor of Psychiatry, Madras Medical College and General Hospital, Madras, who is also on the panel of the WHO Quality of Life study will talk to us on this modern concern emerging from the changing social scene.

Also, as a practicing psychiatrist he will illustrate the recurring problems pertaining to the women he deals with. After the talk there will be a question and answer period.

**BELA MISTRY KHALEELI
PADMA ASHOK**

CONGRATULATIONS TO

Nirmal Seshadri and our very best wishes to her son, Ajay who married Radha in August.

COOKING SWAPSHOP

Monday 11 September 1995 — 10-15 am

At : The Connemara Hotel
C in C Road
Madras



INTERNATIONAL THAI CUISINE

The Master chefs of the Hotel Connemara will demonstrate specialities of Thai Cuisine.

They will be using genuine ingredients which go to making this international fare a gourmet's delight.

We thank Sujaya Menon for co-ordinating this meeting for us. We also thank the following group hostesses who made this meeting possible.

Mahin Khaleeli
Katy Madan
Gargi Prabhu
Dolly Prasad

Sheilu Ranganathan
Nirmal Seshadri
Shobana Thomas

LALITHA KRISHNAN
BRITT JACKSON

Change of Telephone Number

Pushpa Chary — 8262457

PHILOSOPHY AND RELIGION

Tuesday 12 September 1995 – 2-15 pm
(Movie commences exactly at 2-30 pm with a
10 minute coffee break)



At : USIS Auditorium
220 Anna Salai
Madras-600 006

✓ BERNARDO BERTOLUCCI'S "LITTLE BUDDHA"

We are happy to present to you this month BERNARDO BERTOLUCCI'S "LITTLE BUDDHA". Following the success of "THE LAST EMPEROR", "LITTLE BUDDHA" has a lovely 'Out-of-the-Deep-Earth Majesty' in its telling of the Primary Myth of Buddhism. The Director, famed for his story telling instincts brings alive, rapturously, a both exotic and fundamental story. The story of PRINCE SIDDHARTHA, played by KEANU REEVES, who renounces worldly pleasures and religious extremism to find the middle path of Buddhist Truth.

ALAGU MUTHU
IRENE PRULLER DAS

Car Parking Arrangements

For security reasons, the USIS requires the following information, if you need parking facilities inside the USIS compound.

Please call ANITA on 452301 before 11 am on Monday 11 September 1995, with the following details :

1. Name of person/s attending programme
2. Model and colour of the car
3. Number of the car

A big thank you to Naina Shah for being a wonderful hostess for our meeting on 'Form & Formless Worship'.

BOOK DISCUSSION

Tuesday 19 September 1995 — 10-15 am

At : Mahema Devadoss's
1 Kangyarpuram
Papanasam Sivan Salai
Santhome
Madras-600 004



THE SILVER PILGRIMAGE — M Ananthanarayanan

A story about a prince who does not feel, and a king — his father — who is perceptive enough to employ a psychoanalyst in a day when ills of the mind are not recognised. A timeless journey from a mystical Lanka through the lands of the Cholas, and the richness of the various regions of India, to Kashi . . . and back.

The author's use of translations of the scriptures embodies so much simple, earthy wisdom, it makes the book an interesting read.

Vasanthi Sankaranarayanan will lead the discussion.

**SUSHILA NATARAJ
SEEMA SAIT**

No man is worthless
who lightens the burden
of anyone else

— MAHATMA GANDHI

MUSIC AND PERFORMING ARTS

Friday 22 September 1995 — 10-15 am

At : The Goodluck Preview Theatre
18 Fifth Cross Street
(Near Padma Seshadri School)
Lake Area
Nungambakkam
Madras-600 034
Phone : 8279409



✓ "INDIRA" — A Suhasini Manirathnam Film

IWA members are invited to a special screening of "Indira" directed by Suhasini — who has been hailed as the best women director in Asia.

Revolving round the theme of a young woman who fights tirelessly against the caste system which almost destroys two villages, the role of Indira is sensitively portrayed by Anuradha Hasan (Suhasini's cousin). The shy Indira grows into a woman of great courage and a woman of substance.

Since the auditorium seats only 120 people, seating will be on "a first come first served" basis.

No guests please

**NIRMAL SESHADRI
SONIA CARTER**

Direction to the Goodluck Preview Theatre

Take the first right turn after Valluvar Kottam
then take the second turn on the left
No 18 is the last house on the right

MUSIC AND PERFORMING ARTS

Thursday 28 September 1995 — 10-15 am

At : The Duplex Room
Taj Coromandel Hotel
17 Nungambakkam High Road
Madras-600 034



HERALDING THE INTERNATIONAL MUSIC DAY

This year, on 1 October 1995 International Music Day falls on a Sunday. We thought it apt to usher this event three days ahead to make it more meaningful.

We are truly privileged to present the outstanding and superbly gifted young musician Bombay Jayashri in a special concert. Fresh from a triumphant concert tour which took her to UK, USA, the Far East, Australia and New Zealand. Jayashri will regale us this morning with light "Classical Music". Join us for a tryst with "melody".

All are welcome

NIRMAL SESHADRI
SONIA CARTER

Our grateful thanks to the gracious group of members who are our hostesses this morning.

They are	Zubeida Asgarali	Kashmira Daruwala
	Bimla Bhatla	Janet De' Penning
	Usha Chandrakumar	Rupa Kadhiresan
	Gita Chandrasekaran	Soma Mathew Cherian
	Prithika Chary	Lakshmi Varadarajan
	Bilquis Chida	Prema Veeraraghavan
	Lata Chohan	Reena Verghese
	Dhun Dalal	Shanthi Verghese
	Rehane Dhala	Aruna Vijaykumar
	Rani Das Gupta	Usha Vishwanath

EXECUTIVE COMMITTEE

THE BOARD

Presidents	:	Zubeida Asgarali	8271614
		Khin-Thi-Da-Lwin (Dawn)	4347961
Vice-Presidents	:	Shyla K. Rau	8276893
		Teresa Mary King	4341066
Secretaries	:	Sujaya Menon	4917464/4910044
		Ellen Sorensen	4919291
Treasurers	:	Rupa Kadhiresan	4992847
		Angelika Mandaikar	611265

ACTIVITY CHAIRPERSONS

Arts & Handicrafts	:	Nandita Chaudhuri	452720/4347871
		Sangeetha Thapa	4913078
Book Discussion	:	Sushila Nataraj	4911015
		Seema Sait	8261018
Current Events & Careers	:	Padmini Natarajan	8280844
		Chandrika Chidambaram	4917609
Cooking Swapshop	:	Lalitha Krishnan	4991853/4992341
		Britt Jackson	8281701
Health & Ecology	:	Bela Khaleeli	418653
		Padma Ashok	8276591
History, Culture & Tours	:	Shakunthala Jagannathan	459199
		Poonam Lalchand	8272947
Music & Performing Arts	:	Nirmal Seshadri	4913820
		Sonia Carter	4345995
Philosophy & Religion	:	Alagu Muthu	4937050
		Irene Pruller Dass	4990865