



International
Women's
Association

OCTOBER 1988

OCTOBER

MONTH AT A GLANCE

Wednesday	5th	MUSIC & PERFORMING ARTS : Commemorating the International Music Day-fusion of Carnatic, Hindusthani and Western styles of music - a unique concert presented by the renowned maestro - Mr. T.V. GOPALAKRISHNAN	6.00 pm
Thursday	6th	HEALTH & ECOLOGY : SHUBHA KUMAR will speak on SCHIZOPHRENIA and SCARF aided by slides.	10.00 am
Thursday	13th	ART & HANDICRAFTS & HISTORY, CULTURE & TOURS : A guided tour of the Bronze gallery of the Madras Museum by the Curator Dr. SRINIVAS DESIKAN.	10.00 am
Friday	14th	PHILOSOPHY & RELIGION : A visit to Vijaya Balu's, Navarathri Kolu - a dolls festival	4.00 pm
Monday	24th to 5th November.	ART & HANDICRAFTS : Kalamkari Workshop	2.00 to 4.00 pm
Tuesday	25th	BOOK DISCUSSION : T.N. Murari's TAJ by Maureen Murari	10.00 am
Friday	28th	CURRENT EVENTS : A symposium on "Whither Indian Cinema?" led by Mr. G. Venkateshwaran	6.00 pm

EXECUTIVE COMMITTEE MEETING

Tuesday 4th October, 10.00 am

At : Nirmal Seshadri
"Vijay Vinayak"
5, Kamaraj Avenue 1st St.
Adyar, Madras 600 020.



From the desk of the Vice-Presidents

May we appeal to the Activity Chairwomen to bring their blurbs typed neatly in the usual format and give it to us at the executive committee meeting. Handwritten blurbs are not easy to decipher. Unless we give the matter to the printer in time the newsletters cannot go out in time. Believe us - we do have problems in trying to sort out the blurbs or chasing after them. It will be less of a hassle if you can co-operate with us. We will greatly appreciate your willing help in getting the newsletters away on time.

THANK YOU !

ARUNA VIJAY KUMAR

NIRMAL SESHADRI

Our two Cooking Chairwomen Leelamani John and Kazuko Uchida deserve a special Kudos for their well conducted demos. We would like to remind our members that the Cooking meetings are limited hence if you want to attend please call well in advance and reserve a place. Please do not turn up if you have not warned in, and avoid embarrassment.

MUSIC AND PERFORMING ARTS

Wednesday, 5th October, 6.00 pm

At : Kothari Buildings
(Opp. Taj Coromandel)
5th Floor
Nungambakkam High Road
Madras 600 034.



Commemorating the International Music Day of 1st October - we present a special concert - an unique fusion of the Carnatic, Hindusthani and Western styles of music to be conducted by none other than the well known maestro Mr. T.V. COPALAKRISHNAN.

All are welcome. There will be a nominal charge so please bring your voucher books.

SUREKHA KOTHARI

MARGARET SEKHRAN

CHANGE OF ADDRESS

- | | |
|--|--|
| 1. EIRA DOSHI
26/3 Arundale Beach Road
Madras 600 090
Tel: 419347 | 2. INGRID KOESTER
9, Khader Nawaz Khan Rd.
Madras 600 006 |
| 3. NIRMAL MIRZA
15 A, Casuarina Drive
Neelangerai
Madras 600 041
Tel: 455834 (Off) | 4. NANCY SINGH
44, New Avadi Road
1-B Temple Road
Kilpauk, Madras 600 010.
Tel: 662744 (Off) |

HEALTH AND ECOLOGY

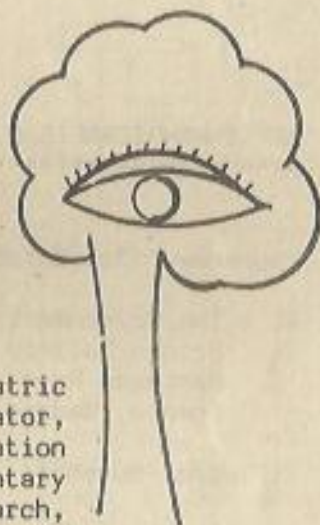
Thursday, 6th October, 10.00 am

At : Renu Jalan
34, Kothari Road
Madras 600 034

SHRUBA KUMAR is currently the Psychiatric Social Worker and Research Co-ordinator, SCARF. The Schizophrenia Research Foundation (SCARF) is a registered non-profit voluntary agency, working towards the research, rehabilitation and public education of Schizophrenia. This is a major mental illness, afflicting 8 to 10 million people in the Country.

SHUBHA KUMAR will speak to us on this little known subject. Her talk will be supported by slides to illustrate various forms.

All are welcome.



VIJAYA BALU

EIRA DOSHI

ART & HANDICRAFTS & HISTORY, CULTURE & TOURS

Thursday, 13th October, 10.00 am

At : The Government Museum
Bronze Gallery
Pantheon Road
Egmore, Madras 600 008

(Please assemble outside the Bronze Gallery at 10 am)

South India has a rich heritage of bronze casting. Derived from an old folk tradition, the came into prominence in the 7th century A.D. and reached their zenith under the Cholas of Thanjavur.

The Madras Museum possesses an excellent collection of bronzes which are representative of the iconographic and stylistic development of South Indian Art. Dr. Srinivasa Desikan, Curator of Archaeology, Madras Museum, will be taking us on a guided tour around the gallery. Members are welcome to bring their guests.

JENNIFER RAMACHANDRAN

NANDITHA KRISHNA

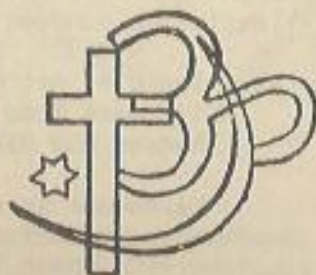
JANET de PENNING

MAUREEN HEMINGWAY

PHILOSOPHY & RELIGION

Friday, 14th October, 4.00 pm to 8.00 pm

At : Vijaya Balu
"Srinidhi"
12, Sullivan St.
Senthome, Madras 4.



Hindus celebrate Navarathri with a lot of colour and gaiety.

In the South the 10 days of Navarathri is celebrated with KOLU - a dolls' festival.

I.W.A. member VIJAYA BALU extends a warm welcome to all I.W.A. members and their children and invites you to join her on this festive occasion. She has planned a surprise interesting programme !

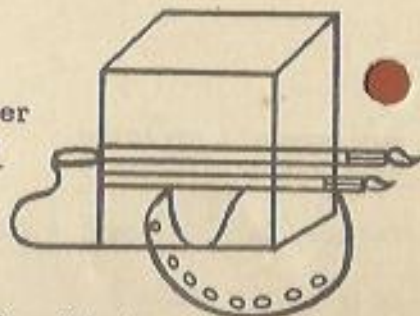
LEELA RATHNAM

CHRISTINA ENGVALL

ART AND HANDICRAFTS

24th October to 5th November
(excluding Sundays), 2 pm to 4 pm

At : The C.P. Art Centre
1 Eldams Road
Madras 600 018.



Kalamkari is a form of painting fabrics with vegetable colours. It derives its name from the Kalam or pen made of bamboo with which the artist draws out intricate designs and then fills in the colours.

There are several important centres of Kalamkari, of which Srikalahasti in Andhra Pradesh retains the most original designs and methods. To enable members of IWA to learn this craft, two craftsmen, one of whom is a National Award Winner and Master Craftsman, will be spending two weeks in Madras. The fee for the course is Rs.200/- including the cloth, herbs and pen.

Those who are interested in participating should fill in the form and send it, along with the fee of Rs.200/-, to Maureen Hemingway, by October 12th latest. As the number of participants has to be limited (minimum 10, maximum 30), please warn in at the earliest. If there are vacancies, guests will be permitted to join. For further information, please call Maureen at 452273 between 5 and 6 pm.

NANDITHA KRISHNA

MAUREEN HEMINGWAY

To

Maureen Hemingway
33/1 Poes Garden
Madras 600 086.

I would like to participate in the Kalamkari Workshop from 24th October to 5th November and enclose Rs.200/-

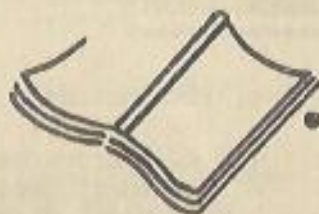
Name :
Address :
Telephone :

Signature

BOOK DISCUSSION

Tuesday, October 25, 1988, 10.00 am

At : Maureen Murari
32, Landon's Road
Kilpauk, Madras 600 010



Tel : 662627

We will discuss the book TAJ by T.N. Murari, husband of IWA member Maureen Murari. A few copies are already circulating among members. If you are holding one of them, please bring it to the next activity meeting you attend, so that it may be handed over to another member.

SARAH CHANDA
NANCY SINGH

I.W.A's Vigilance Cell Report

Our group met briefly after last month's Health & Ecology meeting. Area Volunteers were chosen to approach their neighbours to inculcate the idea "Keep Madras clean and green",

Volunteers chosen are:

Boat Club Area - Indira Sathyamurthi
Sara Chanda
Nalini Tendon

Nungambakkam - Urmilla Reddi
Aruna Vijayakumar

Gopalapuram - Lily Swami
Shobha Mahthani

Mylapore & Royapettah - Lakshmi Padmanabhan
Vijaya Balu

Alwarpet - Rekha Prabhekar
Nanditha Krishna

VIJAYA BALU
EIRA DOSHI

CURRENT EVENTS

Friday, 28th October, 6.00 pm

At : T.T.K. Library Hall
6, Cathedral Road (Inside Stina
& T.T. Vasu's Compound)
Madras 600 086



A lively panel discussion on "Whither Indian Cinema ?" chaired by Mr. G. VENKATESHWARAN popularly known as G.V. - President of the South Indian Film Chamber and a producer of many award winning films.

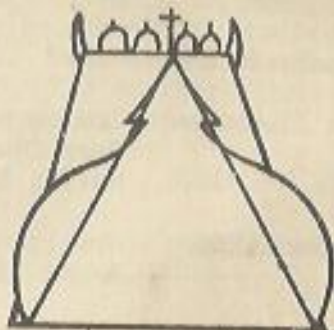
The other panelists will be seasoned professionals giving us a true picture of the Indian celluloid.

All are welcome.

SUJAYA MENON

KATHLEEN MASON

HISTORY CULTURE & TOURS



Here are the relevant details of the Ooty tour. We leave Madras on Tuesday 25th October and return to Madras on Friday 28th October.



SCHEDULE OF THE OOTY TRIP FOR I.M.A.

- 9.00 PM Departure : Madras Central Station by Nilgiri Express
- I Day: 7.00 AM Arrival at Mettupalayam; leave
***** immediately by cars to Ooty
- 9.00 AM Arrive at Hotel Southern Star, Ooty
- 9.30 AM Breakfast at Hotel
- 10.30 AM Sightseeing - Botanic Gardens; Toda Village; the Lake; Wenlock Downs
- 12.00 Noon Lunch at Hotel
Leave by cars for Mudumalai Wild Life Sanctuary
- 3.30 PM Reach Mudumalai; take a ride on the elephants into the jungle to see wide life
- 6.30 PM Return to Hotel
- 8.00 PM Dinner with Malini Vijayaraghavan
- II Day: 7.45 AM The Early Birds catch the Hill Train
***** to Coonoor, and return by car to the Hotel
- 9.30 AM Breakfast
- 10.30 AM Leave for Dodabetta, the highest peak in the Nilgiris
- 12.00 Noon Check out of Hotel Southern Star; leave for Nonsuch Tea Estates
- 1.00 PM Lunch at the Manager's Bungalow; visit the tea gardens, factory etc.

4.00 PM Leave for Coimbatore by cars
6.30 PM Arrive at Coimbatore Club
7.00 PM Early supper at Coimbatore Club
8.45 PM Departure : Coimbatore Station by Nilgiri Express

III Day: 5.45 AM Arrival at Madras Central

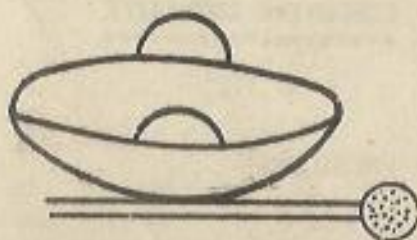
Approximate Cost of the entire trip will be Rs.1000/- per head which includes the to & fro train fares, hotel accomodation and incidentals. All the tour arrangements have been done by IWA member MALINI VIJAYARAGHAVAN. Our special thanks to her.

Those who still wish to join this trip - the absolute cut off date is 5th of October. Please call:

Jennifer Ramachandran	---	615884
Janet de Penning	---	475980

RECIPE OF SEPTEMBER

TEMPURA



INGREDIENTS

- 1 egg
- 1/2 cup ice water
- 1 cup sifted flour
- 150 gms each seafood, Vegetables per person

Grated white radish

Grated ginger

METHOD

1. Prepare seafood and vegetables :

- Prawn ... Cut off heads, devein and remove shell leaving tails attached.
- Squid ... Cut into 2 X 1 inches rectangle
- Onion ... Choose small size. Slice them not too thin
- Carrot ... Slice into fine strips
- Capscicum ... Remove seeds and cut into 2 inches square.

2. Make the batter just before cooking :

Break egg into well chilled bowl; add iced water. Add sifted flour. Make lumpy batter. Never mix well.

3. Heat oil to 330 - 355 deg.F. depending on ingredient.

4. Coat ingredients with batter, starting with vegetables. Slide into hot oil and deep-fry until golden turning once or twice for even cooking.

5. Drain excess oil on paper-lined plate or tray after deep-frying.

EXECUTIVE COMMITTEE

OFFICERS

PRESIDENTS	:	Vanitha Mudaliar	662626
		Barbara Clerkson	863129
VICE PRESIDENTS	:	Nirmal Seshadri	413820
		Aruna Vijayakumar	472732
SECRETARIES	:	Nirmal Mirza	455834(Off)
		Audrey Sprague	475523
TREASURERS	:	Lakshmi Padmanabhan	864334
		Anneliese Marwah	478749

ACTIVITY CHAIRPERSONS

ART & HANDICRAFTS	:	Nanditha Krishna	451850
		Maureen Hemingway	452273
BOOK DISCUSSION	:	Sarah Chanda	454265
		Nancy Singh	662744(Off)
COOKING SWAPSHOP	:	Leelamani John	453169
		Kazuko Uchida	472826
CURRENT EVENTS	:	Sujaya Menon	417464
		Kathleen Mason	418902
HEALTH & ECOLOGY	:	Vijaya Balu	72589
		Eira Doshi	419347
HISTORY, CULTURE & TOURS	:	Jennifer Ramachandran	615884
		Janet de Penning	475980
MUSIC & PERFORMING ARTS	:	Surekha Kothari	472690
		Margaret Sekharan	611095
PHILOSOPHY & RELIGION	:	Leela Rathnam	452123
		Christina Engvall	454419

CONGRATULATIONS

Our good wishes go to member Lalitha Krishnan's daughter Gowri who got married on 12th September '88. Members will recall Gowri's superb Bharathnatyam recital for I.W.A. last year. She also participated in the Pro-Am tennis tournament conducted by I.W.A., along with her renowned father Ramanathan Krishnan and equally famous brother Ramesh Krishnan.

FAREWELL

We bid good bye to Debbie O'Grady this month. We wish her and her husband Dan, all the very best in their next posting in Washington.

To help a rainstarved Tamil Nadu we
would like to send a prayer to the
rain Gods. Aptly we have Sarojini
Naidu's poem to speak for us!

HYMN TO INDRA, LORD OF RAIN

O THOU, who rousest the voice of the thunder,
And biddest the storms to awake from their sleep,
Who breakest the strength of the mountains asunder
And cleavest the manifold pride of the deep!
Thou, who with bountiful torrent and river
Dost nourish the heart of the forest and plain,
Withhold not Thy gifts O Omnipotent Giver!

Hearken, O Lord of Rain!

O THOU, who wieldest Thy deathless dominion
O'er mutable legions of earth and the sky,
Who grantest the eagle the joy of her pinion,
And teachest the young of the koel to fly!
Thou who art mighty to succour and cherish,
Who savest from sorrow and shieldest from pain,
Withhold not Thy merciful love, or we perish,

Hearken, O Lord of Rain!