



International  
Women's  
Association

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SEPTEMBER 1991

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# I W A NEWS LETTER

Vol. VI No. : 4

Madras

SEPTEMBER 1991

## MONTH AT A GLANCE

- |                          |   |            |
|--------------------------|---|------------|
| Tuesday, September 3rd   | <b>CURRENT EVENTS</b><br>WILLIAM LAWRENCE debates<br>the future of Yugoslavia   | 10-00 a.m. |
| Wednesday, September 4th | <b>MUSIC &amp; PERFORMING ARTS</b><br>FAZAL QURESHI, tabla artiste,<br>gives us melody in rhythm                                | 10-00 a.m. |
| Tuesday, September 10th  | <b>MUSIC &amp; PERFORMING ARTS</b><br><b>PHILOSOPHY &amp; RELIGION</b><br>VAYU NAIDU revives the<br>fading art of story telling | 10-00 a.m. |
| Tuesday, September 17th  | <b>COOKING SWAPSHOP</b><br>South Indian snacks<br>demonstrated at "Dakshin"   | 10-00 a.m. |
| Monday, September 23rd   | <b>HEALTH &amp; ECOLOGY</b><br>LILY MADHOK presents a slide<br>talk on Nutrition for Women                                      | 10-00 a.m. |
| Tuesday, September 24th  | <b>BOOK DISCUSSION</b><br>A Comic Novel — THE INSCRUTABLE<br>AMERICANS  | 10-00 a.m. |
| Thursday, September 26th | <b>HISTORY, CULTURE &amp; TOURS</b><br>A trip back in time at the Amir Mahal,<br>home of the Nawabs of Arcot                    | 10-00 a.m. |
| Friday, September 27th   | <b>ARTS &amp; HANDICRAFTS</b><br>Demonstration of SUMEBANA<br>by Mme. EIKO OHIRA  | 4-30 p.m.  |

## FROM THE PRESIDENTS

Dear Members,

Thank you ever so much for making "Founder's Day" a super success.

This month we bid a fond farewell to our past President Janet Picken, who leaves for Turkey shortly.

Our Activity Chairpersons are giving IWA such interesting activities that the attendance has increased tremendously. Let us all try and help our Activity Chairpersons by giving a R.S.V.P. This will certainly ensure a comfortable seat for you in future.

We also invite our non-Indian membership to tell us more about their country's history, arts, crafts and cuisine. More in our next news letter.

STINA VASU  
NIRMAL MIRZA

P.S.: You will be happy to know that for all USIS location functions, we have parking next door at St. George's Cathedral.

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### EXECUTIVE COMMITTEE MEETING :

Saturday, 31st August, 1991 — 10-00 a.m.

At : Stina Vasu  
6, Cathedral Road  
Madras-600 086  
Tel. : 478900/475792





**We welcome our New Members :**

**FRANKA GEORGE**  
6, Arunachalam Road  
Kotturpuram  
Madras-600 085  
Phone : 414952

**ITALY**

**KYOKO ISHIZAKI**  
5-B, Chittaranjan Road  
Teynampet  
Madras-600 018  
Phone : 453855

**JAPAN**

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Please write and let Vanitha Mudaliar know if there has been or will be a change in your Telephone Numbers or Address, as we are bringing out a new telephone book soon.

## CURRENT EVENTS

Tuesday, 3rd September, 1991 — 10-00 a.m.

USIS Auditorium  
US Consulate General  
Gemini Circle  
Madras-600 006



### WILL YUGOSLAVIA SURVIVE ?

William Lawrence, the Director of the United States Information Service (USIS) for South India, whose previous posting was in Yugoslavia, will give an overview of that country's past, the events leading to the current crisis, and some possible outcomes of the conflicts.

Parking is available at St. George's Cathedral for owner driven-cars.

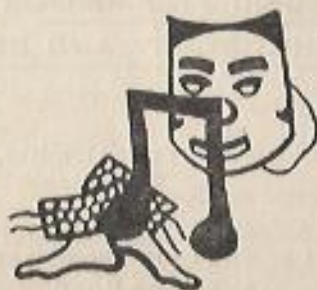
R.S.V.P. Tel. Nos. 837050, 838683 or 476727  
between 9-15 and 10-00 a.m.

**ANGELA AGGELER  
ALAGU MUTHU**

## MUSIC AND PERFORMING ARTS

Wednesday, 4th September, 1991—10-00 a.m.

At : The Mowbrays Hall  
Welcomgroup Park Sheraton  
132, T. T. K. Road  
Madras-600 018



### MELODY IN RHYTHM

Music & Performing Arts takes pleasure in presenting to you a North-South encounter of the rhythmic kind. We have, for your listening pleasure, no less an artiste than the son of the great tabla maestro Ustad Alla Rakha and brother of the famed Ustad Zakir Hussain, playing on the Tabla — USTAD FAZAL QURESHI. He will also give a short lecture-demonstration on the rhythmic similarities of the Tabla and the Mridangam. Accompanying him on the Mridangam is Mayuram Shankar. As the 'bols' and the 'sollukettus' mix and match with the 'taals' and the 'thalams' you will be elevated to a realm of sheer musical bliss. A not-to-be-missed performance !!!

This meeting has been co-hosted by Aruna Goyal and Shobha Mahtani.

ALL ARE WELCOME

**MARINA AROUTHUNIAN  
RANI ANANTH**

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### CONGRATULATIONS . . .

Lalitha Krishnan and Shobha Seshasayee . . .  
grand mothers to Priya Ramesh Krishnan's new-born baby



**MUSIC AND PERFORMING ARTS AND**  
**PHILOSOPHY AND RELIGION**

Tuesday, 10th September, 1991 — 10-00 a.m.

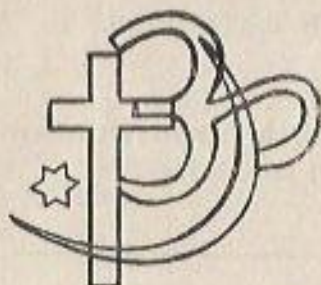
At : The C. P. Ramaswami Aiyar Foundation  
1, Eldams Road  
Alwarpet, Madras-600 018  
Tel.: 451249/451850



Our co-production this month introduces VAYU NAIDU with her adaptation of the Indic Oral Tradition. This innovative drama revives that fading art of STORY TELLING. Vayu brings alive again the wonderful Hindu mythologies told as you've not heard them before, cross-culled in English, and you will be truly enthralled and captivated as Vayu transports you on an exciting journey.

Vayu is the daughter of our member, Jaya Naidu, and we are indeed fortunate, during her brief visit to Madras, to share her dramatic performance following on her recent appearances at the London Festival Hall and other venues throughout England.

Don't miss it.



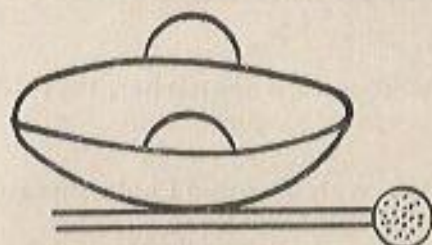
**MARINA AROUTIUNIAN**  
**RANI ANANTH**

**LEE LAWRENCE**  
**MENAKA PRABHAKAR**

## COOKING SWAPSHOP

Tuesday, 17th September, 1991 —  
10-00 a.m.

At : Hotel Park Sheraton  
Chamiers Road  
Madras-600 018



From the "Dakshin" kitchen . . . .

South Indian delicacies from the speciality restaurant "Dakshin" will be demonstrated by the master Chef Praveen Anand of Welcomgroup Park Sheraton.

Dakshin brings to you the splendours of the four States of the South — Tamil Nadu, Andhra Pradesh, Karnataka, Kerala.

Nowhere else is the magnificence of these four Southern cuisines so masterfully demonstrated.

Welcome, to a truly unique experience . . . .

DAKSHIN — THE CELEBRATED TASTE OF THE SOUTH

Don't miss the "Dakshin" Coffee morning.

Please notify us of your attendance

Helen Carr            473910

Shobana Thomas    477088

between 6-00 and 7-00 p.m.

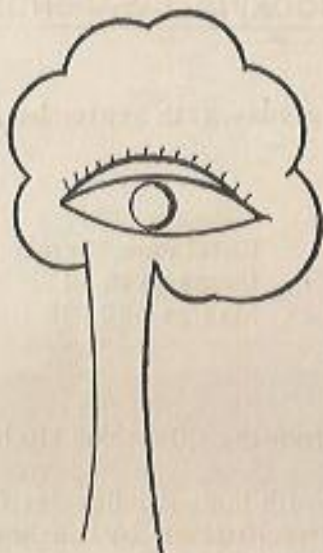
HELEN CARR  
SHOBANA THOMAS



## HEALTH AND ECOLOGY

Monday, 23rd September, 1991 — 10-00 a.m.

At: Welcomgroup Chola Sheraton  
Cathedral Road  
Madras



### **NUTRITION FOR WOMEN — YOUR DAILY DIETARY INTAKE — ITS ROLE ON YOUR HEALTH AND DAY-TO-DAY WELL BEING**

Our IWA Member Mrs. Lily Madhok, who is a Therapeutic Nutritionist and Dietitian, will present a slide talk. A morning to know how your food habits can influence your health — What are your special needs — What are the common nutritional deficiencies — Diseases which can manifest themselves at this period of your life — Food Fads, Food Allowances and much more.

**POONAM LALCHAND  
LILY MADHOK**

## BOOK DISCUSSION

Tuesday, 24th September, 1991 — 10-00 a.m.

At : Chandra Lulla  
53, Chamiers Road  
Madras-600 028



**THE INSCRUTABLE AMERICANS** by Anurag Mathur (published by Rupa)

The book to be discussed this month is a heart-warming, eminently readable comic novel. The novel is Gopal's journey of discovery, of himself and of America.

All our members who have studied in America, or whose children have or are studying in America or whose children will be studying in America should appreciate this book.

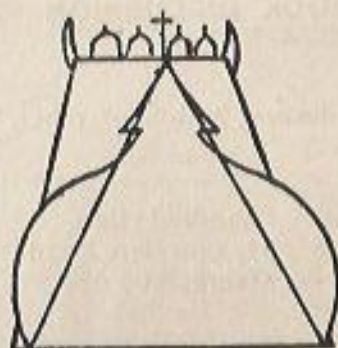
ALL ARE WELCOME

**MARGARET SEKHRAN  
RITA SALDANHA**

## HISTORY, CULTURE & TOURS

Thursday, 26th September, 1991 — 10-00 a.m.

At: Amir Mahal  
Royapettah  
Madras-600 014  
Tel.: 831948



Transporting you back into the period of Nawabs, we have a talk on the history of the Nawabs of Arcot by Nawabzada Mohamed Abdul Ali, the Prince of Arcot himself, followed by a guided tour around his palatial residence.

ARUNA VIJAYAKUMAR  
SUREKHA KOTHARI

### To get to Amir Mahal

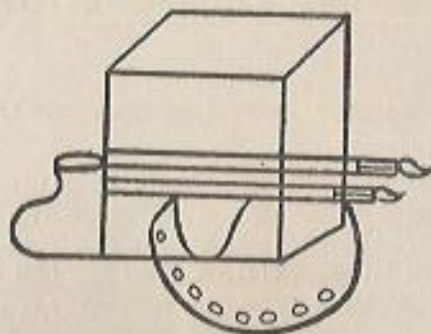
Go down Whites Road straight, past the Royapettah Clock Tower, until you see two red pillars — the gate of Amir Mahal.



## ARTS & HANDICRAFTS

Friday, 27th September, 1991- 4-30 p.m.

At: Willingdon Room  
Hotel Taj Coromandel  
Nungambakkam High Road  
Madras-600 034



**SUMEBANA** is the Japanese art of making life-like flowers out of silk, cotton and other material. An expert in this field Mme. EIKO OHIRA and her group who have come from Japan will demonstrate this delicate and living art to us. They will also show us some arrangements made out of these flowers and other accompaniments.

Mr. Sandesh Reddy will assist them.

Mme. OHIRA will also conduct a one-day workshop on Saturday, 28th September, at Lady Andal School, 7, Harrington Road, Madras-600 031, at Rs. 175/- per person. Registration for the workshop is on-the-spot.

RSVP.: Padma Ashok Tel.: 867801/476591  
or  
Sujaya Menon Tel.: 417464  
by 25th September

**PADMA ASHOK  
SUJAYA MENON**

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### Our Condolences . . .

Beena Ramkumar lost her mother

Menaka Prabhakar lost her mother-in-law

## EXECUTIVE COMMITTEE

### THE BOARD

PRESIDENTS	:	Nirmal Mirza	415672/455834
		Stina Vasu	478900/475792
VICE-PRESIDENTS	:	Nanditha Krishna	451850/451249
		Maureen Hudson-Murari	6413027
SECRETARIES	:	Malini Vijayaraghavan	865798
		Vijaya Rangarajan	444334/446126
TREASURERS	:	Vanitha Mudaliar	6412626/6412604
		Christina Engvall	454419

### ACTIVITY CHAIRPERSONS

ARTS & HANDICRAFTS	:	Sujaya Menon	417464/860123
		Padma Ashok	867801/476591
BOOK-DISCUSSION	:	Rita Saldanha	615750/869402
		Margaret Sekhran	6213692
CURRENT EVENTS & CAREERS	:	Alagu Muthu	838683/450800
		Angela Aggeler	476727
COOKING SWAPSHOP	:	Shobana Thomas	477088 (pp)
		Helen Carr	473910
HEALTH & ECOLOGY	:	Lily Madhok	454661/452525
		Poonam Lalchand	471624/472947
HISTORY, CULTURE & TOURS	:	Surekha Kothari	472690/471262
		Aruna Vijaykumar	472732/471284
MUSIC & PERFORMING ARTS	:	Rani Ananth	453037
		Marina Aroutiunian	454050
PHILOSOPHY & RELIGION	:	Menaka Prabhakar	451357/457903
		Lee Lawrence	837684