

International
Women's
Association

JULY 1989

JULY

MONTH AT A GLANCE

Tuesday	July 4th	EXECUTIVE COMMITTEE MEETING	10 a.m.
Thursday	July 6th	HEALTH & ECOLOGY: A panel discussion on Ayurveda, Sidda and Homeopathy	10 a.m.
Friday	July 7th	HISTORY, CULTURE & TOURS: An illustrated talk by Dr. R. NAGASWAMY on 'The position of women in Ancient Tamil Nadu'.	10 a.m.
Thursday	July 13th	ART & HANDICRAFTS: An insight into the fascinating art of terracotta by SHARAN APPA RAO	10 a.m.
Monday	July 17th	MUSIC & PERFORMING ARTS: "The moods of Tagore" - a musical homage!	<u>5.45 p.m</u>
Friday	July 21st	PHILOSOPHY & RELIGION: LEELA RATHNAM will enlighten us on the philosophy of yoga.	10 a.m.
Monday	July 24th	COOKING SWAPSHOP: A talented chef of Park Sheraton will teach us an easy way to make "biryani" and a delicious dessert.	10 a.m.
Tuesday	July 25th	BOOK DISCUSSION: On Graham Greene's "The quiet man" by SUSAN RAM	10 a.m.

From the desk of the Presidents

After a quiet start last month, there's plenty to choose from this month. So we are looking forward to some really interesting meetings. Once again, if you have any ideas or requests for meetings, please don't hesitate to contact any of the office bearers.

We are also planning our Founders' Day Meeting. This year it will be held on the 3rd August (Since our joint founder - Nirmal Seshadri will be out of the country until the end of July), and of course our other joint founder - Nancy Stempel - is back in the States. It will be a good opportunity to get together. We have some excellent entertainment arranged and are really looking forward to seeing everyone there. Look out for more details in next month's Newsletter.

Don't forget that this year we are also hoping to utilise the many and varied talents of our members. So don't be shy, let us know whether it be cooking, dancing, acting; whatever your skills or knowledge, you can share with us.

VANITHA MUDALIAR

BARBARA CLARKSON

EXECUTIVE COMMITTEE MEETING

Tuesday 4th July, 10 a.m.

At: Vijaya Balu,
"Shrinidhi",
12, Sullivan Street,
Santhome.
Madras - 600 004.
Tel: 72589



We welcome the following new members

- | | |
|---|--|
| 1) Vijayalakshmi Bharati
49, Ormes Road
Kilpauk
Madras - 600 010.
Tel: 476717
472011 - 610 | 3) Indira Kothari
"Kothari House"
28, Kothari Road
Nungambakkam
Madras - 600 034.
Tel: 478777
476716 |
| 2) Molly Jacob
2A-Palm Estate
23, Kothari Road
Nungambakkam
Madras - 600 034.
Tel: 473203 | 4) Dasiah Mahalil - Malaysian
21, Poes Garden
Madras - 600 086.
Tel: 474397 |

Corrections in address and Telephone

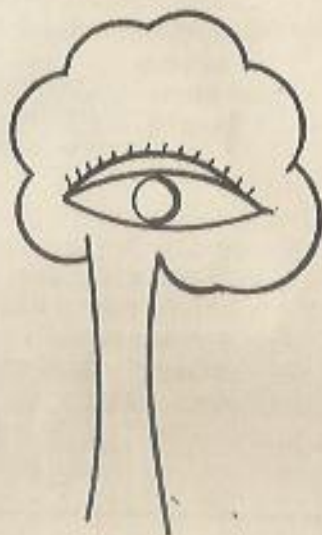
- | | |
|---|--|
| 1) Beena Joykutty
Res: 38, Palm estate
23, Kothari Road
Nungambakkam
Madras - 600 034.
Tel: 477628
Off: "Maria Rosa"
90, 3rd St., Kamdar Nagar
Mahalingapuram
Madras - 600 034.
Tel: 479160 | |
| 2) Anneliese Marwah
16, Malavia Avenue
Thiruvanniyur
Madras - 600 041.
Tel: 512510 - Off. | |

HEALTH & ECOLOGY

Thursday 6th July, 10 a.m.

At: Renu Jalan
34, Kothari Road
Madras - 600 034.

There will be a panel discussion on the lines of treatment followed by three schools of Indian medicine, namely Ayurveda, Siddha and Homeopathy. The three speakers who are distinguished in their chosen special fields are Dr. MOHANA KRISHNASWAMY, a research consultant of Dr. Srinivasa Murthy Drug Research Institute for Ayurveda, Professor SESHADRI, Ayurveda Shiromani and Principal, Sanskrit College, Mylapore and Dr. DEVYANI PATEL, Psychologist and Homeopath who with her husband Dr. P.N. Patel runs the Hardik Nursing Home at Mambalam.



Since this first meeting of Health and Ecology will be very informative and educative, may we appeal to all I.W.A. members to be sure to attend this meeting. We seek your active participation in making this meeting a success!

All are welcome.

VIJAYA BALU

EIRA DOSHI

Friday, 7th July, 10 a.m.

At: Shrimathi Mahesh
39, 1st Main Road
R.A. Puram
Madras - 600 028.

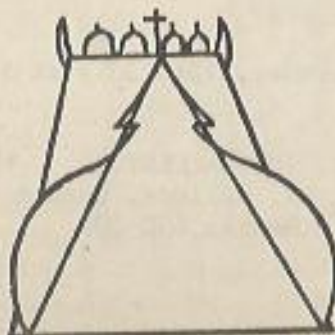
Dr. R. Nagaswamy will be giving a talk, illustrated with slides, on "The Position of Women in Ancient Tamil Nadu".

Dr. Nagaswamy is the retired Director of Archaeology, Government of Tamilnadu. He is the author of several books including "Masterpieces of Early South Indian Bronzes", Gangaikonda Cholapuram, etc., and has published several papers. He revived the annual art festival at Chidambaram and has done major work in Indian archaeology and epigraphy.

R.S.V.P. Call Ms. Shantha at 451249 (10.30 a.m. to 12 noon).

NANDITHA KRISHNA

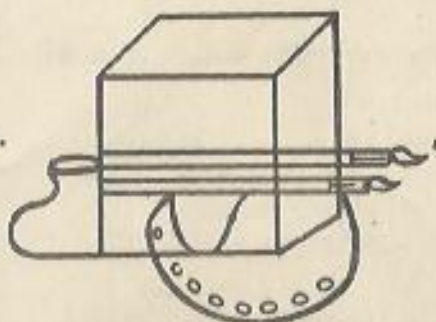
JANET DE PENNING



ART & HANDICRAFTS

Thursday, 13th July at 10.00 a.m.

At: THE GALLERY
7, Wallace, Garden
Medras 600 006



Almost all of us have some form or other of terracotta in our homes. A talk by SHARAN APPA RAO on its varieties, uses and history will give us an insight into this art. A short demonstration by a skilled artisan will show us how this widely used medium, needs skill, and how a fertile imagination can create unusual forms.

SHERNA DANANI

SIGRUN NEUMANN

CONDOLENCES

Our heartfelt condolences to Leela Diraviyam who lost a beloved daughter recently. Our thoughts and prayers are with Leela.

MUSIC & PERFORMING ARTS

Monday 17th July, 5.45 p.m.

At: The C.P. Ramaswamy Iyer Foundation
"The Grove"
1, Elders Road
Teynampet
Madras - 600 018.



"The moods of Tagore", a broad spectrum of GURUDEV SHRI RABINDRANATH TAGORE'S works- the various influences that inspired his music especially the Carnatic and Western styles- brought to you in a melodic rendering by a talented group of men and women headed by Mr. Sunit Patro. To make this more appealing, there will be an imaginative translation of the Bengali lyrics into English by Mr. Sen.

A TREAT FOR ONE AND ALL!

Guests and family members are welcome.

Please be in your seats by 5.45 p.m.

This unique presentation has been arranged in conjunction with the C.P. Art centre and we are deeply indebted to NANDITHA KRISHNA for co ordinating this with us.

SUREKHA KOTHARI

DAGMAR THOMSEN

PHILOSOPHY & RELIGION

Friday, 21st July, 10 a.m.

At: Leela Ratnam
"Sri Raj"
20, Cenotaph IInd Lane
Madras - 600 018.



LEELA RATNAM is a disciple of the famous centenarian Yogacharya Sri Krishnamachari. Under his tutelage for over fifteen years Leela has learnt practical yoga for women, Yoga Sutra, Hathayogapradipika, Swetopanishad and other allied subjects connected with yoga and its philosophy. Leela is a qualified yoga teacher specialising in teaching women and children. She will talk to us on the practical use of yoga and its philosophy.

Sri Mohan from Yoga Mandiram, a devoted disciple of the great Acharya will be present to give us expert advice and answer your questions.

R.S.V.P. Please call Leela Ratnam 452123 between 10 a.m. and 1 p.m. if you plan to come. This will enable us to make adequate arrangements.

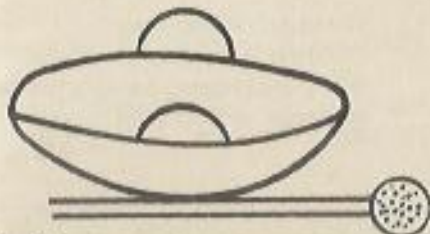
SANGEET CHOPRA

POONAM LALCHAND

COOKING SWAPSHOP

Monday, 24th July, 10 a.m.

At: Park Sheraton Hotel,
Adyar, Madras 600 028.



With the festival of BAKR-ID falling during July - it seems appropriate to learn the art of making BIRYANI.

A talented chef of the Park Sheraton will let us in to his secrets and also show us how to prepare a delicious dessert.

There will also be a brief talk on the festival of BAKR-ID.

All are welcome.

RUPA SOOD

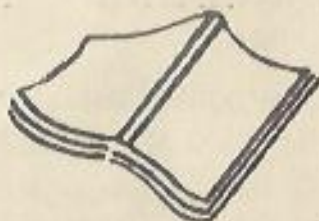
ROMA ALBERTS

To all our Muslim members - our good wishes!

BOOK DISCUSSION

Tuesday July 25th 1989, 10 a.m.

At: Rukmini Alagappan
"Shree Alagappan House"
937, Poonamalle High Road
Madras - 600 084.



As planned, Graham Green's, "The Quiet American" will be the Book-of-the-Month!. We are fortunate in having former I.W.A. Member, Susan Ram, now with the Oxford University Press, to lead the discussion.

Be sure that you read the book to make the meeting meaningful. Rita Saldhana will help you with a copy.

SARAH CHANDA

MAUREEN MURARI

CALLING ALL MEMBERS INTERESTED IN PLAY READING !

Towards the end of July we shall start practices for our August play-reading at Agni Morey's residence - August 22nd 1989.

Kindly give your name to either Sarah Chanda or Rita Saldhana so that we can get "down to business".

EXECUTIVE COMMITTEE

OFFICERS

PRESIDENTS	:	Vanitha Mudaliar	662626
		Barbara Clarkson	666604 456355
VICE PRESIDENTS	:	Nirmal Seshadri	413820
		Aruna Vijayakumar	472732
SECRETARIES	:	Nirmal Mirza	455834(Off)
		Joy Grice	415672(Res) 838335
TREASURERS	:	Lakshmi Padmanabhan	864334
		Anneliese Marwah	512510(Off)

ACTIVITY CHAIRPERSONS

ART & HANDICRAFTS	:	Sherna Danani	837536
		Sigrun Neumann	413294
BOOK DISCUSSION	:	Sarah Chanda	454265
		Maureen Murari	662627
COOKING SWAPSHOP	:	Rupa Sood	450034
		Roma Alberts	451419 453128
CURRENT EVENTS	:	Sujaya Menon	417464
		Kathleen Mason	418902
HEALTH & ECOLOGY	:	Vijaya Balu	72589
		Eira Doshi	419347
HISTORY, CULTURE & TOURS	:	Nanditha Krishna	451850
		Janet de Penning	475980
MUSIC & PERFORMING ARTS	:	Surekha Kothari	472690
		Dagmar Thomsen	452656
PHILOSOPHY & RELIGION	:	Sangeet Chopra	410759
		Poonam Lalchand	471624
			472947