



International
Women's
Association

OCTOBER 1992

IWA NEWS LETTER

Vol. VII No. : 5

Madras

OCTOBER 1992

MONTH AT A GLANCE

- Thursday, 1st October ✓ **MUSIC AND PERFORMING ARTS** 10-15 a.m.
A lecture demonstration by
Mandolin Srinivas
- Wednesday, 7th October ✓ **PHILOSOPHY AND RELIGION** 10-15 a.m.
Sangeet Chopra discusses the role of
women in Sikhism
- Thursday, 8th October ✓ **ARTS AND HANDICRAFTS** 10-15 a.m.
An exhibition of traditional sarees
and jewellery with Lily Vijayraghavan
- Sunday, 11th October **DIWALI MELA** 11-00 a.m. — 4-00 p.m.
- Monday, 12th October **EXECUTIVE COMMITTEE MEETING**
10-30 a.m.
- Tuesday, 13th October **COOKING SWAPSHOP** 10-15 a.m.
A demonstration of Chinese stir fried
cooking by Chef Rubynath of the Taj
- Friday, 16th October **CURRENT EVENTS AND CAREERS** 6-00 p.m.
Mr. Sapru of the **Indian Express**
on the dual personality of working women
- Thursday, 22nd October **HISTORY, CULTURE AND TOURS** 10-15 a.m.
Dr. Prema Kasturi explores the Ideal
and the Real of women in Indian History
- Tuesday, 27th October **BOOK DISCUSSION** 10-15 a.m.
DIANA'S STORY by Andrew Morton is
this month's selection
- Saturday, 31st October **HEALTH AND ECOLOGY** 9-00 a.m.
The AIDS Congress, with panel — 2-00 p.m.
discussions and lectures on this
timely subject

FROM THE PRESIDENTS

Our main event for October is our DIWALI MELA with full details on page 3. Please bring your families and friends to our DIWALI MELA for a day of fun, food, and one-stop shopping.

As mentioned, we are always planning ahead, and this month we would like to give you advance notice of plans for the IWA Woman of the Year Award. We are currently drawing up a short-list of names for our IWA WOMAN OF THE YEAR in the category of EDUCATION. We welcome contributions with full bio-data of your choice, and from those nominations received, the sub-committee will select three (3) candidates. This short-list will be published in the January 1993 News Letter. You will then be requested to make your choice from these three nominations, and submit your selection in writing to the sub-committee. The eventual 'Woman of the Year' will be selected from the most votes received for the particular candidate.

HAPPY DIWALI

**MAUREEN HUDSON MURARI
MALINI VIJAYARAGHAVAN**

EXECUTIVE COMMITTEE MEETING

Monday, 12th October, 1992 — **10-30 a.m.**

At : Shakunthala Jagannathan's
'Ram Sharan'
222, T. T. K. Road
Madras-600 018
Tel. : 459199



PLEASE JOIN US FOR OUR

I W A DIWALI MELA

and bring your families and friends for a day of fun, food and one-stop shopping for all those Diwali needs

**AT THE MANDAPAM, CHOLA SHERATON HOTEL
ON SUNDAY, 11th OCTOBER, 1992
Between 11-00 a.m. and 4-00 p.m.**

Entry Tickets of Rs. 50/- for Adults and Rs. 25/- for Children will offer a delicious Chola Biryani lunch and chance of winning our fabulous door prize.

This promises to be a wonderful day with fabulous shopping prospects ranging from a most elegant embroidered saree to the humblest pot-holder, with home-made baked products all prepared by our enterprising IWA members.

Some stalls will also provide those small and special Diwali needs of candles, cards, and gifts. And last the IWA gift stall will enable you to win back the special artifacts so generously donated by our members. More details below.

Games of hoopla, a lucky-dip, video games will be available for the children dummy derby for the 'Men', and fantastic shopping for the women.

Please make it a day for all the family — and — friends.

Where else in town can you get a 5-Star Lunch for Rs. 50/- and one-stop fabulous shopping. (Lunch Menu — Veg. Biryani, Chicken Biryani, Raita, Chaat, Pizza, Veg. Lasagna, Salad, Ice Cream & Jalebi)

The stalls will include :

Table Liners	Plants
Accessories, Ladies Chappals	Antique Photographs
Tanjore Paintings	Kanchipuram Sarees, Cotton Sarees
Cosmetics	Leather Goods
Bric-a-brac	Toys, T. Shirts & Towels
Stained Glass	Snack Goods

Sponsored by :

ANZ Grindlays Bank

THE TELEPHONE TREE

- * Find out the name and number of your Telephone Tree Volunteer.
- * Tell her when you are normally at home.
- * When she calls, teach your servant and children to know her name. Even 'IWA amma' would do!
- * **Call her Back** when she leaves a message.
- * We need your cooperation to make the Telephone Tree more efficient.

The Telephone Tree volunteers are :

Gayatri Bewoor	Nanditha Krishna
Mano Bakthavatsalam	Rini Kumar
Prithika Chary	Lily Madhok
Reni Dasgupta	Padmini Natarajan
Kantha Gupta	Sushila Natraj
Meera Jayakar	Bina Ram Mohan
Rupa Kadhiresan	Neena Sanghavi
Brahada Kameshwaran	Sunita Shahaney
Surekha Kothari	Sheela Shetty
Mallini Krishna	Kalyani Tyagi

Thought for the Month

I hate to see things done by halves - if it be right, do it boldly ; if it be wrong, leave it undone.

— GILPIN

MUSIC AND PERFORMING ARTS

Thursday, 1st October 1992 — 10-15 a.m.

At : Gajra
Sindoori Hotel
24, Greams Lane
Madras-600 006



INTERNATIONAL MUSIC DAY

October 1 is celebrated all over the world as International Music Day. We are very honoured to have MANDOLIN SRINIVAS present a lecture demonstration to us.

The Performing Arts describes the most universal of all Arts, as Music has the extraordinary power to stimulate emotion and refresh the spirit.

Music is an art with many strands and whether Eastern or Western, its appeal in one form or another is universal.

**SABINE SALAAM
GAYATRI BEWOOR**

Hosted by :

Shobha Hebbar
Dolly Simon
Renuka Iswariah
Nandita Chaudhari
Lakshmi Varadarajan

Lalitha Zackariah
Rani Dasgupta
Rama Gummedi
Shashi Ravichandran
Sharada Rajamani

PHILOSOPHY AND RELIGION

Wednesday, 7th October, 1992 — 10-15 a.m.

At : Gurudwara
The Sikh Temple
G. N. Chetty Road
Madras-600 017
(Near Bala Mandir)
Tel. : 868509



ROLE OF WOMEN IN SIKHISM

The status of women was established at par with men by Guru Nanak, the 1st Guru of the Sikhs and the fact was established more firmly by Guru Gobind Singh — 10th Guru — when women were enrolled in the threshold of the Khalsa along with the men. Come and join us at the Gurudwara in a typical service — conducted by Sikh women. Sangeet Chopra will talk on the Sikh beliefs with special reference to the role of women in Sikhism.

**RATHI NILAKANTAN
DEVAKI MUTHIAH**

ARTS AND HANDICRAFTS

Thursday, 8th October, 1992 — 10-15 a.m.

At : The Radha Silk Emporium Art Gallery
Sannadhi Street
Mylapore
Madras-600 004



TRADITIONAL SAREES AND JEWELLERY

An Exhibition of traditional sarees and antique jewellery — A talk on the subject by LILY VIJAYARAGHAVAN — with slides.

ANNIE RAFFIER
KAUSALYA JAGANMOHAN

COOKING SWAPSHOP

Tuesday, 13th October, 1992 — 10-15 a.m.

At : Taj Coromandel
17, Nungambakkam High Road
Madras-600 034



DEMONSTRATION OF CHINESE STIR FRIED COOKING

CHAO or Stir Frying cooking is the most widely known method of Chinese and Far Eastern Cooking. It involves cooking various ingredients of the dish together for a short time using a small amount of oil over high heat in a WOK. This helps in retaining a large percentage of nutrients otherwise lost by over-cooking by other methods, at the same time the natural flavour and taste of the ingredients are also retained.

Chef Rubynath of the Taj Coromandel will demonstrate stir frying cooking with the following combinations :

1. Stir fried peas with brown bean sauce.
2. Stir fried chicken with walnut.
3. Stir fried steak and onions.

**KYOKO ISHIZAKI
LILY MADHOK**

We thank Mrs. Sujaya Menon for helping us in organising the meeting. She is also hosting this meeting.

CURRENT EVENTS AND CAREERS

Friday, 16th October, 1992 — 6-00 p.m.

At : YWCA International Guest House
1086, Poonamallee High Road
Madras-600 084



WORKING WOMEN

Talk by **Mr. Sapru**

The resident editor of the Indian Express, Mr. Sapru will talk to us on the dual personality of the working woman. Having widely travelled in India and overseas, he has written intensively on subjects which include issues on women.

**POONAM LALCHAND
ZUBEIDA ASGARALI**

Hosted by : Ponchie Kanwar
Prem Batra

HISTORY, CULTURE AND TOURS

Thursday, 22nd October, 1992 — 10-15 a.m.

At : Stina Vasu's
6, Cathedral Road
Madras-600 086



WOMEN IN INDIAN HISTORY — The Ideal and the Real

Norms of the ideals of Indian womanhood have changed through the ages from the ideal of the strong and independent women of ancient times through valiant women of a later age, to the clinging vines of a still later period.

Dr. Prema Kasturi, Professor of History in the Women's Christian College, Madras, will give you today glimpses of some interesting women in Indian history who represented both the Ideal and the Real.

SEEMA SAIT
SHAKUNTHALA JAGANNATHAN

BOOK DISCUSSION

Tuesday, 27th October, 1992 — 10-15 a.m.

At : YWCA International Guest House
Poonamallee High Road
Egmore
Madras-600 008



DIANA her True Story

by : **Andrew Morton**

The new book by Andrew Morton which explores the life of Diana, from revealing moments of her childhood through the adversities faced as the Princess of Wales.

MARIE WILLIAMS
JAVANTHI PRABHAKARAN

HEALTH AND ECOLOGY

Saturday, 31st October, 1992 —

9-00 a.m. — 2-00 p.m.



At : The United States Information Service
American Consulate
Gemini Circle
Madras

Symposium on AIDS

Co-sponsored by U.S.I.S. ; We sincerely thank them.

We have the honor to present a major AIDS Congress in Madras.

We have gathered some of the most eminent figures in the field of AIDS in India today, covering the entire panoply of areas of research, clinical activity and social welfare.

Our honored speakers include :

Mr. K. Imbasagan, Secretary, Dept. of Health and Welfare
Dr. Sunithi Solomon, In charge of the AIDS Cell, Madras Gen. Hospital
Dr. K. Kantaraj, Asst. Prof., Instructor of Veneriology, Madras Gen. Hospital
Dr. Prithika Chary, Neuro-surgeon, Apollo Hospital
Dr. J. R. Shankaran, World Health Organization Consultant on AIDS
Dr. Saraswathi Sankaran, Exec. Dir., DEEPAM Educational Soc. for Health
Mr. Herbert Gion, Neuro-Physiologist
Ms. Rasheeda Bhagat, Chief Reporter, THE INDIAN EXPRESS
Dr. Jaya Shreedar, Journalist, FRONT LINE ; JUNIOR VIKEDAN
Mr. Shreedar Rajan, Exec. Director, Media Foundation

They will discuss a range of topics including causes and origins of AIDS, the geographic and demographic spread and range of the disease, its incubation period, and media and governmental response to it.

The program will be available at U.S.I.S. in advance with titles and times for each talk or pannel discussion. You are **not** expected to remain throughout : coming and going is encouraged as in reading literature and talking to those manning tables in the lobby.

**PAULINE HAHN
URMILLA REDDY**

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