



International  
Women's  
Association

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**MARCH 1992**

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# I W A NEWS LETTER

Vol. VI No. : 10  
Madras

MARCH 1992

## MONTH AT A GLANCE

Monday, 2nd March	<b>MUSIC &amp; PERFORMING ARTS</b> Djiwa Jenie bridges the cultures of Indonesia & South India in a dance lecture / demonstration.	10-00 a.m.
Thursday, 5th March	<b>HISTORY, CULTURE &amp; TOURS</b> Usha Kris recounts the IWA Nepal visit of October last.	10-00 a.m.
Saturday, 7th March	<b>ARTS &amp; HANDICRAFTS</b> IWA joins the Crafts Council of India in honouring 8 outstanding craftspersons.	3-00 p.m.
Tuesday, 10th March	<b>COOKING SWAPSHOP</b> Vijaya Balu demonstrates nutritious recipes using natural foods.	10-00 a.m.
Thursday, 12th March	<b>PHILOSOPHY &amp; RELIGION</b> Video of Auroville & Pondicherry.	10-00 a.m.
Friday, 13th March	<b>TOUR OF PONDICHERRY</b> — See Special Mailing	
Tuesday, 17th March	<b>HEALTH &amp; ECOLOGY</b> Dr. H. Krishna Hande discusses Body Contouring with Liposuction.	10-00 a.m.
Monday, 23rd March	<b>CURRENT EVENTS</b> Pro-am Tennis	3-00 p.m. to 6-00 p.m.
Tuesday, 24th March	<b>BOOK DISCUSSION</b> "When Writers Meet"	10-00 a.m.
Friday, 27th March	<b>IWA ANNUAL GENERAL MEETING</b>	10-00 a.m.

## FROM THE PRESIDENTS

Dear Members,

Our AGM is now fast approaching and we look forward to seeing as many members as possible, for this is a special event as we welcome the New Committee and also honour our IWA Woman of the year.

STINA VASU  
NIRMAL MIRZA

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## EXECUTIVE COMMITTEE MEETING

Tuesday, 3rd March, 1992 — 10-30 a.m.

At: Sujaya Menon  
52-A, Beach Road  
Kalakshetra Colony  
Madras-600 090  
Tel.: 417464/410717

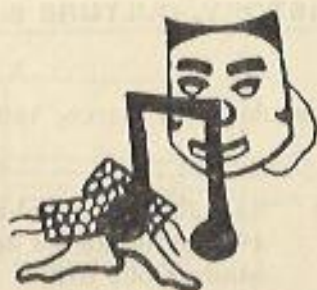




## MUSIC & PERFORMING ARTS

Monday, 2nd March, 1992 — 10-00 a.m.

At : The C. P. Ramaswami Aiyar Foundation  
1 Eldams Road  
Alwarpet  
Madras-600 018



This month we bring together the cultures of Indonesia and South India. We have Djiwa Jenie, a well known pianist and dancer, who is adept at not only the dances of Java and Bali but also Bharata Natyam. She will give us a lecture demonstration on the similarities between the two dance forms, along with Brigha Guruswamy Basil, a well known Bharata Natyam exponent.

Don't miss it !!

**RANI ANANTH  
MARINA AROUTIUNIAN**

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### **SHREE — INTENSITY OF SHAKTI IN DANCE FORM**

FASA presents Chandralekha's 'Shree', which was staged in Palermo, Italy, in September '91 where she was awarded the Gaia award.

"Shree may be the most 'contemporary' of her works, the one that might be remembered not only for its bold rearrangement of traditional idioms but for an actual emergence of a new language in Indian dance." — Economic Times.

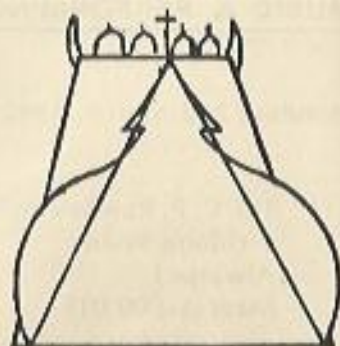
Shree is being staged for the first time in India at the Main Auditorium of the Music Academy on Wednesday, 25th March at 7 p.m. There will be a special discounted rate for IWA members of Rs.35/- per ticket. Tickets are available for IWA members at C. P. Art Centre, after March 7th.

This programme has been arranged by IWA member Nandita Chaudhuri.

## HISTORY, CULTURE & TOURS

Thursday, 5th March, 1992 — 10-00 a.m.

At: Kausalya Jaganmohan  
16, Kasturi Ranga Road  
Madras-600 018  
Tel.: 454201



What better way to end the year than with a visual treat on NEPAL combined with a talk on first-hand experiences of the trip organised by us in November, 1991.

Following public interest evinced by those who could not go on this fabulous trip, USHA KRIS will show her slides and share some of her experiences.

**SUREKHA KOTHARI**  
**ARUNA VIJAYAKUMAR**

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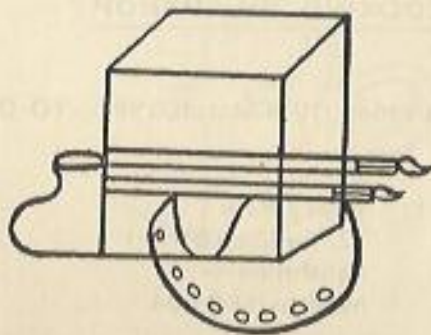
### CONGRATULATIONS . . .

Chitra Visweswaran and Sonal Mansingh on receiving the Padma Shri. We are delighted that they have performed for IWA.

## ARTS & HANDICRAFTS

Saturday, 7th March, 1992 —  
3-00 p.m. sharp

At: 38, Kasturi Ranga Road  
Madras-600 018



"Viswakarm" is a tradition established by the Crafts Council of India to show the outstanding work of craftspersons.

This year they are presenting 8 talented craftswomen who will demonstrate and sell their crafts to the public of Madras. IWA members are invited to view these crafts as also listen to the Chairperson of the Crafts Council of India, Vijaya Rajan, on the intricacies of the crafts and about the women pursuing them.

This meeting is in collaboration with "Parampara" and the Crafts Council of India.

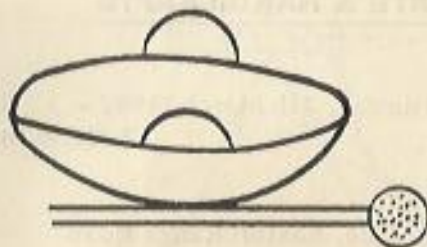
**SUJAYA MENON**  
**PADMA ASHOK**



## COOKING SWAPSHOP

Tuesday, 10th March, 1992—10-00 a.m.

At : Vijaya Balu  
12, Sullivan Street  
Santhome  
Madras-600 004



High fibre natural foods are essential for a healthy and balanced diet and play an important role in the prevention of certain diseases.

Vijaya Balu will demonstrate nutritious recipes using natural foods containing high fibre, and discuss the merits of such foods against the increasing number of refined and packaged foods now available in our supermarkets.

Limit : 25

RSVP : 477088 / 72589

**SHOBANA THOMAS  
HELEN CARR**

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Hindustani Vocal Recital

by

SUREKHA KOTHARI

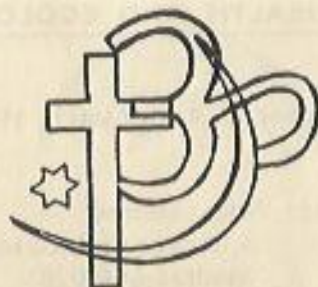
Sunday, 8th March, 1992 at 6-30 p.m.

At : The Youth Hostel  
11nd Main Road  
Indira Nagar

## PHILOSOPHY AND RELIGION

Thursday, 12th March, 1992 — 10-00 a.m.

At: Lee Lawrence  
13, Bishop's Garden  
Madras-600 028



## **VIDEO ON AUROVILLE / PONDICHERRY**

For those travelling to Pondicherry and Auroville on March 13, this video will serve as a preview and overview, and for those who cannot join us, the video will serve as a substitute.

## **FOR THOSE TRAVELLING TO AUROVILLE & PONDICHERRY**

Departure 6-00 a.m., Friday 13th (a most auspicious day, as our Christmas Party — also on Friday 13 — proved). Meet at entrance to Theosophical Society nearest Adyar Bridge. Do not forget to bring your own breakfast.

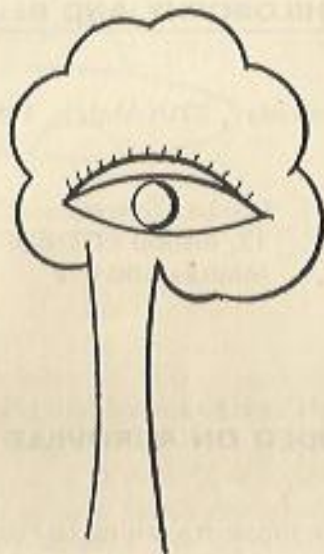
**MENAKA PRABHAKAR  
LEE LAWRENCE**



## HEALTH AND ECOLOGY

Tuesday, 17th March, 1992 — 10-00 a.m.

At: The Madras Club  
Adayar Club Gate Road  
Madras-600 028



## **BODY CONTOURING WITH LIPOSUCTION**

Dr. H. Krishna Hande, the well-known plastic surgeon, will talk to us about the new technique of Liposuction for removal of fat cells from problem areas like the arms, stomach, etc. He will discuss the advantages and limitations of this procedure.

**LILY MADHOK  
POONAM LALCHAND**

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Special thanks to Lily Madhok for hosting Dr. Karan Singh's meeting at the Chola Sheraton on February 26th.

## CURRENT EVENTS

Monday, 23rd March, 1992 —  
3-00 p.m. to 6-00 p.m.

At: The Madras Club  
Adayar Club Gate Road  
Madras-600 028



## PRO-AM TENNIS

IWA takes great pride in presenting a PRO-AM TENNIS event featuring our members, their spouses and children. The PROs are the famous father and son duo - Ramanathan Krishnan and Ramesh Krishnan — who need no introduction to sports lovers throughout the world. The amateur ranks include veteran P. S. Seshadri, former Madras Champion. All players involved will be IWA members and their families. Those interested in taking part please contact Mrs. Nirmal Seshadri before Monday the 16th March 1992. Her telephone number is 413820.

This meeting has been very kindly sponsored by KANNAMA RANGA RAO.

**NIRMAL SESHADRI**  
**LALITHA KRISHNAN**  
Organisers

**ALAGU MUTHU**  
**ANGELA AGGLER**

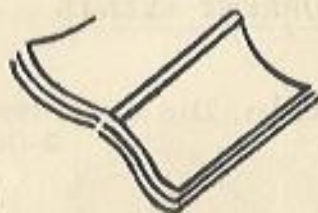
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Change of Telephone Number :

Asha Mohan — 6412118

## BOOK DISCUSSION

Tuesday, 24th March, 1992 — 10-00 a.m.



At : Maureen Hudson-Murari  
32, Landons Road  
Kilpauk  
Madras-600 010  
Tel. : 6413027

## WHEN WRITERS MEET

Our recently abortive meeting on the discipline and art of novel writing has been revised and rescheduled with the added attraction of three writers talking about their craft.

We are pleased to introduce Edward Hower, visiting Fulbright Professor and novelist/journalist, and his wife, Alison Lurie, also a successful novelist, who will talk with our own International novelist, Timeri Murari, about their approach to writing. They will be happy to answer your questions on the discipline and craft of writing fiction. Some of you may be familiar with Timeri's & Alison's novels which are in the libraries; Edward's books are available at the USIS Library.

Limit : 30

RSVP : Margaret Sekhran : 6213692

Rita Saldanha : 615750

**RITA SALDANHA  
MARGARET SEKHRAN**



## ANNUAL GENERAL MEETING

FRIDAY, 27th MARCH, 1992 — 10-00 a.m.

Notice is hereby given of our Annual General Meeting to be held on Friday, 27th March at 10-00 a.m. at the Chola Sheraton Hotel.

Details of the agenda will follow in a special mailing, but please keep this date free to welcome in our new committee and honour the IWA Woman of the year.

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### “IWA WOMAN OF THE YEAR”

Once again it is time to choose the IWA Woman of the year — 1992. We are delighted to congratulate Shanti Ranganathan, IWA Woman of the year 1989, on receiving the Padma Shri and Dr. Sharada Menon, IWA woman of the year 1991, on receiving the Padma Bhushan.

We welcome our members' suggestions on choosing the IWA Woman of the year 1992. Please send them as soon as possible for us to receive them not later than March 15. This year we are keen to honour someone from the Performing Arts as we feel we have covered certain areas of Social Work rather well in the last three years.

#### IWA Woman of the year Committee :

NIRMAL MIRZA (Chair Person)

STINA VASU

NIRMAL SESHADRI

SUREKHA KOTHARI

VIJAYA BALASUBRAMANIAM

## EXECUTIVE COMMITTEE

### THE BOARD

PRESIDENTS	:	Nirmal Mirza	415672/455834
		Stina Vasu	478900/475792
VICE-PRESIDENTS	:	Nanditha Krishna	451850/451249
		Maureen Hudson-Murari	6413027
SECRETARIES	:	Malini Vijayaraghavan	865798
		Vijaya Rangarajan	884334/881126
TREASURERS	:	Vanitha Mudaliar	6412626/6412604
		Christina Engvall	454419

### ACTIVITY CHAIRPERSONS

ARTS & HANDICRAFTS	:	Sujaya Menon	417464/860123
		Padma Ashok	867801/476591
BOOK-DISCUSSION	:	Rita Saldanha	615750
		Margaret Sekhran	6213692
CURRENT EVENTS & CAREERS	:	Alagu Muthu	838683/450800
		Angela Aggeler	476727
COOKING SWAPSHOP	:	Shobana Thomas	477088 (pp)
		Helen Carr	473910
HEALTH & ECOLOGY	:	Lily Madhok	454661/452525
		Poonam Lalchand	471624/472947
HISTORY, CULTURE & TOURS	:	Surekha Kothari	472690/471262
		Aruna Vijaykumar	472732/471284
MUSIC & PERFORMING ARTS	:	Rani Ananth	453037
		Marina Arouthiunian	454050
PHILOSOPHY & RELIGION	:	Menaka Prabhakar	451357/457903
		Lee Lawrence	837684